

THE UNLEY ROTARIAN

Meeting 3682 – 29 September 2009

Website: unley.rotaryclub.org.au

2009 - 2010

Rotary Club of Unley Inc.

DISTRICT 9520
CHARTERED 17TH APRIL 1935



PRESIDENT: Jerry Casburn: 8295 8227 or 0407 646 396
SECRETARY: Martin Cooper: 8271 1394
ADDRESS: PO Box 18, Unley SA 5061
EMAIL: unley.secretary@rotaryclub.org.au
MEETINGS: The Club meets every Tuesday at "Tiffins on the Park",
176 Greenhill Road, Parkside (Cnr George Street) at 6.30pm.
Fellowship at 6.00pm

Our Last Meeting

Meeting No.	3682
Date	29 th September 2009
Venue	The Spice Kitchen Restaurant - Leabrook
Occasion	Ragini Dev: "Spice Kitchen Cooking"
Sergeant	Bob Laws
Chairman	Heather Kilsby
Guests	Pauline Daly, Craig Freedman, Rose Howland, Margaret Payne, Linda England, Angie Cooper, Jocelyn Andrews, Linda Peacham
Visiting Rotarians	Dick Cuttle (District Governor), Roy Armstrong (Assistant Governor)
Apologies	Peter O'Neil, Alex Jonson, Stephen Westgarth, Reno Elms, Stephen Baker, David Middleton, Bob Mullins
Returning Rotarians	Natalie Bowen
Make Ups	Stephen Westgarth
Sick List	Nil
Anniversaries	Birthday: Vince Michielin – Birthday (1/10)
Attendance	66%

President's Announcements

A reminder that time to book to attend the District Conference is rapidly running out, booking sheets are contained in the front of the District Directory.

The website for the conference gives more detail on the costs and the programme:

<http://www.rotary9520conference.org.au/2008/>

Spots

There were no spots



Exchange Student Leena Kasurinen Reporting: 'Week Ten'

Leena was away at a skirmish this week.

Perfume



Sergeant's Session

There was no sergeant's session. There was a win on the squares for **Linda Peacham**.

Jerry's Jottings

It was good to have a meeting away from our home base and the food and demonstration of Indian cooking was exceptional. My thanks go to the programme committee for organising this and in particular to **Heather Kilsby**.

At next week's meeting I want to determine the level of club support for our Strategic Plan and will be seeking a vote from the club for its adoption. Please be ready to comment, as appropriate. If accepted, the next stage will be to ask the committee heads to include the adoption of the elements of the plan into their programmes and report on this at the club assemblies.

Unley Council are calling for nominations for the Citizen of the Year for 2010, if you have someone to nominate I will have the paperwork with me next week.

Yours in Rotary,

Jerry



Guest Speaker – Ragini Dev: "Spice Kitchen Cooking"



Ragini Dev was a chef in India before coming to Australia 27 years ago. She has cooked in many varied places including Government House, The Gas Company and for 11 years in Aged Care, making more traditional Australian fare like Jam Rolly Polly. She currently teaches at WEA and has been at the Spice Kitchen for 21 years.

The Spice Kitchen has recently won the Best Indian Restaurant in SA 2009 award.

Indian food is one of the oldest cuisines. Over the years it has been influenced by Greek, Italian, Portuguese, Dutch and English. Traditional Indian cooking is very regional with a large range of dishes, unlike restaurants all over the world who all prepare about 10 standard Indian dishes. The Taj Mahal had a huge kitchen where fabulous banquets were created for Kings and warriors. They were very interested in food and up to 500 dishes would be offered at a banquet. A variety of spices are used in Indian cooking both to enhance the flavor of the food and for their medicinal properties. Turmeric reduced the risk of

Colon Cancer and Alzheimer's Disease, it also has anti bacterial properties, is an antioxidant and is used in cosmetics in India for its wrinkle prevention benefits. Green Cardamom is beneficial to the Bronchial system.

Some of the cooking tips given by Ragini included:

- There will be more flavour in your dish if the bones are left on the meat.
- If yogurt separates when added to hot ingredients, add more water and it will come together again.
- Ginger and Garlic to be used in recipes can be crushed in a blender or with a mortar and pestle and mixed to a paste with water. This can be stored in the fridge for 2 to 3 weeks.
- Resting a curry for approximately 2 hours before serving will enhance the flavour.
- Flour is not used in Indian cooking as a thickening agent. Almonds or cashew nuts are ground and used instead.
- Saffron is very expensive, if you find a cheap one it won't be saffron. The test to tell if you have fake Saffron is to add it to heated milk or cream and it will turn the mixture a bright orange color.
- Use whole spices and grind them yourself which will release the flavour when you are about to use them. Powdered spices do not have the same impact as they may have been ground months before you use them.
- We eat with our eyes. Garnishing and presentation are very important.

Salvation Army 125th Anniversary (1884-2009)

Special Guest: General Eva Burrows A.C. (*former International Leader of the Salvation Army*)

Sunday October 25th

10am **Salvo Celebration** with **General Burrows** supported by *Soul Factor Gospel Choir*.

12 noon **Garden Banquet** in the Courtyard. Roast \$15. RSVP—14th October.

2pm **Celebrating the Future** with **General Burrows** supported by *Red Shield Band & Songsters*.

Contact: doreen.hynes@aus.salvationarmy.org or ph. 8271 2839 to RSVP for Roast Luncheon.



Rotary News

PolioPlus: With polio our determination must not waver



On 24 October, we mark World Polio Day. It is a time to reflect on the progress we have made and to strengthen our resolve for the work ahead. It is a time to raise awareness of our efforts to eradicate polio, and to help meet Rotary's US\$200 Million Challenge.

We have come a long way. We have reduced the number of polio cases by over 99 percent, from more than 350,000 a year in the 1980s to about 1,650 in 2008. We have brought the number of endemic countries from 125 to 4. And we have vaccinated over two billion children.

We are proud of these accomplishments, and we are closer than ever to achieving our goal of worldwide eradication. But we must recognize that our greatest enemy is complacency. We cannot slacken our efforts now, because as long as there is wild poliovirus anywhere, the disease can easily spread again. The number of cases in endemic countries is down this year, but the number of cases in countries where polio has been reintroduced has increased significantly – a reminder of how polio knows no borders, and how vigilant we must remain.

Polio is still endemic in Afghanistan, India, Nigeria, and Pakistan. Difficult terrain, civil unrest, remote settlements, poor sanitation, and terrible poverty are just some of the obstacles to immunization. But we, and our partners in the Global Polio Eradication Initiative, are determined to continue our work with persistence and creativity.

I have been inspired by the incredible strides already made this year: In one 10-day period, a total of 222,270,331 children in 22 countries were immunized against polio. The effort and the commitment are phenomenal. This is a testament to the resolve that has brought us this far – and that will soon bring us to our goal of complete eradication.

Glenn E. Estess Sr.

Foundation Trustee Chair

Our Upcoming Meetings

Date	Venue	Time	Occasion	Chairman & Scribe	Venue Set-up/ Plaque Board	Sergeant	Attendance Desk
06/10/09	Tiffins on the Park	6 for 6.15pm	Andrew Murphy: "2008 – Police Officer of the Year"	S Baker	S Westgarth	W Andrews	R Elms & S Evans
13/10/09	Tiffins on the Park	6 for 6.15pm	David Merry: "Men's Health"	A Hill	A Wehr	S Evans	S Evans & G Ferguson
20/10/09	Tiffins on the Park	6 for 6.15pm	James Bruce: Hon British Consul "	M Cooper	C Schirmer	S Westgarth	G Ferguson & A Hill
27/10/09	Tiffins on the Park	6 for 6.15pm	General Eva Burrows: "Salvation Army Anniversary"	R Elms	J Russell	D Middleton	A Hill & G Hill

Apologies To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 0458 052 893

Meeting Chair Enquiries To: Stephen Baker on 8379 7105 or email to unley.vocational@rotaryclub.org.au

Venue Set-up/Plaque Board Enquiries To: David Middleton on 8332 6253 or by e-mail to unley.sergeant@rotaryclub.org.au

Attendance Desk Enquiries To: Janet Singh by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 0458 052 893

Members rostered on Venue Set-up and Plaque Board should see Tiffins on the Park staff to gain access to the club's meeting paraphernalia. Please remember to gather up all items at the end of the meeting and return them to the storeroom.

Diary Dates

Month	Day	Date	Activity Details	Venue	Enquiries
October	8 th to	11th	District Conference	Lobethal	Janet Singh

Saturday Thrift Shop Roster: September - October 2009

Week No.	Dates	Early Shift: 9am to 11.30 am	Late Shift: 11.30am to 1.30pm
2	10/10/09	Lindsay England, Greg McLeod	Janet Plumb & David Middleton
3	17/10/09	Glenys Ferguson & Neesha Nandasena	Joan Reed & Bob Laws
4	24/10/09	John Peacham, Chandra Sluggett	Bob Mullins & Sheila Evans
5	31/10/09	Reno Elms & Bob Mullins	Natalie Bowen & Joan Reed
1	07/11/09	Stephen Baker & Rohan Singh	Mavis Martin & Stephen Westgarth

Rotarians, who are unable to attend as rostered, please arrange a swap or contact:

Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: steadman@senet.com.au

The Back Page

Why I was fired....

For the last company picnic, management had decided that, due to liability issues, we could have alcohol, but only one (1) drink per person.

I was fired for ordering the cups.

World's Shortest Fairy Tale

Once upon a time, a guy asked a girl 'Will you marry me?'

The girl said, 'NO!'

And the guy lived happily ever after and rode motorcycles and went fishing and hunting and played golf a lot and drank beer and whiskey and had tons of money in the bank and left the toilet seat up and farted whenever he wanted.

The End

Postal Service Recall

Australia Post created a stamp with a picture of Kevin Rudd.

The stamp was not sticking to envelopes.

This enraged the Prime Minister Kevin07, who demanded a full investigation.

After a month of testing and spending of \$1.73 million, a special commission presented the following findings:

1. The stamp is in perfect order.
2. There is nothing wrong with the adhesive.
3. People are spitting on the wrong side.

An Italian Boy's Confession

'Bless me Father, for I have sinned. I have been with a loose girl'.

The priest asks, 'Is that you, little Joey Pagano?'

'Yes, Father, it is.'

'And who was the girl you were with?'

'I can't tell you, Father. I don't want to ruin her reputation'.

"Well, Joey, I'm sure to find out her name sooner or later, so you may as well tell me now. Was it Tina Minetti?"

'I cannot say.'

'Was it Teresa Mazzarelli?'

'I'll never tell.'

'Was it Nina Capelli?'

'I'm sorry, but I cannot name her.'

'Was it Cathy Piriano?'

'My lips are sealed.'

'Was it Rosa DiAngelo, then?'

'Please, Father, I cannot tell you.'

The priest sighs in frustration. 'You're very tight lipped, and I admire that. But you've sinned and have to atone. You cannot be an altar boy now for 4 months. Now you go and behave yourself.'

Joey walks back to his pew and his friend Franco slides over and whispers, 'What'd you get?'

'Four months vacation and five good leads.'



Remember our Rotary theme for the year:

**THE FUTURE OF ROTARY
IS IN YOUR HANDS**