

Rotary Club of Unley Inc.

DISTRICT 9520
CHARTERED 17TH APRIL 1935

THE UNLEY ROTARIAN

2004 - 2005

Meeting 3455– Tuesday 29th March 2005

C E L E B R A T E R O T A R Y

The Club meets every Tuesday at
the Unley Community Sports Club
Oxford Terrace, Unley, at 6.30pm
Fellowship at 6.15pm

PRESIDENT

Ron Schubert: 8373 4220 *or* 0407 799 432

SECRETARY

Ken Haines: 8332 5138

PO Box 18, Unley SA 5061
secretary@unley.rotaryclub.asn.au
<http://unley.rotaryclub.org.au>

Our Last Meeting

Meeting No.	3455
Date	29 th March 2005
Venue	U.C.S.C
Occasion	Dr Andrew Thornton "Sleep Apnoea and You"
Guests & Visiting Rotarians	Jerry Casburn - RC St Ives, Issa Alsen
Apologies	Lou Barteletti, Jim Newall, Adrian Sobels, Bill Spencer, Kaylene Kranz, Mavis Martin, Michael Tait, Paul Howard
Make Ups	Sheila Evans - Thrift Shop
Attendance	67%
Returning Rotarians	Neville Highett
Birthdays	Kevin Rogers 1 st April, Wayne Ross 2 nd April.

From President Ron

- President Ron welcomed Dr Andrew Thornton who has filled in for us at tonight's meeting following the cancelled Multicultural night.
- The Group Study Exchange Dinner is on Friday the 1st April at 6.30pm for 7pm at the Colonial Function Centre; \$25 per person. The GSE team members each give a presentation and it is always an interesting night. We need names tonight to let Mitcham club know. Those attending will be President Ron, Joan Reed, Kaylene Kranz, Ken Haines, and Natalie Bowen.
- The Mayoral Reception is on the 15th of April at the Unley Civic Centre 5.30 p.m. till 7pm. This is a partner's night and is in honour of our 70th Anniversary. We will need numbers for catering next week
- Greg McLeod is updating the Members Directory so if any one has changes to their details, e.g. 'phone number, e-mail, etc, please let him know ASAP.

Spots:

Darrol Foote: Please see him with your bookings and payment for the dinner on the 9th of April. The cost is \$55 per head for a 3-course meal with a pre dinner drink included in that price.

Bob Mullins: The inter club meeting with Pt Pirie has been locked in for the 4th and 5th of June. There are plenty of motel rooms and cabins as well as home hosting. Natalie kindly volunteered to liase with members regarding accommodation. There will be a function on the Saturday night followed by a BBQ in the Flinders Rangers on the Sunday. A show of hands indicated quite a few members will be attending. The majority would stay in motel accommodation.

Gary Tonkin: The new Entertainment books are available at the cost of \$60. There is a flier on the tables to show which restaurants have joined this program. Please see Gary to order yours

Stephen Westgarth: Payment for the club polo shirts is now due.

Natalie Bowen: Natalie is getting names of Motels in Port Pirie for the inter club visit; more details later.

David Middleton: Sheila has kindly offered to assist with the silent auction on the night of the dinner, but other members will be asked to volunteer to help with the distribution of the goods once they have been sold.

Reminder

No electrical equipment can be sold in the Thrift Shop. **Please remember this** if anyone asks to donate these types of goods.

Sergeant's Session

The Sergeant for the night was Bob Laws. No-one won the Lucky Square, as it was unsold; therefore the Club was the winner. John Peacham won the wine.

Our Guest Speaker

Dr Andrew Thornton spoke on the subject of Sleep Disorders. Andrew works in the Department of Thoracic Medicine at the Royal Adelaide hospital and has done so for quite a few years. He is a Senior Hospital Scientist and also the Manager of the Sleep Disorders Unit and the Lung Function Laboratory. His other hat is the Administration manager of the Chest Clinic.

Andrew developed an interest in Sleep Disorders back in the very early 80's and was there in its infancy before it became a well-published medical condition. Andrew was instrumental in setting up the very first Sleep Laboratory in Adelaide at the Royal Adelaide Hospital and in fact was one of the original makers of the 1st CPAP masks, which was made using Dental impression material, and syringes. Also Andrew has been very much a part of the IT area within this Department bringing the Thoracic Medicine Department on line in 1982 before the time of a lot of other areas. On a personal note it has been stated by one of his colleagues, and it is not Joan Reed, that being a boy from Elizabeth he does barrack for Central Districts.

Andrew gave a very detailed talk on Sleep Apnoea, which was very well received by the audience, especially his little touch of multiculturalism. Sleep Apnoea is a condition that mostly affects males and can cause quite a few problems with normal everyday functioning due to lower oxygen levels in the blood due to a person having periods during their sleep when they stop breathing. Joan has some pamphlets for those who may be interested in finding out more.

Diary Dates

1 st April:	GSE Team Dinner - Colonial Function Centre, Mt Barker Road, Glen Osmond at 6.30pm for 7pm; \$25 per head
2 nd April:	Blackwood Rotary MUSICFEST
9 th April:	70 th Anniversary Dinner at the Hilton Hotel Adelaide (partners night)
15 th April:	Mayor's reception for the 70 th Anniversary Unley Civic Centre (partners night)
15 th April:	Blackwood Rotary's Golf Day
21 st to 24 th April:	District Conference Port Lincoln
2 nd May:	Film Night - Mitcham Rotary at the Capri: "Arthur's Duke" and "Two Men went to War"; \$10 per ticket (partners night)
15 th May:	District 9520 Assembly
10 th May:	Police officer of the Year
31 st May:	Club meeting and film night at the Wallace Theatre; \$20 per head (partners night)
4 th and 5 th June:	Joint meeting with RC of Port Pirie at Port Pirie (partners event)

Our Next Meetings

Date	Venue	Time	Occasion
05-04-05	U.C.S.C.	6pm for 6.30pm	Committees
12-04-05	U.C.S.C	6pm for 6.30pm	Quiz Night
19-04-05	U.C.S.C	6pm for 6.30pm	Pastor Morrie - Thompson Teen Challenge
26-04-05	U.C.S.C	6pm for 6.30pm	Conference Reports

Rostered Rotarians

Date	Chairperson	Venue Set-up	Sergeant	Plaque Board	Attendance
05-04-05	Ron Schubert	John Peacham	David Middleton	Jill Reynolds	Geoff Howland and Sheila Evans
12-04-05	Ron Schubert	Bill Spencer	David Middleton	Noelene Axford	Lindsay England and Natalie Bowen
19-04-05	Ron Schubert	Pat McNiffe	David Middleton	Natalie Bowen	Rex Martin and Bill Spencer
26-04-05	Ron Schubert	Adrian Sobels	David Middleton	Bill Spencer	Geoff Howland and Glenys Ferguson

Apologies

To: Lindsay England
 Mobile: 0408 857 775 and leave a message
 Work: 8152 1193 extension 14775
 Home: 8381 3584

Presidents Quote for the Week

Laugh and the world laughs with you snore and you sleep alone - *Anthony Burgess*

Saturday Thrift Shop Duty

Date	Early Roster	Late Roster
02-04-05	Greg McLeod	Ken Haines
09-04-05	Adrian Sobels	John Russell
16-04-05	Ken Haines	Kaylene Kranz and Greg Love

Remember

FUN FELLOWSHIP FRIENDSHIP

CELEBRATE ROTARY

Ladies Auxiliary

No meeting in March.

Next meeting on 4th April at 11am at the home of Muriel Wallace at 28 Hardy Street, Goodwood

The Rotary Four Way Test

Is it the TRUTH?

Is it FAIR to all concerned?

Will it build GOODWILL and BETTER FRIENDSHIPS?

Will it be BENEFICIAL to all concerned?