

THE UNLEY ROTARIAN

Meeting 3680 – 15 September 2009

Website: unley.rotaryclub.org.au

2009 - 2010

Rotary Club of Unley Inc.

DISTRICT 9520
CHARTERED 17TH APRIL 1935



PRESIDENT: Jerry Casburn: 8295 8227 or 0407 646 396
SECRETARY: Martin Cooper: 8271 1394
ADDRESS: PO Box 18, Unley SA 5061
EMAIL: unley.secretary@rotaryclub.org.au
MEETINGS: The Club meets every Tuesday at "Tiffins on the Park",
176 Greenhill Road, Parkside (Cnr George Street) at 6.30pm.
Fellowship at 6.00pm

Our Last Meeting

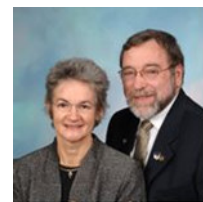
Meeting No.	3680
Date	15 th September 2009
Venue	Tiffins on the Park
Occasion	Alan Watson: "Mental Health"
Sergeant	David Middleton
Chairman	Jim Newall
Guests	Matthew Plumb
Apologies	Alex Jonson, Andy Hill, Natalie Bowen, Stephen Baker
Returning Rotarians	Nil
Make Ups	Alex Jonson, Andy Hill, Stephen Baker, Wendy Andrews
Anniversaries	Birthday: Peter O'Neil (18/9), Stephen Westgarth (19/9) Induction: Norm Wallace (16/9), Glenys Ferguson (21/9)
Attendance	75%

President's Announcements

1. A reminder that time to book to attend the District Conference is rapidly running out; please let Janet Singh know if you would like to attend. A copy of the flyer for the conference has been distributed, which will hopefully wet appetites. Remember as the conference is in Lobethal you can travel from home rather than stay somewhere.
2. A short Board meeting will be held after today's meeting.
3. I am pleased to advise that we look well on the way towards having our 75th anniversary project. This, as mentioned previously, will hopefully be the development of a family area as part of the redevelopment of the Orphanage grounds being undertaken by Council which includes a playground, playing fields and other community facilities. Bob Mullins has agreed to act as the project coordinator if it takes off and he, Joan Reed and I will be meeting with Deb Richardson at Unley next week.

Stop Press

Next week we host the District Governor Dick Cuttle as well as having our usual excellent speaker programme.



Please try to make it a full house with maximum attendance.

This is a Partners Event!

Spots

Heather Kilsby: On Tuesday 29th September the Club's meeting will be held at an Indian Restaurant, The Spice Kitchen at 252 Kensington Road, Leabrook. The evening will also be a partners night. The cost is \$25.00 which includes an entrée and main course.

Ragini Dey, the owner and chef, will be demonstrating the cooking of the main courses we will eat. Recipes of these dishes will be also be provided. Venue has a good reputation and will be a great evening so please come along and bring a partner or guest!

Joan Reed requested Members to consider inviting Leena to family functions involving young people.

Martin Cooper: Reminded Members of the Great Australian Bike Ride BBQ on 25th September - \$25.00 per person BYO drinks. See the menu on page 3.

Hosting the GSE Team - Chandra Sluggett

As per my extended spot from last night, detailed below are the GSE activities. All are welcome to the events listed below from 1-6. PLEASE let me know how many people are attending each event ASAP and any specific needs you may have.

Details of the GSE activities from Monday 2nd - Thursday 6th November 2009 are:

1. Monday 2/11/09: Day Trip to the Coorong, from 8.30am - 7pm'ish. The day will include a visit to a Ngarrindjeri museum at Camp Coorong in Meningie followed by lunch & guided bush walk at the Wilderness Lodge, Hacks Point. This day will have a focus on Aboriginal/Ngarrindjeri people's culture and our fragile river Murray/coastal environment. We will hire a bus depending on numbers. If you prefer to drive please let me know. If enough people are driving, and are prepared to car pool, we may pay for the petrol instead of hiring a bus. Please let me know if you are coming, numbers, if you are driving, or coming in the bus. You are welcomed to bring family. Cost - guided bush walk \$12p/p and lunch is \$15p/p. Travel costs (Bus hire/Petrol costs) to be determined.
2. Tuesday 3/11/09: Migration Museum of SA (Kintore Ave, City), from 10-11.30am. This is a guided tour cost \$10per person; alternatively you could guide through the museum yourself and pay nothing.
3. Tuesday 3/11/09: Melbourne Cup, from lunch 12-2.30pm. We are hoping to join/ take part in Melbourne Cup lunch event in the city. Venue or function not decided yet. If you have any ideas, please let me know.
4. Tuesday 3/11/09: Parliament House tour with David Pisoni and afternoon tea from 2.50 - 4.30pm. David Pisoni's Office has organised an afternoon tea at Parliament House as part of our tour – numbers are limited to 50. We have to be there at 2.50pm (and no later). I need to provide the Parliament House with names of people who is attending the event ASAP. Because we could not have our Rotary meeting with a dinner at the Parliament House on Tuesday night, David's Office has organised the afternoon tea for us. The cost of afternoon tea is \$5.50 per person.
5. Wednesday 4/11/09 Rotary Meeting & GSE presentations from 6.30/7pm start - 9pm. Our meeting with the Group 6 Clubs is changed to Wednesday night because we could not find suitable low cost venue for Tuesday night (being Melbourne cup day). GSE visitors will give their introductory presentations on this night as well. The meeting will be at the Belair Park Country Club, Belair. Choice between two dishes and two course dinner is \$25p/p. If you are NOT coming please let me or President Jerry know. If you want to know the menu details please let me or President Jerry know.
6. Thursday 5/11/09 Visit to the Government House from 5-6pm'ish. This 'hosting of a reception' by his Excellency Governor of SA is unconfirmed at this stage; made complicated because we had to bring forward our Friday night's plans. If you are interested attending his visit, please let me know.
7. Thursday 5/11/09 GSE final presentation at the Glenelg Surf Life Saving Club from 6.30-9pm. **Note** - this event is only for GSE hosting families, president & partner and GSE coordinators of each club. This is a presentation by GSE members to clubs & hosts to say thanks.

Exchange Student Leena Kasurinen Reporting: 'Week Eight'

Leena is away with Concordia School on a camp on Kangaroo Island.

Sergeant's Session

Sergeant David exercised the software resulting in a win on the squares for **Wendy Andrews** and the wine raffle for **Geoff Howland**. He then proceeded with his usual good grace to very humorously separate members from their spare change.

Jerry's Jottings

What a great meeting we had this week it really does make you realise what an amazing organisation we belong to. Alan Watson gave a first rate view into the workings of the Australian Rotary Health Fund. Please remember that the Allan is an example of the great cadre of speakers we enjoy at our Rotary meetings and that we can be proud to invite guests to the meeting.

In relation to the three year strategic plan it is my intention to bring the matter back to the club at the first meeting in October. I will simply be looking for acceptance of the plan to allow the next stage of working to take place; that being the activities and detailed plans of the committees in support of the strategy. If accepted I will then ask **Stephen Westgarth** to post the plan on our website.

Finally I would like to add a word of support to Joan's spot and ask you to think about activities that you think Leena may enjoy and invite her along.

Yours in Rotary,

Jerry



Diary Dates

Month	Date	Activity Details	Venue	Enquiries
October	8 th to 11 th	District Conference	Lobethal	Janet Singh

Guest Speaker –Allan Watson: “Mental Health”

Born in the Barossa Valley of South Australia Allan commenced his career as a draftsman in the State Public Service in 1959. Some 3 years later he was engaged by a Consulting Engineer, specialising in Surveying and construction of major projects.

In 1970 he joined the Commonwealth public service where he gained his Bachelor of Technology. As a professional Surveyor he conducted his own survey company, practicing in the fields of Cadastral, Engineering, Construction, Topographic and Hydrographic surveying for 18 years before undertaking Project Management and Consultancy work. In 1995 Allan joined Hydro Tasmania as the Manager, Adelaide office. As a manager for Hydro Tasmania he became engaged in many aspects of low-level aerial photography, and mapping for flood analysis, GIS systems and data analysis for varied broad scale applications. He has been involved in the construction of many major projects in South Australia, the Northern Territory and Victoria.

A Rotarian since 1983, Allan was a member first in the RC of Modbury and following a relocation of his professional practice and residence he joined the RC of Walkerville in 1989, the club's charter year. He was President in 1993 –1994 and served as District Governor in 1999 –2000. As a district leader he was responsible for the preparation and introduction of the District Leadership Plan and has served on a number of District Committees: District finance committee, Australian Campaign for Rabbit Eradication, Preserve Planet Earth, Emergency Medical Information Book, District Training Committee, District Leadership Plan review committee, District property officer, District management committee, District Coordinator Community Service, Chairman-Disaster Recovery and Support committee and District Resolutions Committee. During his year as District Governor he initiated the district training team and has since served as chairman and worked with the committee to implement a district training strategy. On taking up the chairmanship of the District Disaster Support Committee he has worked to establish a 'disaster support plan' and formulate a memorandum of understanding for Rotary's role under the State Disaster Plan, and he is now working to implement a national plan for Rotary's involvement in disasters. Allan has served three years as a Trustee of the Australian Rotary Foundation Trust and is currently a Regional Director for the Australian Rotary Health Research Fund. Married to Fran, they have five children and four grandchildren.

The Australian Rotary Health Research Fund is one of the largest independent research funds in Australia and was established in 1981 as a charitable fund to raise a minimum of \$2 million for research into cot deaths. The Fund has worked, in particular, on areas that have traditionally been ignored by Governments, such as Mental Health. More people in Australia take their own life than die from motor vehicle accidents. Mental illness accounts for 14.2% of the Australian Health burden. In recent years the fund has conducted more than 500 mental health forums, including Community Forums, Youth Forums and Work Place Forums.

Rotary has made a big impact in reducing the stigma associated with mental illness through mental health forums, including those held on a specific type of mental illness or a specific population group e.g. indigenous Australians, television ads and our combined efforts with Beyond Blue. The Foundation also supports a number of programmes including, Grants, Scholarships and Fellowships.



Rotary News

Membership

Clubs can earn a certificate signed by RI President John Kenny by meeting his membership goals for 2009-10. The top 10 clubs and top 10 districts, as determined by RI, will also be acknowledged onstage at the 2010 convention in Montréal, Québec, Canada.

To meet Kenny's membership goals, clubs need to achieve the following:

- A minimum net increase of one member
- A minimum retention rate of 80 percent and two of the items below:
- Increased percentage of qualified women
- Increased percentage of qualified younger professionals (under age 50)
- Induction of at least one RI or Rotary Foundation program alumna/alumnus
- Increased diversity of membership (e.g., classification, gender, age, ethnicity)

Achievement of club goals will be certified by the district governor.



Rotary Club of Unley GABR Dinner (The Old Rectory, 15 Rose Terrace, Wayville Cost \$25.00 + BYO)

Rotary Club of Unley Great Australian Bike Ride Dinner

7.00pm Friday 25th September

Entrée

Chilli Prawns

Main

French Trim Lamb Cutlets with Mint Cream
and Mustard Sauce
Chicken Mediterranean Style
Country Recipe Cocktail Sausages
Greek Style Roasted Vegetables
Vietnamese Stir Fry
Home Baked Breads

Dessert

Ian Dowding's Original Recipe Banoffi Pie Tartlets
Greek Almond Biscuits
Fresh Fruit Pieces
The Coopers Chocolate Sauce of the Day

Our Upcoming Meetings

Date	Venue	Time	Occasion	Chairman & Scribe	Venue Set-up/ Plaque Board	Sergeant	Attendance Desk
22/09/09	Tiffins on the Park	6 for 6.30pm	Natalie Moore & Lauren Sperring "Indigenous Medical Scholarships" DG's Official Visit; Partners Night	C Sluggett	N Bowen	D Middleton	W Andrews & C Schirmer
29/09/09	The Spice Kitchen	6 for 6.15pm	Ragini Dey: "Spice Kitchen Cooking"	H Kilsby	K Daly	D Middleton	C Schirmer & R Elms
06/10/09	Tiffins on the Park	6 for 6.15pm	Andrew Murphy: "2008 – Police Officer of the Year"	S Baker	S Westgarth	D Middleton	R Elms & S Evans
13/10/09	Tiffins on the Park	6 for 6.15pm	David Merry: "Men's Health"	A Hill	A Wehr	D Middleton	S Evans & G Ferguson

Apologies To: Janet Singh by e-mail to unley.attendance@rotaryclub.org.au or in an emergency on 0458 052 893

Meeting Chair Enquiries To: Stephen Baker on 8379 7105 or email to unley.vocational@rotaryclub.org.au

Venue Set-up/Plaque Board Enquiries To: David Middleton on 8332 6253 or by e-mail to unley.sergeant@rotaryclub.org.au

Attendance Desk Enquiries To: Janet Singh by e-mail to unley.attendance@rotaryclub.org.au or in an emergency on 0458 052 893

Members rostered on Venue Set-up and Plaque Board should see Tiffins on the Park staff to gain access to the club's meeting paraphernalia. Please remember to gather up all items at the end of the meeting and return them to the storeroom.

Saturday Thrift Shop Roster: August-September 2009

Week No.	Dates	Early Shift: 9am to 11.30 am	Late Shift: 11.30am to 1.30pm
3	19/09/09	Glenys Ferguson & Neesha Nandasena	Joan Reed & Bob Laws
4	26/09/09	John Peacham, Chandra Sluggett	Martin Cooper & Sheila Evans
5	NA	Reno Elms & Bob Mullins	Natalie Bowen & Joan Reed
1	03/10/09	Stephen Baker & Rohan Singh	Mavis Martin & Stephen Westgarth
2	10/10/09	Lindsay England, Greg McLeod	Janet Plumb & David Middleton

Rotarians, who are unable to attend as rostered, please arrange a swap or contact:

Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: steedman@senet.com.au

On the Back Page - Australian Bush Etiquette

IN GENERAL

1. Never take an open stubby to a job interview.
2. Always identify people in your paddocks before shooting at them.
3. It's tacky to take an Esky to church.
4. If you have to vacuum the bed, it's time to change the sheets.
5. Even if you're certain you're included in the will, it's rude to take your ute and trailer to the funeral.

DINING OUT

1. When decanting wine from the box, tilt the paper cup and pour slowly so as to not bruise the wine.
2. If drinking directly from the bottle, hold it with only one hand.

ENTERTAINING IN YOUR HOME

1. A centrepiece for the table should never be anything prepared by a taxidermist.
2. Don't allow the dog to eat at the table, no matter how good his manners.

PERSONAL HYGIENE

1. While ears need to be cleaned regularly, this should be done in private, using one's OWN ute keys.
2. Even if you live alone, deodorant isn't a waste of money.
3. Extensive use of deodorant can only delay bathing by a few days.
4. Dirt and grease under the fingernails is a no-no; it alters the taste of finger foods and, if you are a woman, it can draw attention away from your jewellery.

DATING

1. Always offer to bait your date's hook – especially on the first date.



Remember our Rotary theme for the year:

**THE FUTURE OF ROTARY
IS IN YOUR HANDS**