

Our Last Meeting

Meeting No.	3405
Date	6 April 2004
Venue	Unley Community Sports Club
Occasion	Committees evening
Guests & Visiting Rotarians	Susan Beard (Director of Unley Citizens' Centre)
Apologies	Don Emmett, Stephen Westgarth, Geoff Dunn, Lou Barteletti, Greg Love, Adrian Sobels, Mavis Martin, Natalie Bowen and Netta-Riina Salila
Make Ups	NIL
Percentage	76%
Sick List	NIL
Returning Rotarians	Norm Wallace
Departing Rotarians	Neville Highett

From President John

Welcome back to Norm Wallace after an extended absence.

An intercity meeting has been arranged by the Rotary Club of Eastwood at which the visiting GSE team from Canada will be presented. The venue is the Eagle on the Hill Hotel on Wednesday 14 April 2004. The charge is \$28.00. See President John or PE Ron Schubert if you would like to attend.

President John and wife Barbara will represent the Club at tomorrow's 4,000th meeting of the Rotary Club of Adelaide.

On the Spot

Secretary Ken Haines provided members with a brief overview of matters dealt with at the last Board meeting.

Greg McLeod advised that the Club has now received details of its inbound youth exchange student for next

Rotary year. She is Isabelle Alsen from Helsingborg in Sweden and will be arriving in July 2004. Bob Laws will be her counselor. More details will be provided closer to the arrival date.

Bob Laws put out a further call for the payment of half-yearly subs. (\$95.00) plus bulletin postage (\$15.00) and wine raffle (\$24.00) (as applicable). Please pay promptly as more than half of the relevant period has now passed.

The next tree planting weekend at Wellington will be 19-20 June 2004. Please give earnest consideration to joining in this planting project. Bob will be seeking names of attendees next week.

A co-celebration of the centenary of Rotary and the 70th anniversary of the chartering of this Club will be held on 16 April 2005 and it is proposed that the celebration will be a grand affair with up to 500 people attending and will involve the opportunity to raise funds. The Major Projects Committee is seeking submissions from members as to suitable projects to receive the moneys raised from this celebration. Members are asked to give oral submissions to the Club at next week's meeting and all the members will then vote on these. Several members have already expressed an intention to make submissions. Any other members who wish to make submissions are asked to ring or e-mail Bob before next week's meeting.

Kaylene Kranz is seeking volunteers to assist the Helping Hand Centre in North Adelaide in the running of a large garage sale to be held at its North Adelaide premises in the early morning of Saturday 8 May 2004. No goods are required from volunteers, just manpower. Please see Kaylene if you can assist.

Paul Howard asked members to consider acting as hosts for the inbound exchange student Isabelle Alsen. Each host family will be expected to look after Isabelle for a term. Paul advised that the main prerequisites are a bed and a (well-stocked) fridge. Please see Paul if you would like to register an interest in hosting Isabelle for a term.

Sergeant's Session

The Sergeant for the evening was Bob Laws. Ichiro Tanaka won the money and the bottle of wine was also won by a lucky (financial) member.

Guest Speaker

Wayne Ross introduced Amelia Fotheringham who spoke on her experiences at the National Youth Science Forum held in Canberra last January.

Amelia explained that the forum is for Year 11 students who are going on to Year 12 and have expressed an interest in scientific pursuits.

Amelia spoke enthusiastically about the forum and visits to ANU and its laboratories and the interaction with scientists and teachers and her peers and how much she gained from the experience both in terms of piquing her scientific interest and also in her personal development and confidence. She has also made lasting friendships and got to meet persons from many parts of the world who share her enthusiasm and passion for scientific knowledge.

She and other members of her group had the unexpected pleasure of being at the earth tracking station at the time of the landing on Mars by the NASA probe and witnessed the intense activity and the media interest associated with the involvement of Australia's scientific community in this project.

She warmly congratulated the Club on providing the opportunity for her to attend the forum and urged the Club to continue its association with this worthwhile endeavour.

Joan Reed presented Amelia with her certificate of attendance at the forum.

Thrift Shop Duty

Date	Rotarians
10/04/04	No-one rostered for Easter (but shop will be open)
17/04/04	Ken Haines and Tom Tirrell
24/04/04	David Middleton and Lindsay England
01/05/04	Helen Richter and Ken Haines

Our Next Meetings

Date	Venue	Time	Occasion	Chairperson	Venue Set-up	Sergeant	Plaque Board	Attendance	Apologies
13/04/04	U.C.S.C.	6.00 for 6.30pm	Alison Russell – Art In Health	John Nowland	Geoff Howland	TBA	Ian Pearson	Ken Daly	To Ken Daly
20/04/04	U.C.S.C.	6.00 for 6.30pm	Colin Pitman – Director Salisbury Council: Wetlands and Water Catchment	TBA	Greg Love	TBA	Joan Reed		8179 5650
27/04/04	U.C.S.C.	6.00 for 6.30pm	Bendigo Bank Representative	Robert Birnie	Joan Reed	TBA	Wayne Ross		
04/05/04	U.C.S.C.	6.00 for 6.30pm	Committee Meetings	John Russell	Ken Haines	TBA	Ron Schubert		

Unley Citizens' Centre

The Unley Citizens' Centre is owned and operated by the City of Unley for the benefit of residents over 50 years of age. Just a couple of words – **enhancing lifestyles** – explain what the Unley Citizens' Centre is all about. It is a Centre that has evolved over 35 years and now operates as a Community Centre for people over 50 years of age with a focus on isolated persons.

The Centre's life started when the Unley Council recognised the need to establish a venue that catered for the needs of older residents of Unley. Over its 35 years of operation the Centre has 'evolved' to meet the changing needs of people over 50 years of age and is the only such centre to have attained Active Australia Accreditation. The Centre currently offers a variety of active programs, including Tai Chi, Yoga, Walking Group, Health and Fitness classes, old style dancing, Community Computing Courses, monthly Sunday Concerts and much more.

The Circuit Café operates four days per week within the Centre, excluding Wednesdays. This service offers a menu of home cooked, nutritionally balanced meals. The Circuit is supported by a dedicated team of volunteers. Morning tea is available from 9:30am with lunch being served between 11:30am and 1:00pm (last orders taken at 12:30pm). Bookings are required for groups of four or more. Afternoon tea is available between 1:30pm and 3:00pm.

The usual bill of fare includes:

Soup of the Day	Soup of Dessert
Choice of 2 Main Courses	Choice of Main Course
Choice of 2 Desserts	Bread & Butter
Bread & Butter	Tea / Coffee
Tea / Coffee	\$6.00
\$8.00	
Soup or Dessert	
\$2.00	
<u>Morning or Afternoon Tea</u>	
Tea / Coffee	60 cents
Home Made Cake	70 Cents

For more information, contact the Centre on 8372 5401.

Ladies Auxiliary

The next meeting of the Ladies Auxiliary will be held at the home of Eunice Pascoe, Unit 38 Victoria Grove, 254 Greenhill Road, Glenside, on Monday 24th May at 11am. Enter Victoria Grove off Greenhill Road through Gate 3.

Tank Trail Opens

The secrets of getting the most from domestic rainwater tanks can now be discovered at the City of Unley's new Rainwater Tank Trail, launched in November 2003.

Three separate harvesting systems have been fitted to the Unley Museum in Edmund Street to collect rainwater for use in and around the building.

People always think of rainwater tanks for drinking, but in Adelaide drinking water accounts for only 1% of total household water usage.

The idea of the Rainwater Tank Trail is to show people how much water they can save by installing tanks that are plumbed through to major uses like toilets and washing machines.

Visitors are guided along the Trail by nine educational signs. Together with a comprehensive brochure, they provide useful information to help residents design a system that meets their needs or makes the best use of existing tanks. The Rainwater Tank Trail can be accessed during daylight hours seven days a week.

One-liners at Work

A leader of a democracy is a man who is always ready, willing, and able to lay down your life for his country.

A bad day fishing is better than a good day at work.

A bird in the bush usually has a friend in there with him.

A bird in the hand is always safer than one overhead.

A bird in the hand makes it hard to blow your nose.

A boss with no humour is like a job that is no fun.

A clean tie attracts the soup of the day.

A closed mouth gathers no foot.

A committee is a group that keeps minutes and loses hours.

A committee is twelve men doing the work of one.

A conclusion is the place where you got tired of thinking.

A conservative is a man who believes that nothing should be done for the first time.

A consensus means that everyone agrees to say collectively what no one believes individually.

A crisis is when you cannot say, "let's just forget the whole thing."

The Unley Rotarian 2003/2004

Meeting 3405 – Tuesday 6 April 2004

Rotary Club of Unley Inc

Chartered 17th April 1935 – District 9520

The Club meets every Tuesday at the
Unley Community Sports Club, Oxford Terrace, Unley
at 6.30 pm. Fellowship at 6.15 pm

President: John Russell 8271 7178

Secretary: Ken Haines 8332 5138

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“Lend a Hand”