



Our Last Meeting

Venue	Public Schools Club
Guest Speaker	Andrea Muir
Chairman	Mavis Martin
Apologies	Ken Haines, Stephen Westgarth, Pam Trimmer, Sheila Evans, Nathan White, Anne Wehr, Stephen Baker
Guests	Patsy Beckett
Visiting Rotarian	Graham Beckett
Returning Rotarian	Bob Mullins
Attendance	16 members, 1 Honorary member, 1 visiting Rotarian, 1 guest

Rotary Club of Unley Inc.

District 9520 - Chartered 17 April 1935

President: Greg McLeod: 8271 8409
or 0417 811 838
Secretary: Mavis Martin: 8178 0076
Address: PO Box 18, Unley SA 5061
Email: unley.secretary@rotaryclub.org.au
Meetings: Tuesdays at 6.00 for 6.30pm
Venue: Public Schools Club
207 East Terrace, Adelaide

President Greg's Announcements

1. It was with deep concern that President Greg inform the club that our Police Officer of the Year 2011 **Caroline Bristow** is battling with cancer. It looks like the battle could be very hard. We wish her well.
2. President Greg thanked **Briony and Jerry** for their efforts with the organising of the BBQ's and also thanked the willing teams of members who assist capably. Job well done. The next **Bunning's BBQ** requires extra help in the afternoon shift. Please let Jerry or Ken know.
3. **Hat Day** is the 11th October discussion is required to decide on which day this is to occur. More info later.
4. **End Polio Day** is on 14th October.
5. President Greg will be attending a **Citizenship Ceremony** at the Unley Civic Centre on the 26th of September 2013.
6. The **upcoming quiz night** will be discussed at the Board meeting tomorrow night.
7. Sad news that **Nino Malvetti** is away for a few weeks and then transferring to Victoria.



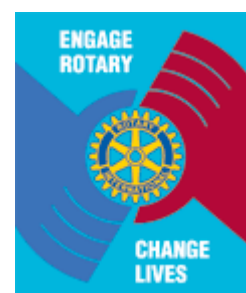
President Greg

Guest Speaker - Andrea Muir: "Novita Children's Services"

Andrea Muir from NOVITA was introduced by the Chairperson for the night Mavis Martin. Andr a has previously worked for the RSPCA prior to joining Novita in Community Relations. It is her role to raise the profile of Novita which use to be called The Crippled Children's Association. This organisation is based in Adelaide and became Novita in 2004. Clients that Novita care for have disabilities from Cerebral Palsy, Multiple Sclerosis, Brain Injuries, Spina Bifida Autism and Acquired Brain Injuries. They are a not for profit organization and get assistance for some programs from the government but rely heavily on Fund raising and donation. They get support from businesses Central District Foot Club play a charity match per year, The Mighty River Run and the Police Association

Novita provides child development, early intervention, rehabilitation and therapy services to more than 2000 children living with disabilities and special needs, as well as support for their families and carers. We support children and young people throughout their childhood and adolescent years, in Adelaide, regional South Australia and beyond. Through our broader work with families and communities, Novita's life-changing services have a direct impact on thousands of South Australians.

Novita's team of expert staff includes rehabilitation medical specialists, paediatricians, occupational therapists, physiotherapists, speech pathologists, psychologists, social workers, orthotists, rehabilitation engineers and dieticians, who work together with families to give children the best start to life possible. We also provide service coordination and



planning support, making your experience with Novita as easy as possible. We are the largest South Australian community-based children's service organisation. As a result of our established networks within the childcare, kindergarten and school sectors and with government and private child health organisations, including the Women's and Children's Hospital, we are able to provide best practice holistic care across many aspects of a child's development. Novita works with the latest research, equipment and technologies, helping our young clients access every aspect of life – whether they're at home, kindergarten, school, in the playground or on the sports field. Over more than 70 years, Novita has become a recognised and trusted provider of children's disability and developmental services, enabling each child to discover their abilities and full potential.



Mavis Martin with Novita's Andrea Muir

Novita Children's Services has been one of the largest providers of quality services to children and their families living with disability. At Novita, we understand the importance of working in partnership with families and carers to ensure we meet the needs of the child and the family.

Our multi-disciplinary team of physiotherapists, occupational therapists, speech pathologists and psychologists have extensive experience in providing high-quality therapy to children with disabilities and developmental needs. We offer case management and social work services to ensure that services are well coordinated and cater for a family's individual situation.

Novita staff have extensive skills and experience in supporting a child's transition into childcare, preschool, school and high school. We can support families with planning and relevant information required to assist with these transitions. We can work directly with schools to help them understand each child's needs and to empower them with understanding and suggested strategies that may be required to fully support the child's learning and development. Novita offers an array of services for children with

developmental needs and disability including:

- Allied health therapy services: physiotherapy, aquatic therapy, occupational therapy and speech pathology
- Psychology services: cognitive/learning assessment and recommendations; managing difficult behaviour; anxiety, emotional regulation and coping; grief, loss and adjustment
- Equipment prescription, training and support
- Case management

From professional assessments, our staff will recommend appropriate interventions for each child, based on the latest evidence and clinical experience. We will work with the child and the family to create an individual therapy plan designed to support that child in achieving their goals. Our team based approach means that our therapy staff work collaboratively to ensure services provided to each child are coordinated and effective.

Novita provides a comprehensive range of services for children, from babies right through to young adults. Children's Services provide child development, early intervention, rehabilitation, therapy, service coordination and planning, and equipment prescription for children and young people.

Sessions are available at Regency Park, Parafield Gardens, St Marys, Elizabeth and Whyalla.

Visits are available to family homes, childcare, preschool and school settings, subject to availability. Please note that visits attract a travelling fee/higher hourly rate than sessions.

Pop-up Speaker - Bob Mullins

Bob Mullins talk on his trip made us all very envious. He and Genese left Adelaide on 15th July and sailed on the Dawn Princess, a 14 deck cruise ship, from Brisbane and headed for Lombok where they spent 7 days. During their trip they went to 17 countries; it all became a bit of a blur after a while. Due to the unrest, Egypt was taken off the list. During this leg of the journey the weather got extremely rough with gale force winds of 70 knots; the cruise ship was literally surfing on the waves. They spent time in Singapore, Indonesia and Crete, to name a few. Copenhagen was an eye-opener with bikes everywhere and they soon found out they stop for no one, so they always crossed at the lights.

Bob sounded like Lucky Starr "I've been everywhere man."

They embarked on their second cruise on the Emerald Princess, which was a 19 deck cruise ship. Following this cruise, which took in Helsinki and St Petersburg to name a couple, they flew to Dubai and then on to Abu Dhabi where they cruised and toured in a limousine. Heat was intense. They were very impressed with the Emirates Palace Hotel and recommended we look on the internet to view the opulence of this establishment.

Spots

Mavis Martin: Next week's meeting is at St Augustine's Church on Unley Road and we will be having our meal there. Stephen Westgarth is the Chairperson for the night. Meal \$20 wine \$5.

Also she has heard from Billy Russell our speaker last week who said how welcomed he felt at our meeting, very nervous to start but had a tremendous night.

Jerry Casburn thanked the team for the Detmold BBQ where we raised \$667. Many thanks from the staff. Also the Bunning's BBQ needs more helpers in the afternoon.

Briony Casburn asked for assistance with a lady at Lourdes Valley who requires transport for outings, shopping etc. This lady's husband is in the Royal Adelaide Hospital dying. Future plans are to try and provide transport for her on a monthly basis. A Police Clearance is required. Also there will be a quick meeting of the community committee after tonight's meeting.

Heather Kilsby reminded members that half annual subs are now due. Also she has raffle tickets for sale to raise funds for an organization called Pisa Italian Meals which is an organization for Italians similar to Meals on Wheels. Tickets \$40 and only 1,500 tickets to sell so odds are good.

Mavis Martin requires help in the Thrift Shop on Monday the 29th in the afternoon. Lindsay to send an email to the volunteers.

Sergeants Session

Andrea Muir pulled the number for the Lucky Square and Mavis the Birthday girl for 25th September won the money.

Meeting Closed at 8:10

Rotary News

Indian philanthropist boosts Rotary's push to end polio with \$1 million gift

Indian philanthropist and businesswoman Rajashree Birla has announced a new gift of US\$1 million to Rotary to help eradicate polio. The gift brings her total contributions to the Rotary effort to more than \$7.2 million.

What's more, this gift will be matched two-for-one by the Bill & Melinda Gates Foundation, resulting in \$3 million in new funding for the Global Polio Eradication Initiative (GPEI). Rotary is a leading partner in the GPEI, especially in advocating government and donor support, fundraising, and building public awareness. Through the End Polio Now: Make History Today fundraising campaign, the Gates Foundation is matching two-for-one every new dollar Rotary commits to polio eradication, up to \$35 million per year, from 2013 through 2018.

"Mrs. Birla's generous gift is deeply appreciated and could not have come at a more opportune time in our fight to end polio once and for all," says Ashok Mahajan, a former Rotary Foundation trustee and close friend of the Birla family. "Her generosity no doubt will inspire other private donors to step up and help Rotary take full advantage of our innovative partnership with the Gates Foundation."

Birla's gift underscores India's commitment to remain polio free. India -- which some experts believed would be the last nation to beat polio -- hasn't recorded a case of the disease since January 2011. Only Nigeria, Pakistan, and Afghanistan remain on the list of countries where the wild poliovirus has never been stopped. India's nearly 3,200 Rotary clubs have been instrumental in supporting National Immunization Days, massive initiatives that reach nearly 175 million children under age 5 with the oral polio vaccine.

"Thanks to the efforts of Rotary and its partners -- including India's Health Ministry, WHO [World Health Organization], UNICEF, CDC [U.S. Centers for Disease Control and Prevention], the Gates Foundation, and other organizations -- India continues to be free of polio," says Birla, whose son, Kumar Mangalam Birla, has transformed the Aditya Birla Group into a Fortune 500 global conglomerate. "Now we owe it to humanity to see that Nigeria, Afghanistan, and Pakistan also become polio free in the near future."



Rajashree Birla

Rotary approves \$500,000 emergency grant for Somalia

Rotary has approved a \$500,000 Rapid Response grant to the World Health Organization (WHO) to address a recent polio outbreak in Somalia. The outbreak occurred in the Banadir region of Somalia, where a large number of children had not been vaccinated against polio due to inaccessibility.

As of 14 August, 110 cases of wild poliovirus have been reported in the Horn of Africa—100 cases in Somalia and 10 in Kenya. This is the first outbreak in Somalia since 2007 and in Kenya since 2011.

The Rotary grant will cover operational costs, including human resources, training, and transportation of health workers, aimed at immunizing children under 10 in all accessible areas of Somalia in August.

To date, five vaccination campaigns have been held in Somalia, three in Kenya, two each in Ethiopia and Yemen, and one in Djibouti. Additional campaigns are planned through the end of the year.

Drawing on lessons learned from previous polio outbreaks, the first vaccination campaign was carried out within a week after the first case was confirmed.

Rotary's emergency funding for responses to polio outbreaks in Somalia and other countries has been critical to ensuring that immunization activities proceed without interruption, thereby minimizing the risk of the disease's further international spread.

In addition, the governments of the United Kingdom and Japan recently announced financial commitments of \$15.3 million and \$1.3 million, respectively, to fund similar emergency vaccination campaigns in the Horn of Africa.

The United Nations has warned that without further intervention, polio could quickly develop into an epidemic across East Africa and put countless lives at risk. The UK's assistance will allow WHO to immunize 6.1 million people most at risk from the disease in Somalia, northern Kenya, and other countries in the region. This new funding is in addition to a \$457 million pledge to the Global Polio Eradication Initiative in April.

Japan's emergency grant will pay for more than 5 million doses of oral polio vaccine for supplementary immunization activities in November and December, expected to reach more than 2.8 million children under 10.

Diary Dates

Year	Month	Day	Date	Activity Details	Venue
2013	Oct	Tuesday	15	Quiz with RC Brownhill Creek	Public Schools Club

Our Upcoming Meetings

Date	Venue	Time	Occasion	Chairman & Scribe	Set up & Welcome	Sergeant	Attendance Desk
1 Oct 13	PSC	6 for 6.30pm	Vocational Visit to St. Augustine's Anglican Church, Unley Road	S Westgarth	N/A	K Haines	C Sluggett P Trimmer
8 Oct 13	PSC	6 for 6.30pm	Alex Jonson & Mavis Martin: Member Profiles	J Reed	V Holt	K Haines	P Trimmer A Wehr
15 Oct 13	PSC	6 for 6.30pm	Quiz vs RC Brownhill Creek	TBA	A Jonson	K Haines	A Wehr S Westgarth
22 Oct 13	PSC	6 for 6.30pm	Mandy Tanner: Aged Care Alternatives	TBA	R Laws	K Haines	S Westgarth N White

Venue: PSC = Public Schools Club

Apologies To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Meeting Chair Enquiries To: Nathan White 0424 608 699 or email to unley.vocational@rotaryclub.org.au

Venue Set-up/Bar Enquiries To: Bulletin Editor - Stephen Baker on 8379 7105

Attendance Desk Enquiries To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Saturday Thrift Shop Roster

September-October 2013

Week	Dates	Early Shift: 10am to 12.30pm	Late Shift: 12.30pm to 3.00pm
4	28 Sep 13	Wendy Andrews (sub for Bob Laws) & Pam Trimmer	Sheila Evans & Ken Haines
5		Bob Mullins & Reno Elms	S Westgarth & David Pisoni
1	5 Oct 13	David Middleton & Jerry Casburn	Pam Trimmer (sub for Bob Laws) & Stephen Westgarth
2	12 Oct 13	Greg McLeod & Stephen Baker	Joan Reed & Mavis Martin
3	19 Oct 13	Glenys Ferguson & Wendy Andrews	Neesha Nandasena & Nathan White

Rotarians, who are unable to attend as rostered, please arrange a swap or as a very last resort contact:

Lindsay England: 8445 8552; (M) 0408 857 775; e-mail: lengland@senet.com.au

Bunnings Mile End Barbeque Dates

ALL the Bunnings Mile End Barbeque dates are the **last Monday** of the month from 8am to 5pm.

NEXT DATE: 30 September Morning shift 8.30am – 12.30pm Afternoon shift 12.30 – 5pm

The Voice of Rotary

Broadcast on 1197 AM RPH Adelaide each Tuesday 7.30-8.00 am

From each Wednesday the broadcast program can be heard on-line at www.rphadelaide.org.au
Information available from Rotarian Chris Hughes (Burnside); Tel: (08) 8379 4633; Mob: 0418 835 977 and John Cox (Nth Adelaide); Email: emandcee@bigpond.com



October 2013 Program

1 Oct 13	Pres. Rob Eley (Gawler Light)	A Motor Cycle Expo
8 Oct 13	Pres. Judy Shipp (Holdfast Bay)	The Helping Hands Project
15 Oct 13	PP Don Law (Yankalilla)	The Yankalilla Car Cruise
22 Oct 13	PP David Adamson (Elizabeth)	The Science Experience
29 Oct 13	PP Dale Manson (Mobilon)	District 9520 Conference 2014

The Back Page

Coaching

At one point during a game, the coach called one of his 9-year-old baseball players aside and asked, 'Do you understand what cooperation is? What a team is?'

The little boy nodded in the affirmative.

'Do you understand that what matters is whether we win or lose together as a team?'

The little boy nodded 'yes'.

'So,' the coach continued, 'I'm sure you know, when an out is called, you shouldn't argue, curse, attack the umpire, or call him a pecker-head, dickhead or asshole. Do you understand all that?'

The little boy nodded 'yes' again.

He continued, 'And when I take you out of the game so another boy gets a chance to play too, it's not good sportsmanship to call your coach "a dumb ass or shithead" is it?'

The little boy shook his head 'NO'.

'GOOD', said the coach . . . 'Now go over there and explain all that to your grandmother!'



Inner Strength

If you can start the day without caffeine or pep pills,

If you can be cheerful, ignoring aches and pains,

If you can resist complaining and boring people with your troubles,

If you can eat the same food every day and be grateful for it,

If you can understand when loved ones are too busy to give you time,

If you can overlook when people take things out on you when, through no fault of yours, something goes wrong,

If you can take criticism and blame without resentment,

If you can face the world without lies and deceit,

If you can conquer tension without medical help,

If you can relax without liquor,

If you can sleep without the aid of drugs,

If you can do all these things,

Then you are probably the family dog.

