



Our Last Meeting

Venue	Public Schools Club
Guest Speaker	Pam Johnston
Chairman	John Russell
Apologies	Sheila Evans, Vera Holt, Heather Kilsby, Mavis Martin, Bob Mullins, Joan Reed, Pam Trimmer, Nathan White,
Guests	Valerie Bonython, Liz Christie, Bashar Baghdadi
Returning Rotarians	Graham & Patsy Beckett
Departing Rotarians	Mavis Martin
Attendance	22 members and 4 guests

Rotary Club of Unley Inc.

District 9520 - Chartered 17 April 1935

President: Greg McLeod: 8271 8409
or 0417 811 838

Secretary: Mavis Martin: 8178 0076

Address: PO Box 18, Unley SA 5061

Email: unley.secretary@rotaryclub.org.au

Meetings: Tuesdays at 6.00 for 6.30pm

Venue: Public Schools Club
207 East Terrace, Adelaide

President Greg's Announcements

Thrift Shop Keys Register – Lindsay England, John Russell, Briony Casburn, Bob Laws and David Payne all produced keys. Lindsay assured that no volunteers held keys.

Police Officer of the Year award ceremonies will be next Tuesday; from 11.45am at Unley Soldiers Gardens, Unley Road and 7.00 for 7.30pm at Glenelg golf Club.

RC Prospect joint meeting is on Wednesday 28 May.

Guest Speaker – Pam Johnston: “Eye Health”

Chairman John Russell introduced Pam who looks after Community Education Services at the Royal Society for the Blind. Pam provided a slide presentation on “My Eye Health Program”; this presentation normally takes an hour but was effectively compressed into 20 minutes.

Each year some 150,000 more Australians suffer significant sight loss – mostly age related. Pam went through the anatomy of the eye and explained the importance of each part working in unison.

The most common forms of vision loss are as follows:

1. Refractive error which contributes to deterioration in short and long sight.
2. Cataracts lead to a clouding of the eye lens and are easily treated. 99% of people over the age of 90 will have had cataracts.
3. Age related macular degeneration (tested by the Amsler Grid) comes in two forms, dry and wet, and both affect the central vision. One in seven people over 50 suffer from macular degeneration, and it is exacerbated by poor diet and smoking. The dry can be treated with vitamins and anti-oxidants whereas the wet, caused by leaking blood vessels, needs injections.
4. Diabetic retinopathy contributes to blurred vision and responds to laser treatment.
5. Glaucoma affects peripheral vision. Genetics and age are major risk factors. It can be treated with drops and surgery.

The keys to healthy sight are: Regular Eye Checks – No Smoking – Protection of Eyes from UV – Understand Family History relating to sight – Healthy Diet of Greens.

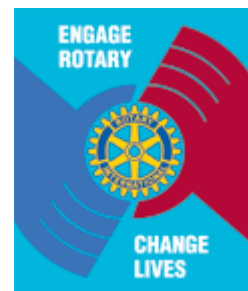
RSB has 8 offices. It has developed strategies for maintaining independence of vision affected people for as long as possible using a range of devices which Pam displayed: Large Phones – Large Print – Fit Over Glasses – Magnifiers – Large Playing Cards – Large Dose Sets – Large Remotes.....bigger, bolder, brighter.

For people with little or no sight there are various audio devices: Tactile Marketing – Books – Tape Measures – Scales – Scanners – Clothes Identifiers – Liquid Level Finders.

Adaptive technology includes voice, braille, guide dogs and activities recognition.



President Greg



John Russell thanking Pam Johnston

RSB operates a factory and relies on a large band of volunteers, and has been operating for 130 years. The importance of having regular eye checks to fix problems before they become serious was stressed.

Pam was thanked by acclamation.

Spots

Jerry Casburn announced that District Changeover will be on July 6 – attendees to reply direct as per instructions provided. RC Noarlunga East is holding its quiz night this Friday. Detmold BBQ will be held on 2 days in a fortnight's time – an email is to be sent out with the details.

Stephen Baker is coordinating the visit to Prospect Club on May 28 and urged members to respond to his email next week.

Stephen Westgarth reminded members that Stephen B is the bulletin editor and all emails regarding editorial matters should be addressed to him; and apologies should be emailed to Wendy Andrews.

Commissioner Gary Burns will be attending the POOTY Dinner at Glenelg Golf Club and Deputy Commissioner Grant Stevens the ceremony at the Rotunda next Tuesday. Thank you for the delivery of POOTY posters around the area.

Reno Elms introduced Bashar Baghdadi from Jordan who has been working with Syrian refugees and who is now volunteering with the Salvos. He asked for support for the Red Shield Appeal through donations (being matched by our club), doorknocking, kits in places of employment and collecting at Unley Shopping Centre.

Alex Jonson thanked Colin Schirmer and Ken Haines for their help in collecting goods, and requested volunteers to load the East Timor container at DIK on 24 May.

Lindsay England checked responsibility for Thrift Shop bills.

Ken Haines sought volunteers for the Bunnings BBQ on 26 May.

Sergeant's Session

Sergeant Ken Haines liaised with our guest speaker to select Graham Beckett's marble for the infernal squares. Reno was unhappy that his tidiest son was heading for North Carolina (his home will now be in complete disarray), Briony was happy with gorging on beesting cake and Valerie was delighted to be heading to Hong Kong and other parts East. Patsy owns a recalcitrant mobile.

The meeting closed at 8.07 pm.

Rotary International News

Peace Corps and Rotary kickoff historic collaboration

By Maureen Vaught - Rotary News -- 6 May 2014

In an effort to promote global development and volunteer service, Rotary and Peace Corps have agreed to participate in a one-year pilot program in the Philippines, Thailand, and Togo.

Under the agreement, Rotary clubs and Peace Corps volunteers are encouraged to share their resources and knowledge to boost the impact of development projects in these three countries.

Opportunities for collaboration include supporting community projects, training, networking, and community education. Through the [Peace Corps Partnership Program](#), Rotary clubs can continue to provide small grants to support volunteers and their communities.

Peace Corps Acting Director Carrie Hessler-Radelet and Rotary International General Secretary John Hewko signed the letter of collaboration on Monday, 5 May, at Rotary's headquarters during a ceremony that was attended by RI President Ron Burton and RPCV Rotary staff. In his remarks to the audience, Burton applauded the collaboration and both organizations' commitments to service. "Today's announcement is particularly meaningful for me because I come from a family of Rotarians," said Hessler-Radelet, referring to her father, grandfather, and aunt. "We are eager to join together in common efforts to inspire volunteerism across the country and around the world."

Hewko noted how both organizations are committed to improving lives and building stronger communities by addressing the root causes of violence and conflict, such as poverty, illiteracy, disease, and lack of access to clean water and sanitation.

The two organizations also agreed to explore expanding the collaboration to more countries based on the results of the pilot. Rotary will enlist the support of its members in recruiting Peace Corps volunteers and involving returned Peace Corps volunteers in service projects at home.



Ron Burton watches as Peace Corps' Carrie Hessler-Radelet and Rotary's John Hewko sign a letter of collaboration on a one-year pilot program in the Philippines, Thailand, and Togo.

Rotary members made collaboration possible

Hessler-Radelet credited Rotary members in the Denver area, particularly returned Peace Corps volunteers Sue Fox, Valerie Hopkins, and Steve Werner, with helping to make the collaboration possible.

The three Rotarians, who attended the signing, are members of the District 5450 Rotary-Peace Corps Alliance Committee, which has sought a formal agreement between the two organizations since 2010.

Werner said they wanted to create an official relationship to make it easier for Rotary clubs and Peace Corps volunteers to connect. "[The letter] ensures compatibility and a shared value system," he added.

Jesse Davis, one of more than a dozen Rotary employees who are returned Peace Corps volunteers, said he hopes the partnership inspires more like it around the world.

"While serving as a Peace Corps response volunteer in Panama, I found myself working with the local Rotary club on countless occasions. They were an integral partner in my work," he said.

Strengthening connections

The letter of collaboration not only officially recognizes the partnership between the two organizations, but also encourages Rotary clubs and Peace Corps volunteers to expand the connections already in place.

In Togo, Peace Corps volunteers Daniel Brown and David Gooze have teamed up with Rotary and other partners in the United States and Togo to distribute more than 5,000 soccer balls to disadvantaged youth. They are organizing 'More Than Just a Game' sessions, which use soccer as a medium to teach children about malaria prevention.

"It's just one example of how Rotary and Peace Corps can collaborate on the ground to achieve lasting impact in the communities where we work," Hessler-Radelet said.

Within the Philippines, Thailand, and Togo, Peace Corps posts and Rotary districts will coordinate at the country level with support from the headquarters of both organizations. Local Rotary clubs interested in working with Peace Corps volunteers should contact their district governors. Clubs located elsewhere should work through their Rotary counterparts in the pilot countries.

Diary Dates

Year	Month	Day	Date	Activity Details	Venue
2014	May	Thurs/Fri	29/30	Detmold BBQ	Detmold - Thursday 29/5/14 at 6pm and Friday 30/5/14 at 6am and noon
	June	Sun-Wed	1-4	International Conference	Sydney

Our Upcoming Meetings

Date	Venue	Time	Occasion	Chairman & Scribe	Set up & Welcome	Sergeant	Attendance Desk
20 May 14	Unley Rotunda	11.45am	POOTY AWARD CEREMONY				
	Glenelg Golf Club	7 for 7.30pm	POOTY AWARD DINNER Partners event	MC: D Middleton Chair: S Westgarth Scribe: S Baker	D Payne	n/a	S Evans A Jonson
Wednesday 28 May 14	The Snooty Fox	5.45 for 6.15pm	Joint Meeting with RC Prospect	Scribe S Baker	J Reed	n/a	A Jonson R Laws
3 Jun 14	Public Schools Club	6 for 6.30pm	CLUB ASSEMBLY	G McLeod	J Russell	K Haines	R Laws D Middleton

Venue: PSC = Public Schools Club

Apologies To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Meeting Chair Enquiries To: Nathan White 0424 608 699 or email to unley.vocational@rotaryclub.org.au

Venue Set-up/Bar Enquiries To: Bulletin Editor - Stephen Baker on 8379 7105

Attendance Desk Enquiries To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Saturday Thrift Shop Roster

May - June 2014

Week	Dates	Early Shift: 10am to 12.30pm	Late Shift: 12.30pm to 3.00pm
3	17 May 14	Glenys Ferguson & Joan Reed	Neesha Nandasena & Nathan White
4	24 May 14	Bob Laws & Pam Trimmer	Sheila Evans & Ken Haines
5	31 May 14	Bob Mullins & Vera Holt (for Reno Elms)	Stephen Westgarth & David Pisoni
1	7 Jun 14	David Middleton & Jerry Casburn	Bob Laws & Stephen Westgarth
2	14 June 14	Greg McLeod & Stephen Baker	Wendy Andrews & Mavis Martin

Rotarians, who are unable to attend as rostered, please arrange a swap or as a very last resort contact:

Lindsay England: 8445 8552; (M) 0408 857 775; e-mail: lengland@senet.com.au

Bunnings Mile End Barbeque Dates

ALL the Bunnings Mile End Barbeque dates are the **last Monday** of the month from 8am to 5pm.

Next Date: Monday 26 May: Morning shift 8.30am – 12.30pm Afternoon shift 12.30 – 5pm

The Voice of Rotary

Broadcast on 1197 AM RPH Adelaide each Tuesday 7.30-8.00 am

From each Wednesday the broadcast program can be heard on-line at www.rphadelaide.org.au
Information available from Rotarian Chris Hughes (Burnside); Tel: (08) 8379 4633; Mob: 0418 835 977
and John Cox (Nth Adelaide); Email: emandcee@bigpond.com



May 2014 Program

20 May	PP Norm O'Flaherty (Morialta)	Donations in Kind
27 May	Dr Cristian Birzer (University of Adelaide)	Humanitarian Technology

On the Back Page

Creation.....the real story

On the first day, God created the dog and said, "Sit all day by the door of your house and bark at anyone who comes in or walks past. For this, I will give you a life span of twenty years." The dog said, "That's a long time to be barking. How about only ten years and I'll give you back the other ten?"

And God saw it was good.

On the second day, God created the monkey and said, "Entertain people, do tricks, and make them laugh. For this, I'll give you a twenty-year life span." The monkey said, "Monkey tricks for twenty years? That's a pretty long time to perform. How about I give you back ten like the dog did?"

And God, again saw it was good.

On the third day, God created the cow and said, "You must go into the field with the farmer all day long and suffer under the sun, have calves and give milk to support the farmer's family. For this, I will give you a life span of sixty years."

The cow said, "That's kind of a tough life you want me to live for sixty years. How about twenty and I'll give back the other forty?"

And God agreed it was good.

On the fourth day, God created humans and said, "Eat, sleep, play, marry and enjoy your life. For this, I'll give you twenty years." But the human said, "Only twenty years? Could you possibly give me my twenty, the forty the cow gave back, the ten the monkey gave back, and the ten the dog gave back; that makes eighty, okay?"

"Okay," said God, "You asked for it."

So that is why for our first twenty years, we eat, sleep, play and enjoy ourselves. For the next forty years, we slave in the sun to support our family. For the next ten years, we do monkey tricks to entertain the grandchildren. And for the last ten years, we sit on the front porch and bark at everyone.

Life has now been explained to you.

One for the boys: Two women were sitting quietly together, minding their own business.

One for the girls: It's only when you see a mosquito landing on your testicles that you realise that there is always a way to solve problems without using violence.

