

THE UNLEY ROTARIAN

Meeting 3630 – 23 September 2008

unley.rotaryclub.org.au

2008 - 2009

Rotary Club of Unley Inc.

DISTRICT 9520
CHARTERED 17TH APRIL 1935



PRESIDENT: Jerry Casburn: 8295 8227 or 0407 646 396
SECRETARY: Anne Wehr: 8357 0486
ADDRESS: PO Box 18, Unley SA 5061
EMAIL: unley.secretary@rotaryclub.org.au
MEETINGS: The Club meets every Tuesday at The Old Orphanage Function Centre
Corner Goodwood Road & Mitchell Street, Millswood at 6.30pm.
Fellowship at 6.00pm

Our Last Meeting

Meeting No.	3630
Date	23 September 2008
Venue	Australian Broadcasting Commission, Collinswood
Guest Speakers	Tom, Liam and Jenny
Chairperson	Bob Mullins
Guests & Visiting Rotarians	Jennifer Casburn, Susan Westgarth, Genese Mullins, Janet Plumb, Heather Clisby, Rose Howland, Catherine Reed and John Pettinger
Apologies	Ken Haines, Bob Mills, Mavis Martin
Attendance	68%

Visit to the ABC Studios

This week the Club ventured abroad to tour the Australian Broadcasting Commission's studios at Collinswood. The ABC provided our twenty-five Rotarians and partners with three tour guides: Tom, Liam and Jenny. The tour began in the ABC boardroom where Tom and Liam gave us an outline of the ABC, its history and operations in South Australia. This intro was supported by two video presentations.

The tour then moved to the Radio 891 studio where Peter Goers was presenting his evening program. We were invited to go into the studio to meet Peter after three Rotarians volunteered (i.e. You, You and You) to participate in Peter's quiz. Our brave "volunteers" were Pres Jerry, Anne Zada (who was very brave) and PP David Middleton. PP David proved he wasn't past it by winning the quiz and being rewarded with a bag of ABC goodies.

Peter recognised Glenys Ferguson and they did some reminiscing; they hale from the same part of the bush. While Unley Rotary was on the air, Joan Reed phoned in to chat with her cousin Peter. He had some very nice things to say about Rotary and described the Unley Club as "semi posh" compared to the Adelaide Club which was clearly "posh". Rotary got some good radio PR that night.



PP Bob Mullins with tour guides Liam and Tom.

After leaving Peter Goers and his producer Deb Tribe, the tour moved on to see the Drama Studio (impressive acoustics), the News Room (huge), staff canteen (closed), the ABC FM Classical Music studio (Julia Lester was on air and gave us a wave), the Orchestral Studio (also used as the Tally Room for SA elections), the stars' Make-up Room (called the Green Room and very atmospheric), the back of the ABC TV News and Landline studio sets (we were unable to go into the TV studios as they were in operation), the Radio Control Room (highly computerised and integrates the pre-recorded, national and interstate bits that combine to make-up the various radio programs) and the TV Control Room (ditto but for TV).

Finally, we returned to the Boardroom where we were counted (to make sure no-one was lost) and then presented with "show bags" full of ABC propaganda. We thanked our three guides, Tom and Liam (both trainee journalists) and Jenny (the tour coach).

Those Rotarians and partners who didn't have to rush away repaired to the Hampstead Hotel for dinner. Several Rotarians and guests who couldn't be included in the ABC's tour group size limit were waiting at the Hampstead to join us for the social part of the evening. Our thanks go to Ron Schubert and Bob Mullins for organising an excellent visit to the ABC. It was informative, interesting and fun.



The tourists assembled for a briefing and video presentations in the ABC Boardroom.

Sergeant's Session

There was no Sergeant's session due to the visit to the ABC. However, next month's Sergeant Greg McLeod was no doubt gathering incriminating evidence of Rotarians' misdemeanours during the ABC tour.

Jerry's Jottings

Tuesday's meeting was another great night with our visit to the ABC, well done Past President David Middleton for winning and to Anne Zada for competing in, the quiz.

On Wednesday 18th September I attended the Group 6 President's meeting, which for the uninitiated is a meeting convened once a quarter by the Group 6 Assistant Governor, Roy Armstrong. The clubs in Group 6 are Unley, Hyde Park, Brownhill Creek, Eastwood, Mitcham, Glen Osmond and St Marys. Each President gave a health check on their club and I am pleased to report we are faring as well as any of the clubs in the group with some good meetings and increased membership.

Three opportunities for the clubs to work together were discussed:

- On Tuesday 30th September the Rotary Club of Brownhill Creek are hosting the GSE (Group Study Exchange) team from North Carolina with a meeting held at the Belair Country Club. We have this as our next meeting so are looking forward to a good turnout from the club.
- There was also discussion around having a joint project involving all clubs. David Gooley from Mitcham club put a proposal to work on a project to revamp part of Price Oval. More on this later.
- Richard Heathcote, President of Brownhill Creek, Richard Degaris, President of Hyde Park and I suggested a need for the clubs in the area to get together on a social basis. This would also be an opportunity to bring past and new/potential members together. Some form of sporting competition was suggested with maybe a combination of events, e.g. tennis, bocce, etc. We have been nominated to look at this and I have at this stage asked John Peacham for some thoughts.

That's all from me, have a great week and "Make Dreams Real".

Yours in Rotary,



Jerry

Our Upcoming Meetings

Date	Venue	Time	Occasion	Venue Set-up/ Plaque Board	Sergeant	Attendance Desk
30/09/08	Belair Park Country Club	6 for 6.15pm	Visiting GSE Team from D7710 North Carolina	John Peacham	NA	Anne Wehr & Stephen Westgarth
07/10/08	Old Orphanage	6 for 6.30pm	Guest Speaker	David Payne	Greg McLeod	Anne & Mark Zada
14/10/08	Old Orphanage	6 for 6.30pm	Nancy Baldock: "Tracing Your Family Tree"	Neesha Nandasena	Greg McLeod	Natalie Bowen & Lindsay England
21/10/08	Old Orphanage	6 for 6.30pm	Club Assembly	Jim Newall	Greg McLeod	Glenys Ferguson & Ken Haines

Rotarians, who are unable to attend as rostered, please arrange a swap or contact:

Sergeant-At-Arms: Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: unley.sergeant@rotaryclub.org.au

Venue Set-up or Plaque Board: Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: unley.sergeant@rotaryclub.org.au

Attendance Desk: Glenys Ferguson (H) 8379 8821

Members are urged to diarise when they are required to serve and then they will be unlikely to overlook their rostered service duty.

For those members rostered on Venue Set-up and Plaque Board, the relevant paraphernalia can be found in the servery area of the Function Centre. Please remember to gather up all items at the end of the meeting and return them to the top of the cupboard.

Apologies To: Anne Wehr on 8357 0486

Diary Dates

16 – 19 Oct District Conference in Mt Gambier
16 Dec Christmas Dinner at Mt Osmond Golf Club



Saturday Thrift Shop Roster: September-October 2008

Week No.	Dates This Month	Early Shift: 9am to 11.30 am	Late Shift: 11am to 1.30pm
4	27/09/08	Colin Schirmer & Chandra Sluggett	Martin Cooper & John Peacham
5	NA	Reno Elms & Bob Mullins	Natalie Bowen & Ken Haines
1	04/10/08	Lindsay England & Rohan Singh	Mavis Martin & Stephen Westgarth
2	11/10/08	Stephen Baker & Greg McLeod	Ken Haines & David Middleton
3	18/10/08	Glenys Ferguson & Anne Wehr	Joan Reed, Ron Schubert & Kevin Rogers

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Some recent Rotary relief and recovery efforts

Ecuador - Floods

Since January, continuous rain has caused massive flooding in 13 Ecuadorian provinces. According to the United Nations Office for the Coordination of Humanitarian Affairs 13,871 people are in shelters and 22 people have been killed as a result of the flooding.

Emergency needs include shelter, medicine, food, potable water and sanitation. Long-term recovery efforts will need to address rebuilding homes, restoring critical infrastructure, and providing assistance to the agricultural sector.

Kenya – Humanitarian Aid

Humanitarian aid is desperately needed in Kenya following post-election violence. It's estimated that 300 people were killed and more than 250,000 are displaced across Kenya. Many are staying in camps within the Rift Valley and Western Kenya, and some people have also moved into neighboring Uganda and Tanzania.

Immediate needs include blankets, cooking fuel, food, health care, mosquito nets, plastic sheeting, shelter, and water and sanitation. Many people haven't been able to buy food or go to work because of the violence. It is anticipated that long term recovery efforts will involve reconstruction of houses and buildings, seeds and tools for those who return to their farms, and continued provision of food.

Korea – Oil Spill

On 7 December, an 11,800 ton barge carrying a crane broke loose from its tugboat and collided with a super tanker five miles off the northwest coast of Mallipo, South Chungcheongnam Province. The crane punctured three holes in the ship's cargo tanks and resulted in 2.8 million gallons of crude oil leaking into the sea. This is the largest oil spill in Korea's history and the central government has declared a state of disaster.

The thick oil has washed up along 12 miles of shoreline in Taeon County, destroying hundreds of fisheries and devastating the coastline. The tidal flats near Taeon County, which are home to a national park and array of wildlife, have suffered extensive damage. The oil spill has driven away tourists. A long-term impact on the local tourism economy is expected.

More than 600 Rotarians from Rotary District 3620 have been working to clean-up the oil spill and have removed 500 tons of oil.

Bangladesh - Cyclone

In Bangladesh Cyclone Sidr killed 3,347 people, left 880 missing, and injured more than 34,000. Currently, 35,000 residents are living in camps. In all, more than eight million people were affected and 365,000 homes destroyed.

The storm swept away roads, bridges, and electrical towers, damage that has delayed the relief effort. Clean water and food are limited, and heat and humidity have increased the risk of disease.

Relief needs in Bangladesh included food, medical care, shelter, and water. Furthermore, to restore residents' livelihoods, the fisheries and agricultural sector must be rehabilitated.

What exactly is polio?

Polio is a crippling and potentially fatal infectious disease, polio (poliomyelitis) still strikes children mainly under the age of five in countries in Asia, Africa, and the Middle East.

Polio can cause paralysis and sometimes death. Because there is no cure for polio, the best protection is prevention. For as little as US\$0.60 worth of vaccine, a child can be protected against this crippling disease for life.

It can cause paralysis within hours, and polio paralysis is almost always irreversible.

In the most severe cases, polio attacks the motor neurons of the brain stem, causing breathing difficulty or even death.

Historically, polio has been the world's greatest cause of disability.

If polio isn't eradicated, the world will continue to live under the threat of the disease. More than 10 million children will be paralyzed in the next 40 years if the world fails to capitalize on its US\$4 billion global investment in eradication.

You can see an online polio timeline at <http://www.rotary.org/en/ServiceAndFellowship/Polio/Timeline/Pages/ridefault.aspx>.

Healthy Habits that Improve Memory

Treating your body well can enhance your ability to process and recall information. Here are some healthy habits that can help you improve your memory.

Regular Exercise	– Increases oxygen to you brain. – Reduces the risk of disorders that lead to memory loss, such as diabetes and cardiovascular disease. – May enhance the effect of helpful brain chemicals and protect brain cells.
Managing Stress	– Cortisol, the stress hormone, can damage the hippocampus if the stress is unrelieved. – Stress makes it difficult to concentrate.
Good Sleep Habits	– Sleep is necessary for memory consolidation. – Sleep disorders like insomnia and sleep apnoea leave you tired and unable to concentrate during the day.
Not Smoking	– Smoking heightens the risk of vascular disorders that can cause stroke and constrict arteries that deliver oxygen to the brain.

Ellen Jaffe-Gill MA, Amara Rose, Gina Kemp and Suzanne Barston contributed to this article.

Jokes for the Week

Risk Management 101

The Situation:

A man is getting into the shower just as his wife is finishing up her shower, when the doorbell rings.

The wife quickly wraps herself in a towel and runs downstairs.

When she opens the door, there stands Bob, the next-door neighbour.

Before she says a word, Bob says, 'I'll give you \$800 to drop that towel.'

After thinking for a moment, the woman drops her towel and stands naked in front of Bob, after a few seconds, Bob hands her \$800 and leaves.

The woman wraps back up in the towel and goes back upstairs.

When she gets to the bathroom, her husband asks, 'Who was that?'

'It was Bob the next-door neighbour,' she replies.

'Great,' the husband says, 'did he say anything about the \$800 he owes me?'

The Lesson:

If you share critical information pertaining to credit and risk with your shareholders in time, you may be in a position to prevent avoidable exposure.

Thanks to Ron Schubert for this contribution

Mexican Oysters

A big Texan stopped at a local restaurant following a day roaming around in Mexico. While sipping his tequila, he noticed a sizzling, scrumptious looking platter being served at the next table. Not only did it look good, the smell was wonderful.

He asked the waiter, 'What is that you just served?'

The waiter replied, 'Ah senor, you have excellent taste! Those are called Cojones de Toro, bull's testicles from the bullfight this morning. A delicacy!'

The cowboy said, 'What the heck, bring me an order.'

The waiter replied, 'I am so sorry senor. There is only one serving per day because there is only one bullfight each morning. If you come early and place your order, we will be sure to save you this delicacy.'

The next morning, the cowboy returned, placed his order, and that evening was served the one and only special delicacy of the day.

After a few bites, inspecting his platter, he called to the waiter and said, 'These are delicious, but they are much, much smaller than the ones I saw you serve yesterday.'

The waiter shrugged his shoulders and replied, 'Si, Senor. Sometimes the bull wins.'

Thanks to Jerry Casburn for this contribution



ADVERTISEMENT COURTESY OF PRES. JERRY

A poster for "The EBI Cabaret" featuring a man in a suit dancing. The poster lists the featured acts: Tasso Bouyessis & Anna-Maria Beni, with Nayima Hassan & Belly Dancers, Flamenco with Aloysius Leeson & Kristy Manuel, and the Sweet Adelaide Vocal Quartet. Tickets are \$20.00 available from EBI at 10 Byron Place, Adelaide. The event is on November 1 at the German Club, 227 Flinders Street, Adelaide, 8 pm.

Remember our Rotary theme for the year:
Make Dreams Real