



Our Last Meeting

Venue	Public Schools Club
Guest Speaker	Dr Jenny Hardingham
Chairman	Alex Jonson
Apologies	Graham & Patsy Beckett, Briony & Jerry Casburn, Lindsay England, Sheila Evans, Heather Kilsby, Bob Laws, Nino Malvetti, Mavis Martin, Joan Reed, Pam Trimmer
Guests	Valerie Bonython
Returning Rotarian	Stephen Baker
Attendance	14 members and 2 guests

Rotary Club of Unley Inc.

District 9520 - Chartered 17 April 1935

President: Greg McLeod: 8271 8409 or 0417 811 838
Secretary: Mavis Martin: 8178 0076
Address: PO Box 18, Unley SA 5061
Email: unley.secretary@rotaryclub.org.au
Meetings: Tuesdays at 6.00 for 6.30pm
Venue: Public Schools Club
 207 East Terrace, Adelaide

President Greg's Announcements

District Assembly being held at Waikerie High School on Sunday 4 May.

Bunnings BBQs Sunday 4 May – more volunteers are needed...some members will be away at District Assembly.

SA Police Officer of the Year 2013 award ceremonies will be on Tuesday May 20.

Board meeting at Vera Holt's on Thursday – DO NOT LET THE DOG OUT!



President Greg

Guest Speaker - Dr Jenny Hardingham: Haematology and Oncology

Chairman Alex Jonson introduced Jenny who is the Principal Medical Scientist in the Oncology Department at the QEH and group leader in the Molecular Oncology Research Laboratory housed in the Basil Hetzel Institute. Jenny's current areas of research include developing biomarkers to predict resistance to therapeutic agents in colorectal cancer patients, and the development of a novel method to detect circulating colon cancer stem cells in the bloodstream as an early indicator of metastatic disease.

Jenny provided a slide presentation on bowel cancer and the results of the Institute's research. Bowel (colorectal) cancer is the second most common cancer (after lung disease). In Australia, 16,000 cases are detected each year and close to 4000 people die. This is the highest incidence in the world.....much lower rates prevail in Asia and Africa. No-one has yet determined why. The incidence of bowel cancer is increasing among the 20-40 year age group, but decreasing in the 60+ group. Commonly, benign polyps become cancerous if left untreated.

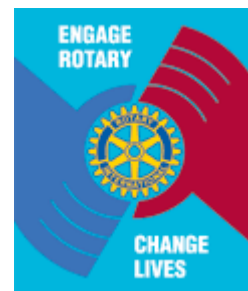
The cause is through cell mutation and proliferation – clonal expansion. Cells keep dividing, then divide infinitely and then stimulate their own blood supply. Metastasis is the process whereby cancer spreads throughout the body. While genes play a role, the main risk factors appear to be inactivity, obesity, diabetes, smoking and alcohol.

There are two prime areas of molecular research foci at the Institute:

1. Gene knockdown technique – centrosomes are amplified by the Aurora A gene and this is sensitive to chemotherapy
2. Metastasis – spread of cancer to the liver through circulation. Aquaporins flush the system and slow the spread, and have the potential to stop it.

The next step is to take the results of testing mice with the more promising therapies to humans.

Jenny was asked a range of questions relating to breakthroughs and international collaboration. She was thanked by acclamation. [Editor's Note – I hope that this is accurate and does Jenny justice!]



Jenny waiting patiently for her fabulous Rotary pen from Alex

Spots

Ken Haines explained that the Bunnings BBQ on Monday had only raised \$439.10 (a slow day, affected by the previous holidays). More volunteers are needed for next Sunday particularly during the 10 – 2pm busy period.....please contact Wendy Andrews.

Alex Jonson needs volunteers to load the East Timor container at DIK on 24 May in conjunction with RC Berri.

Stephen Westgarth announced that the POOTY award ceremony would be held 12.30pm at the Unley Rotunda on 20 May with the Police Band playing from 11.45am. Unley Mayor Lachlan Clyne will attend. The award dinner will be held that night at Glenelg Golf Club with cost expected to be \$50 to \$55pp - SW will be collecting money from next week.

The Vocational Committee is to meet after this meeting.

Flash News RC Aireborough UK



Jerry & Briony Casburn with DGE Rod Walmsley (left) and President Bill Baker

Sergeant's Session

Sergeant Ken Haines liaised with our guest speaker to select Vera Holt's marble for the infernal squares. The best unhappy fine was from Reno who suffered last Sunday watching his favourite team Geelong being bullied by Poor Power. The meeting closed at 8.01pm.....almost on time!

Rotary International News

Rotary member sacrifices record deal for disaster relief

By Ryan Hyland - Rotary News -- 23-Apr-2014

On September 11, 2001, Todd Shea found himself running toward ground zero. He had no business being there. A singer-songwriter with a record deal, Shea should have been prepping for a gig at CBGB, one of New York City's most iconic venues. Instead he was using his band's van to bring food, water, and supplies to first responders.

After five grueling days amid the rubble of the Twin Towers, Shea decided to sacrifice his musical career, and dedicate his life to disaster relief.

"Seeing the suffering in New York opened my eyes to what other people around the world are going through every day," says Shea. "I decided I wanted to be part of the solution, not the problem."

For the next 13 years Shea, 47, found himself in the epicenters of other disasters, including the South Asian tsunami in 2004, Hurricane Katrina in the U.S. and the Kashmir earthquake in 2005, the earthquake in Haiti and floods in Pakistan in 2010, the earthquake and tsunami in Japan in 2011, and the typhoon in the Philippines in 2013.

During each disaster Shea says he's gained more knowledge about disaster relief logistics.

"Large efforts take time to take shape," says Shea. "Trained disaster responders, like doctors, firefighters, and EMTs, work best when they don't have to worry about the backline, such as food, water, and supplies. They have more time to do what they are trained to do."

After the Pakistan earthquake in 2005, Shea decided not to leave the area after many organizations did. He founded the Comprehensive Disaster Response Services (CDRS), which provides health care and aid to Pakistanis who would otherwise have limited access to medical care.

The organization includes a rapid disaster response team that provides security, logistics, and communication support to medical teams and government agencies that are on the ground.

"It's all about coordinating together. I've been too many places where efforts were either wasted or duplicated," he says. "One village has everything and one village has nothing. We spread out to areas not being reached and try to organize a centralized system where all agencies can communicate and work together."

The CDRS facility includes a dental unit, vaccination center, maternity ward, pharmacy, laboratory, and ambulance. Shea lives in Pakistan about nine months a year.

In 2009 Shea helped to found Sustainable Healthcare Initiatives Now Empowering Humanity, which is based in the U.S. and provides international disaster relief and long-term sustainable health care initiatives in developing countries.

Shea finds Rotary: It was during Hurricane Katrina in New Orleans where Shea hooked up with Jim Kushner, past president and founding member of the Rotary Club of Inwood, Manhattan, New York. They coordinated animal rescue and the delivery of rubber rafts, and helped the military with search and rescue.

"Jim and I are like brothers. We share a passion for helping those who are in need," says Shea. "He's proven to me with his time, sweat, and blood that putting yourself in danger for others is a noble and worthy endeavor."

Since Katrina, the two have joined forces on every major disaster.



Todd Shea, a member of the Rotary Club of Inwood, Manhattan, New York, distributes food to victims of the 2013 Typhoon disaster in the Philippines

"Todd just keeps going. No matter what has to be done, he finds a way to get it done," says Kushner. "He's like a locomotive that doesn't slow down when barriers are in the way."

In August Shea joined the Inwood club. Rotary clubs are as good as its members, he says.

"If you're motivated and you want to make a real difference, then join a Rotary club. I would encourage people who want to make real change to use Rotary as a platform. There is no better organization for it."

Strumming for a cause

Just because Shea isn't chasing his dream of becoming a music star doesn't mean he put down the guitar for good. He launched a musical and cultural collaboration with Pakistani and American musicians called Sonic Peacemakers. He organizes and plays concerts in both countries to raise funds and awareness for vulnerable children in Pakistan.

"Children are left out of the equation," says Shea. "I created CDRS so I can give them the health care that American children are afforded every day."

About his frenetic pace, Shea says he doesn't know how else to go if he wants to make a change.

"The world can be a very ugly place," he says. "I'm just trying to do my part to help turn indifference, intolerance, and hatred to love, kindness, and compassion."

Diary Dates

Year	Month	Day	Date	Activity Details	Venue
2014	May	Sun	4	Special Bunnings BBQ	Bunnings Mile End
		Thurs/Fri	29/30	Detmold BBQ	Detmold - Thursday 29/5/14 at 8pm and Friday 30/5/14 at 6am and noon
	June	Sun-Wed	1-4	International Conference	Sydney

Our Upcoming Meetings

Date	Venue	Time	Occasion	Chairman & Scribe	Set up & Welcome	Sergeant	Attendance Desk
6 May 14	PSC	6 for 6.30pm	Joe Garreffa: "CFS – The Unwritten Stories"	V Holt	R Mills	K Haines	R Elms L England
13 May 14	PSC	6 for 6.30pm	Pam Johnstone: Royal Society for the Blind - "Eye Health"	J Russell	J Newall	K Haines	L England S Evans
20 May 14	Unley Soldiers Memorial Gardens	11.45am for 12.30pm	POOTY AWARD CEREMONY Public Event				
	Glenelg Golf Club	7 for 7.30pm	POOTY AWARD DINNER Partners event	S Westgarth Scribe S Baker	D Payne	n/a	S Evans G Hill
Wednesday 28 May 14	The Snooty Fox	6 for 6.30pm	Joint Meeting with RC Prospect	Scribe S Baker	J Reed	n/a	G Hill A Jonson

Venue: PSC = Public Schools Club

Apologies To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Meeting Chair Enquiries To: Nathan White 0424 608 699 or email to unley.vocational@rotaryclub.org.au

Venue Set-up/Bar Enquiries To: Bulletin Editor - Stephen Baker on 8379 7105

Attendance Desk Enquiries To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Saturday Thrift Shop Roster

May 2014

Week	Dates	Early Shift: 10am to 12.30pm	Late Shift: 12.30pm to 3.00pm
1	3 May 14	David Middleton & Jerry Casburn	Bob Laws & Stephen Westgarth
2	10 May 14	Greg McLeod & Stephen Baker	Wendy Andrews & Mavis Martin
3	17 May 14	Glenys Ferguson & Joan Reed	Neesha Nandasena & Nathan White
4	24 May 14	Bob Laws & Pam Trimmer	Sheila Evans & Ken Haines
5	31 May 14	Bob Mullins & Reno Elms	Stephen Westgarth & David Pisoni

Rotarians, who are unable to attend as rostered, please arrange a swap or as a very last resort contact:

Lindsay England: 8445 8552; (M) 0408 857 775; e-mail: lengland@senet.com.au

Bunnings Mile End Barbeque Dates

ALL the Bunnings Mile End Barbeque dates are the **last Monday** of the month from 8am to 5pm.

Extra Date: Sunday 4 May: Morning shift 8.30am – 12.30pm Afternoon shift 12.30 – 5pm

Next Date: Monday 26 May: Morning shift 8.30am – 12.30pm Afternoon shift 12.30 – 5pm

The Voice of Rotary

Broadcast on 1197 AM RPH Adelaide each Tuesday 7.30-8.00 am

From each Wednesday the broadcast program can be heard on-line at www.rphadelaide.org.au
Information available from Rotarian Chris Hughes (Burnside); Tel: (08) 8379 4633; Mob: 0418 835 977
and John Cox (Nth Adelaide); Email: emandcee@bigpond.com



May 2014 Program

6 May	Rtn Tuckweng Kok (St Peters)	National Youth Science Forum
13 May	Rtn Mina Ward (Magill Sunrise)	The Reel Event
20 May	PP Norm O'Flaherty (Morialta)	Donations in Kind
27 May	Dr Cristian Birzer (University of Adelaide)	Humanitarian Technology

On the Back Page

Absolute strength

Walking into the bar, Mike said to Charlie the bartender, "Pour me a stiff one - just had another fight with the little woman."

"Oh yeah?" said Charlie, "And how did this one end?"

"When it was over," Mike replied, "She came to me on her hands and knees."

"Really," said Charles, "Now that's a switch! What did she say?"

She said, "Come out from under the bed, you little chicken!"

An oirish bandaid job

Patton staggered home very late after another evening with his drinking buddy, Paddy. He took off his shoes to avoid waking his wife, Kathleen.

He tiptoed as quietly as he could toward the stairs leading to their upstairs bedroom, but misjudged the bottom step. As he caught himself by grabbing the banister, his body swung around and he landed heavily on his rump. A whiskey bottle in each back pocket broke and made the landing especially painful.

Managing not to yell, Patton sprung up, pulled down his pants, and looked in the hall mirror to see that his butt cheeks were cut and bleeding. He managed to quietly find a full box of Band-Aids and began putting a Band-Aid as best he could on each place he saw blood.

He then hid the now almost empty Band-Aid box and shuffled and stumbled his way to bed.

In the morning, Patton woke up with searing pain in both his head and butt and Kathleen staring at him from across the room.

She said, "You were drunk again last night weren't you?"

Patton said, "Why do you say such a mean thing?"

"Well," Kathleen said, "it could be the open front door, it could be the broken glass at the bottom of the stairs, it could be the drops of blood trailing through the house, it could be your bloodshot eyes, but mostly.....it's all those Band-Aids stuck on the hall mirror."

