THE UNLEY ROTARIAN

Meeting 3769 - 5th July 2011

Website: unley.rotaryclub.org.au

2011 - 2012



Rotary Club of Unley Inc.

DISTRICT 9520 CHARTERED 17TH APRIL 1935

PRESIDENT: Joan Reed: 8379 8470 or 0401 714 499 SECRETARY: Mavis Martin: 8178 0076 or 0408 399 834

ADDRESS: PO Box 18, Unley SA 5061
EMAIL: unley.secretary@rotaryclub.org.au

MEETINGS: The Club meets every Tuesday at "Tiffins on the Park",

176 Greenhill Road Parkside (Cnr George Street) at 6.30pm.

Fellowship at 6.00pm

Our Last Meeting

| Meeting No. | 3769 | | | |
|------------------------------|-----------------------------------------------------------------------------------------------------------------|--|--|--|
| Date | 5 th July 2011 | | | |
| Occasion | Rosemary Warmington with Emma Johnson and Natasha Unglaube: "Carers Association" | | | |
| Venue | Tiffins on the Park | | | |
| Chairman | Wendy Andrews | | | |
| Apologies | Anne Wehr, Reno Elms, Greg McLeod, David Middleton, and Nathan White | | | |
| Birthdays & Anniversaries | Birthday: Jim Newell on 11 th July Induction: Geoff Hill, 34 years in Rotary on 7 th July | | | |
| Attendance | 62% | | | |

President's Announcements

President Sheila welcomed Rotarians and visitors to meeting number 3769 reminding the meeting of our Rotary Theme for the Year: REACH WITHIN TO EMBRACE HUMANITY.

She then welcomed our guest speaker, Rosemary Warmington, CEO of the Carers Association of South .Australia, Emma Johnson, Young Carers & Mental Health Project Worker and Natasha Unglaube a Young Carer Ambassador.

Spots

Alex Jonson reminded members of the International Committee meeting following this Rotary meeting.

Past President Joan Reed thanked members for their support during the past year.

Stephen Baker announced an OSSAA Fundraiser which is a piano and organ recital featuring Tony Fenelon at 2pm on Sunday 24th July at the Chelsea Cinema.....\$20 per head.

Bob Laws reminded members of the Thrift Shop Volunteers Afternoon Tea on 17th July. All Unley Rotarians are encouraged to attend. **Heather Kilsby** proudly announced that she has become a first time Grandmother and was congratulated by all

Guest Speaker - Rosemary Warmington: "Carers Association"

Rosemary Warmington, Chief Executive Officer, gave an overview of the Carers Association, which is a not for profit organisation formed by carers in 1989. Carers SA's aim is to promote, assist, empower and enhance the lives of Carers in SA. The Association supports carers of all cultures, ages and background with specific programs for young carers, carers of people with a mental illness, and indigenous carers. 30,300 carers are under the age of 25, with 14,800 under the age of 18.

Emma Johnson is the Young Carer Project Worker. In this role she provides support and referrals to Young Carers from around the state, as well as distributing information kits to young carers and service providers. School staff and students are provided with resources. Young Carers are people under the age of 25 who take on a significant role and or responsibility for the care of a person in their family who is suffering from chronic physical or mental illness, disability or who is frail aged, or who has an alcohol or drug problem

In this role they help out around the house, with cooking, cleaning, shopping, dealing with services, transport and budgeting. They help with the personal care which includes, dressing, bathing toileting and mobility. Often they help with siblings. They may also assist with purchasing and administering medication

Caring often has an impact on young carers. Socially it restricts their ability to make friends, and maintain relationships, have time with the friends they may have, participate in sports, hobbies and have activities outside of school. Mental issues are also experienced, including, depression, anxiety, grief and loss, anger resentment and false maturity. Physically they may suffer from back pain from manual handling, lack of sleep and poor nutrition. Some fear they may inherit the illness or disability.

Natasha Unglaube a Young Carer Ambassador and a Young Carer told her story. At the age of three, she called an ambulance when her mother was having an asthma attack. Now at the age of 21 she has been caring for her single mother who has Multiple Scoliosis, Ms, Right Sided Hear Failure, Arthritis, Asthma, Depression and more, for 14 years. . She has a brother who is 12, who helps out when he wants to.

In 1997 her caring role really took off when her mother slipped herniating two lower discs, which resulted in her being confined to a wheelchair. In 1999 her brother was born, which was a new stage in her life as her mother wasn't well enough to completely look after him, so Natasha helped out. 2003 saw her commence high school. It was scary for her meeting and making friends and trying to trust them enough to tell them her story. The teachers did not seem to understand and no counsellors told her about Carers, but the following year and her life change, when she was put in touch with Carers SA. Her mother received some help and she was recognised as a Young Carer.

Since then she has attended Young Carers Camps, been to both National Young Carers Summits in Sydney and the Gold Coast. These were a great break for her and she enjoyed meeting other Young Carers and finding out she was not alone. Late 2005, her grandmother died. This was very hard for her, as she would go to Oma when she needed a break of just to talk.

In 2007 she was chosen to become the third Young Carer Ambassador. Now she has a bigger role with Carers SA, sharing her story, promoting issues faced, and has had the opportunity to train in public speaking, leadership workshops, self management, cultural awareness, child safe environments and first aid. She also helps the Western Young Carers with Emma at their monthly pizza and movie night, with this group getting bigger every month. This year Natasha has gone back to school to complete year 12.

With Emma and Natasha planning and running the retreat we know it will be in good hands. The retreat will be held at the wilderness Escape Outdoor Adventure at Hindmarsh Island, in the October school holidays the 11th 12th and 13th. They are focusing the retreat on the age group 12 to 17 and will bring together 5 Young Carers from each of the 5 regions.

Sergeant's Session

Sergeant-at-Arms Jerry Casburn kicked off this year's Sergeants' Sessions with some joke cracking and targeted fines. Beware you don't bad mouth the Sergeant this year. Jerry also won the Lucky Square.

Rotary News

Membership - The Benefits of Being a Rotarian

Membership is a crucial issue for Rotary clubs, including the Rotary Club of Unley. Here are some of the benefits of Rotary that our members can give to friends and acquaintances to encourage them to join our great organisation.

There's something that all Rotary club members have in common: We take action. As community volunteers, we reach out to neighbors in need. We build, support, and organize. We save lives. We work locally and globally.

Around the world and around the corner, the 1.2 million men and women of Rotary

- Get involved in their communities
- Connect with other professionals
- Share their time and experience with young people
- Support global causes, such as eradicating polio
- Use their skills to help others

Maybe you've seen a need in your own community and wondered how you could help. Maybe you want to use your professional skills to help others — or even learn new skills. Maybe you're seeking connections with other service-minded professionals in your community or abroad.

Whatever your reason, joining Rotary can help you achieve these goals, and so much more.

Object of Rotary

The Object of Rotary is to encourage and foster the ideal of service as a basis of worthy enterprise and, in particular, to encourage and foster:

- 1. The development of acquaintance as an opportunity for service;
- 2. High ethical standards in business and professions; the recognition of the worthiness of all useful occupations; and the dignifying of each Rotarian's occupation as an opportunity to serve society;
- 3. The application of the ideal of service in each Rotarian's personal, business and community life;
- **4.** The advancement of international understanding, goodwill and peace through a world fellowship of business and professional persons united in the ideal of service.

The Voice of Rotary

Broadcast on 1197 AM RPH Adelaide each Tuesday 7.30-8.00 am

From each Wednesday the broadcast program can be heard on-line at www.rphadelaide.org.au

July 2011 Program: Presented by Chris Hughes (Rotary Club of Burnside)

| 5 th July | Rotarian Jason Booth (RC of Makin Edge) | "Eye Clinics in Nepal" |
|-----------------------|----------------------------------------------------|-------------------------------------|
| 12 th July | Rotarian Sioux Christensen (RC of Adelaide West) | "Central Adelaide Homeless Project" |
| 19 th July | Rotarian Jerry Casburn (RC of Unley) | "Rotaract at Flinders University" |
| 26 th July | Rotarian Meredith Lines OAM (RC of North Adelaide) | "Experiences as a ROMAC Mother" |

Information available from Rotarian Chris Hughes; Tel: (08) 8379 4633; Mob: 0418 835 977; Email: emandcee@bigpond.com

Rotary Leadership Institute

What is it all about!

The Institute is a training program for Rotarians. Over the course of 3 sessions participants will learn more about Rotary and how they and their clubs can be involved and benefit.

An American initiative, brought to Australia in 2008, and adopted by Regions 7 & 8 as an effective training tool for Rotarians and for Rotary's leaders of tomorrow. The course content has over the intervening years been amended to reflect our Australian ways.

Training is delivered by Faculty Members and is ably led in 9520 by PDG Euan Miller.

The Institute covers the following:

The 5 Avenues of Service; Leadership /Effective Leadership; Rotary Opportunities (programs); Public relations; The Rotary Foundation; Beyond the Club Membership, Service Projects; Communications; Ethics—and much more.

Who should attend?

The course is open to all Rotarians and provides an excellent induction into Rotary for new members and a platform for Club Leaders to grow their knowledge of Rotary and develop plans for their club's future.

Diary Dates

| Month | Day Da | ate | Activity Details | Venue |
|------------|---------------------------------------------|----------------------|---------------------------------------|-----------------------|
| August | Sunday 07 | 7/08/11 | Tailem Bend Musical "We're The Voice" | Tailem Bend Town Hall |
| | Wednesday 17 | 7/08/11 | GSE Team Farewell - RC of Onkaparinga | |
| Sep-Nov | 3 rd Sep, 8 th Oct, | ,5 th Nov | Rotary Leadership Institute | |
| April 2012 | 26 th – 29 th April 2 | 2012 | District Conference | Mildura |
| May 2012 | 6 th – 9 th May 201 | 12 | International Convention | Bangkok |

Our Upcoming Meetings

| Date | Venue | Time | Occasion | & Scribe | Board | Sergeant | Desk |
|----------|---------------------|--------------|-------------------------------------------------------------|-----------|------------|-----------|---------------------------|
| 12/07/11 | Tiffins on the Park | 6 for 6.30pm | Stephen Baker: "The Road to Jerusalem" | TBA | G Ferguson | J Casburn | K Daly & J Casburn |
| 19/07/11 | Tiffins on the Park | 6 for 6.30pm | Snr Constable lan Skewes: "Police Officer of the Year 2010" | S Baker | G Hill | J Casburn | J Casburn & R Elms |
| 26/07/11 | Tiffins on the Park | 6 for 6.30pm | Club Assembly | S Evans | A Jonson | J Casburn | R Elms & L England |
| 02/08/11 | Tiffins on the Park | 6 for 6.30pm | Bob Arnold: "Calperum Station" | J Casburn | L England | J Casburn | L England & G Ferguson |

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Apologies To: Wendy Andrews by e-mail to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Meeting Chair Enquiries To: Stephen Baker on 8379 7105 or email to unley.vocational@rotaryclub.org.au

Venue Set-up/Plaque Board Enquiries To: Bulletin Editor

Attendance Desk Enquiries To: Wendy Andrews by e-mail to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Members rostered on Venue Set-up and Plaque Board should see Tiffins on the Park staff when access to the club's meeting paraphernalia is required. Please remember to gather up all items at the end of the meeting and return them to the storeroom.

Saturday Thrift Shop Roster: July-August 2011

| Week No. | Dates | Early Shift: 10am to 12.30pm | Late Shift: 12.30pm to 3.00pm |
|----------|----------|---------------------------------|----------------------------------|
| 2 | 09/07/11 | Stephen Baker & Greg McLeod | Wendy Andrews & Bob Laws |
| 3 | 16/07/11 | Glenys Ferguson & Joan Reed | Neesha Nandasena & Nathan White |
| 4 | 23/07/11 | John Peacham & Chandra Sluggett | David Mackrell & Sheila Evans |
| 5 | 30/07/11 | Reno Elms & Bob Mullins | Natalie Bowen & Joan Reed |
| 1 | 06/08/11 | David Middleton & Jerry Casburn | Mavis Martin & Stephen Westgarth |

Rotarians, who are unable to attend as rostered, please arrange a swap or contact:

Bob Laws: 8223 6403; (M) 0438 865 305; e-mail: <u>steedman@senet.com.au</u>

The Back Page



Mistaken Identity

The light turned yellow, just in front of him. He did the right thing, stopping at the crosswalk, even though he could have beaten the red light by accelerating through the intersection.

The tailgating woman was furious and honked her horn, screaming in frustration, as she missed her chance to get through the intersection, dropping her mobile and makeup.

As she was still in mid-rant, she heard a tap on her window and looked up into the face of a very serious police officer. The Constable ordered her to exit her car with her hands up..

He took her to the police station where she was searched, fingerprinted, photographed, and placed in a holding cell.

After a couple of hours, a policeman approached the cell and opened the door. She was escorted back to the booking desk where the arresting officer was waiting with her personal effects.

He said, "I'm very sorry for this mistake. You see, I pulled up behind your car while you were blowing your horn, flipping off the driver in front of you and swearing at him. I noticed the 'What Would Jesus Do' bumper sticker, the 'Choose Life' license plate holder, the 'Follow Me to Sunday-School' bumper sticker, and the chrome-plated Christian fish emblem on the boot, so naturally....I assumed you had stolen the car."

The Missus

The police came to my front door the other night holding a picture of my wife. The Constable said, "Is this your wife sir?"

Shocked, I answered, "Yes."

He said, "I'm afraid I have to tell you that it looks like she's been hit by a bus." I said, "I know, but she has a lovely personality, is a great cook and she's good with the kids."

A Few Things to Ponder

Just had a bloke at the door asking if I wanted to buy raffle tickets for orphans. I told him with my luck I'd probably win one.

The thing I love most about this hot weather is the short skirts and low cut tops. Although they do make me look a bit gay.

Just been to the gym. They've got a new machine in. Only used it for half an hour as I started to feel sick. It's great though. It does everything - KitKats, Mars bars, Snickers, Crisps, the lot.

A bloke bursts into the Centrelink office. "I've been ringing 08001730 for two bloody days. Why don't you answer the bloody phone?" Girl replies, "Those are our opening times. Idiot."

Some toe rag just pinched a pair of my wife's knickers off the washing line. She's not bothered about the knickers but she wants the 12 pegs back.

Some Japanese tourists just asked me to take a picture of them. When I said, "Wave," they legged it!

More Irony



No Sunday Paper

"WHERE is my SUNDAY paper?!" the irate customer calling the newspaper office loudly demanded to know where her Sunday edition was.

"Madam", said the newspaper employee, "today is Saturday. The Sunday paper is not delivered until tomorrow, on SUNDAY".

There was quite a long pause on the other end of the phone, followed by a ray of recognition as she was heard to mutter, ..."Well, that explains why no one was at church either."

Remember our Rotary theme for the year:

Reach Within to Embrace Humanity