

THE UNLEY ROTARIAN

Meeting 3631 – 30 September 2008

unley.rotaryclub.org.au

2008 - 2009

Rotary Club of Unley Inc.

DISTRICT 9520
CHARTERED 17TH APRIL 1935



PRESIDENT: Jerry Casburn: 8295 8227 or 0407 646 396
SECRETARY: Anne Wehr: 8357 0486
ADDRESS: PO Box 18, Unley SA 5061
EMAIL: unley.secretary@rotaryclub.org.au
MEETINGS: The Club meets every Tuesday at The Old Orphanage Function Centre
Corner Goodwood Road & Mitchell Street, Millswood at 6.30pm.
Fellowship at 6.00pm

Our Last Meeting

Meeting No.	3631
Date	30 September 2008
Venue	Belair Park Country Club
Guest Speaker	GSE Team from District 7710, North Carolina, USA
Chairperson	Pres. Richard Heathcote of the Rotary Club of Brownhill Creek
Guests & Visiting Rotarians	Rose Howland, Genese Mullins, Janet Plumb, Neil Rickard (Rotary Club of Clayton, Vic.), Lachlan McLaren, AG Roy Armstrong, Marilyn Armstrong
Apologies	Bob Mills, Chandra Sluggett, Joan Reed, Lindsay England, Mavis Martin, Martin Cooper, Neesha Nandasena, Ron Schubert
Makeups	Chandra Sluggett (Meeting 3630: Thrift Shop 17/9 and Meeting 3631: Thrift Shop 24/9)
Attendance	32%
Sick List	Martin Cooper

Group 6 Intercity Meeting

After he'd spent all of Tuesday moving house while minding the store, it was great to see President Jerry leading our Unley Rotarians at the Intercity Meeting of the District 9520 Group 6 clubs at the Belair Park Country Club. There we heard a presentation from the Group Study Exchange ("GSE") team from District 7710 in North Carolina USA. Also in attendance as a guest of Geoff Hill was Lachlan McLaren, a GSE alumnus. All seven Group 6 clubs were represented at the meeting, which was hosted by the Rotary Club of Brownhill Creek. The Rotary club of Blackwood also joined in.

That night the GSE team had "North Carolina in their mind" as they provided a picture of their home State with words and a PowerPoint presentation. At the conclusion of their presentation the GSE team presented club and district banners to the presidents of the Group 6 clubs. President Jerry has promised to provide Unley banners for the team members to take back to their sponsoring clubs in D7710.

Sergeant's Session

There was no Sergeant's session due to the intercity meeting. However, next month's Sergeant Greg McLeod was probably still gathering incriminating evidence of Rotarians' misdemeanours during the meeting.

Guest Speakers - GSE Team from D7710, North Carolina, USA

Our guest speakers for the evening were the five members of the Group Study Exchange ("GSE") team from District 7710 in North Carolina USA.

Gary Ridout is the leader of the GSE team (see below) and is a retired school principal, a member and Past President of the Rotary Club of Smithfield and Past Assistant Governor of D7710. He is a graduate of North Carolina State University in Raleigh and his career in public education has spanned 36 years. In addition to Rotary, Gary is heavily involved in a church-based care-giving program where caregivers meet weekly with care receivers to discuss problems with budgeting, marital problems and other issues that trouble the care receiver.

Katie Kepner has a degree in Physical Therapy from Daemen College and currently works at Raleigh Orthopaedic Rehabilitation Specialists as a physical therapist treating a variety of musculoskeletal injuries. She is interested in pursuing a certification in manual therapy and sports medicine. She is currently in the process of taking a series of Maitland Australian courses to become certified in manual therapy. Katie is also actively trying to pursue a manual therapy residency/fellowship program. Eventually she would like to become certified as an Orthopaedic Specialist. Katie also has a cosmetology licence and enjoys cutting and styling hair.

Karin Abell has a Bachelor of Science degree in Human Development and Family Studies from Cornell University. After completing a Master's degree in Educational Psychology at the University of North Carolina, Chapel Hill, she started working with adult learners. Karin currently directs a large English as a Second Language program at a community college which has around 2,500 ESL students per year from around 80 countries.

Team Members

Team Leader



Katie Kepner
Sponsored by the
Rotary Club of
Raleigh



Karin Abell
Sponsored by the
Rotary Club of Chapel
Hill-Carrboro Sunrise



Susan Miller
Sponsored by the
Rotary Club of
Durham



Carrie Stone
Sponsored by the
Rotary Club of
Hillsborough



Gary Ridout
Sponsored by the
Rotary Club of
Smithfield

Susan Miller graduated from the University of North Carolina, Asheville, with a Bachelor of Arts in Mathematics and, while working in accounting, went to North Carolina State University in Raleigh to complete the courses necessary to obtain her Certified Public Accountant licence. She has been in public accounting her entire professional career and has been a CPA since 1999.

Carrie Stone attended college in both Georgia and North Carolina obtaining a Bachelor's degree in Psychology and a Master's degree in Library and Information Studies. A former member of Jaycees and the US Peace Corps, the majority of her career has been spent in the service of children. Carrie has worked extensively with special needs children and those who are behaviourally challenged. Currently she is the director for a local Smart Start agency; smart Start is North Carolina's nationally recognised early childhood initiative designed to ensure that young children enter school healthy and ready to succeed.

The team provided an overview of their home State of North Carolina, including its location, industry, attractions, flora, fauna, educational institutions, cultural icons (e.g. barbeque, which involves the ritual sacrificing of pigs) and sports. They are an energetic group and have already taken in many of the sights that South Australia; they are conducting an ongoing and thorough study of the comparative merits of South Australian and North Carolinian wines. We wish them well with their study tour.

Jerry's Jottings



It is the end of September, daylight saving starts three weeks early, over this coming weekend. The frightening bit is that I am a quarter of the way through my Presidency without seeming to have achieved an eighth of what I had set out to do. Still we have increased our numbers by two with the inductions of **Neesha Nandasena** and **Andy Hill** and we have **Janet Plumb** joining the throng next week and I am also confident of adding another two over the coming month or so. What a coup they have been as well, they are keen, want to be involved and add to the many talents the club already enjoys.

The next three months will bring new challenges. We have the Carols in December and it would be great to see us consolidate the gains made over recent years with the numbers attending. In two weeks we have the District Conference in Mount Gambier and we have a good number attending, **Ron** and **Joan**, **Ken Haines**, **Alex Jonson**, **Andy Hill**, **Anne Wehr**, **Glenys Ferguson**, **Sheila Evans**, **Janet** and **Rohan Singh** and **Jenn** and I. I am really looking forward to a good weekend of fun and interest, and a weekend away from retailing in Glenelg.

For those who may have missed it, Jenn and I have moved again, anything to escape the creditors. Our new

address details are in the latest members directory.

Have a great long weekend and pray for good weather to bring out the hoards to Glenelg for a fun day of retailing. It would definitely make my dreams real.

Yours in Rotary,

Jerry

Our Upcoming Meetings

Date	Venue	Time	Occasion	Venue Set-up/ Plaque Board	Sergeant	Attendance Desk
07/10/08	Old Orphanage	6 for 6.30pm	John Callaghan: "Trade Schools of the Future"	David Payne	Greg McLeod	Anne & Mark Zada
14/10/08	Old Orphanage	6 for 6.30pm	Nancy Baldock: "Tracing Your Family Tree"	Neesha Nandasena	Greg McLeod	Natalie Bowen & Lindsay England
21/10/08	Old Orphanage	6 for 6.30pm	Club Assembly	Jim Newall	Greg McLeod	Glenys Ferguson & Ken Haines
28/10/08	Old Orphanage	6 for 6.30pm	Michelle Smith: "SA Police Officer of the Year - 2007"	Bob Mullins	Greg McLeod	Geoff Hill & Geoff Howland

Rotarians, who are unable to attend as rostered, please arrange a swap or contact:

Sergeant-At-Arms: Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: unley.sergeant@rotaryclub.org.au

Venue Set-up or Plaque Board: Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: unley.sergeant@rotaryclub.org.au

Attendance Desk: Glenys Ferguson (H) 8379 8821

Members are urged to diarise when they are required to serve and then they will be unlikely to overlook their rostered service duty.

For those members rostered on Venue Set-up and Plaque Board, the relevant paraphernalia can be found in the servery area of the Function Centre. Please remember to gather up all items at the end of the meeting and return them to the top of the cupboard.

Saturday Thrift Shop Roster: September–October 2008

Week No.	Dates This Month	Early Shift: 9am to 11.30 am	Late Shift: 11am to 1.30pm
1	04/10/08	Lindsay England & Rohan Singh	Mavis Martin & Stephen Westgarth
2	11/10/08	Stephen Baker & Greg McLeod	Ken Haines & David Middleton
3	18/10/08	Glenys Ferguson & Anne Wehr	Joan Reed, Ron Schubert & Kevin Rogers
4	25/10/08	Colin Schirmer & Chandra Sluggett	Martin Cooper & John Peacham
5	NA	Reno Elms & Bob Mullins	Natalie Bowen & Ken Haines

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Rotary News

Massive India Flood Strands Millions

By Ryan Hyland
Rotary International News -- 19 September 2008

Past RI President Rajendra Saboo visited the Saharsa District of Bihar, India, to survey the devastation caused by August's massive floods.

The Kosi River in Bihar, one of India's poorest states, overflowed its banks in August after torrential rainfall from heavy monsoons caused a dam to burst in southern Nepal, setting off the worst flooding in 50 years. Millions of people have been displaced, and hundreds of villages are under water in northeast India.

During a two-day visit to the region, Saboo, accompanied by Past Governor Ranjit Bhatia of District 3080 (India), met Governor Lal Bahadur Singh of District 3250 (India) to tour affected areas and assess Rotary's response so far.

Relief aid trucks have been coming in from districts throughout the country. Districts 3131 and 3140 have already sent trucks full of medicine, food, clothes, and blankets. Two doctors from District 3100 arrived to provide medical care.

Because areas in Bihar are so ravaged by the flood and conditions are still too dangerous to return, nearly half of the 1.2 million people left homeless are in government and relief agency camps.

Homecoming kits

The Rotary Club of Calcutta-Mahanagar plans to send 3,500 *ghar wapasi* -- or *homecoming* -- kits, each of which provides comprehensive shelter relief for a family of four, including two roof tarps, a kerosene stove, cooking supplies, 500 chlorine tablets, toothpaste, a mosquito net, and other consumables. Rotarian volunteers have arrived in Bihar to help distribute kits and other aid to camp refugees as well as families stranded deep inside swampy villages.

Saboo said the main need for people in the flood zones is basic medical care. As the water recedes, Saboo fears the crowded and often unsanitary conditions in refugee camps could lead to outbreaks of water and airborne diseases.

Rotary districts in India also are arranging accommodations for visiting volunteer doctors who are coming to provide preventive care in the refugee camps, he adds. Under the guidance of RI Director Ashok M. Mahajan, funds collected by Rotary in India will be leveraged with support of the RI community.

Saboo admits to being moved by the spirit and determination of those affected by the flood. "One thing that hit me hard was the realization and the appreciation of the power and strength of these people."

"Rotary's compassion and action will make the difference for victims," says Saboo. "This is the time when the sincerity of purpose will bring a sense of tremendous satisfaction far more than any recognition or credit."



Past RI President Saboo (middle) listens to residents affected by the massive August flooding in Bihar, India

Districts hit by Hurricane Ike seek help

By Arnold R. Grahl
Rotary International News -- 22 September 2008

At 72 years old, Rotarian Fred Sandberg was less inclined to ride out the aftermath of Hurricane Ike than he might have been in his younger days.

"Roughing it isn't as much fun now as it was when I was a cub scout," says Sandberg, a resident of Santa Fe, Texas, USA, and governor-elect of District 5910.

So when he received an invitation from Past District Governor Hugh Summers to stay at his home 240 miles north of the hurricane-stricken Texas coastline, he jumped at it.

Sandberg was one of many Texas Rotarians who found shelter in the homes of other Rotarians, either before or immediately after Ike hit. District 5910's website included a list of Rotarians willing to provide shelter for other Rotarians.

Safe Harbor

District 5890 (Texas) created a Safe Harbor program on their Web site serving the same purpose, where district Rotarians offered up spare bedrooms, dens, or floor space to their fellow Rotarians fleeing the storm. District Governor-elect Ed Charlesworth of Houston was one of the first to sign up his home as a safe harbor.

"A couple days before Ike hit, I said let's get this up on the Web site," Charlesworth recalls. "Within 10 minutes, we got our first call asking if the offer was still good. We said, 'Absolutely, come on down.'"

Charlesworth ended up hosting three Rotarians he knew from his district travels. Three others were scheduled to stay with him as well, but they decided to seek refuge further inland. Charlesworth, who lives on the north side of Houston -- about 60 miles from the coast -- lost five trees, including one that fell on his roof.

"The neat thing is how Rotarians pooled together," Charlesworth says. "While we were hosting, everyone pitched in. It's a very good feeling being here and seeing how people are pulling together."



Jokes for the Week

Boss Management 101

The Situation:

A sales rep, an administration clerk, and the manager are walking to lunch when they find an antique oil lamp.

They rub it and a Genie comes out.

The Genie says, 'I'll give each of you just one wish.'

'Me first! Me first!' says the admin clerk. 'I want to be in the Bahamas, driving a speedboat, without a care in the world.'

Puff! She's gone.

'Me next! Me next!' says the sales rep. 'I want to be in Hawaii, relaxing on the beach with my personal masseuse, an endless supply of Pina Colodas and the love of my life.'

Puff! He's gone.

'OK, you're up,' the Genie says to the manager.

The manager says, 'I want those two back in the office after lunch.'

The Lesson:

Always let your boss have the first say.

Thanks to Ron Schubert for this contribution

Diet and Your Health

THE ITALIAN PASTA DIET -- IT REALLY WORKS!!

1. You walka pasta da bakery.
2. You walka pasta da candy store.
3. You walka pasta da ice cream shop.
4. You walka pasta da table and fridge.

You will lose weight!



CONCERNED ABOUT TOO MANY CARBS IN YOUR DIET?

For those of you who watch what you eat, here's the final word on nutrition and health. It's a relief to know the truth after all those conflicting nutritional studies.

1. The Japanese eat very little fat and suffer fewer heart attacks than the English.
2. The Mexicans eat a lot of fat and suffer fewer heart attacks than the English.
3. The Chinese drink very little red wine and suffer fewer heart attacks than the English.
4. The Italians drink a lot of red wine and suffer fewer heart attacks than the English.
5. The Germans drink a lot of beer and eat lots of sausages and fats and suffer fewer heart attacks than the English.

CONCLUSION: Eat and drink what you like. Speaking English is apparently what kills you.

Thanks to Jerry Casburn for this contribution

Remember our Rotary theme for the year:
Make Dreams Real