



Our Last Meeting

Venue	The Repatriation General Hospital
Event	Vocational Visit
Chairman	Mavis Martin
Apologies	Graham & Patsy Beckett, Valerie Bonython, Briony Casburn, David Payne
Guests	Hiro Yamamoto, Chen Chou, Genese Mullins
Returning Rotarians	DG Jerry Casburn
Attendance	13 members, 3 guests

Rotary Club of Unley Inc.

District 9520 - Chartered 17 April 1935

President: Joan Reed: 8379 8470
or 0411 714 499

Secretary: Mavis Martin: 8178 0076

Address: PO Box 18, Unley SA 5061

Email: unley.secretary@rotaryclub.org.au

Meetings: Tuesdays at 6.00 for 6.30pm

Venue: Public Schools Club
207 East Terrace, Adelaide

President Joan's Announcements

DG Jerry Casburn will be visiting the club next week and there will be a Board meeting at 5pm at the PSC.

Twilight Tour of The Repat under the guidance of Jan Chorley, Cassandra Douglas and Terry Kent



Jan Chorley the CEO of The Repat Foundation welcomed the club and noted that this was the inaugural Twilight Tour, a community connection project by the Foundation. Construction of The Repat commenced in 1942 (72 years ago) and was dedicated to the care of injured soldiers. We were meeting in the SPF building, originally called the Cheer Up Hut and built from donations by school children.

The Foundation was established 20 years ago to support The Repat through advocacy and philanthropic effort. There are three areas of excellence at the hospital:

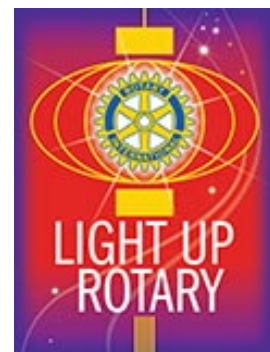
- Amputees – rehabilitation and prosthetic provision. As well as limbless soldiers, there is a growing segment of people with amputations caused by diabetes, vehicle accidents etc. Well known Gillian Hicks, victim of a London bombing, attended the clinic and is an ambassador for the hospital.
- Mental Health – treatment of acute PTSD among veterans is a priority. Jan cited the book written by Major General John Cantwell who experienced delayed but serious reaction to the loss of his soldiers in Iraq. He is also an ambassador for the hospital. Ward 17 was established 42 years ago to deal with traumatised Vietnam vets. It is regarded as one of the most successful clinics in Australia. PTSD among emergency service workers is also being tackled.
- Rehabilitation – the hospital has one of the finest rehabilitation centres in the country. Civilians are the major users, and a wide range of injuries and illnesses are catered for, including growing numbers of stroke victims.

The Foundation raises money for research and Jan mentioned the well patronised annual Anzac Gala Ball, to be the Gallipoli Ball next year. A recently completed research project commissioned by The Foundation detailed the positive effects of yoga on those suffering from PTSD.

Terry and Cassandra then took us on a tour, commencing at the Chapel. Terry described how 105 Military Hospital was established on 42 acres at this site in 1942 (opposite the Springbank Army Camp) with a grant of 3,500 pounds and assistance from the Red Cross. Colonel Le Messurier was the officer-in-charge. The Chapel was his special project, built of brick at the time of resource scarcity, with murals depicting the wars and surrounded by a commemorative garden. It continues to be well utilised.



President Joan



With some exceptions, The Repat is a landscape of old buildings which have seen better days. One stark contrast is the VITA building nearby which is a new generation care facility with 200 beds, the product of a partnership between The Repat, Flinders Hospital and ACH. To the east there is the Museum, Thrift Shop and 15-bed Hospice. The treatment and rehab facility was disappointingly closed to visitors, except for the pool. One newer piece of equipment is the virtual walking machine which assesses ambulant style and capacity.

Ward 18, newly constructed, caters for patients with dementia. Ward 17 achieves remarkable improvements in PTSD patients and has its own special garden....the rosemary in the gardens is reputed to have originated from Gallipoli. Outpatients cover 40,000 cases each year.

The impressive entrance includes the administration building with its clock tower. Orchards and vines covered the land when first established and injured soldiers were expected to work and attend the 'hallowed' Parade Ground. Flinders Uni Health Sciences has its own 'new' building. The tour also included a walk down the passages of the main hospital past the Heart Clinic, the Wards (all with special military names and plaques), and thence to the Peace Garden. When the hospital was established the ground was riddled with trenches, tunnels and bunkers to guard against enemy attack.



CEO Jan Chorley



A very fine group



Cassandra, Mavis, Terry and the Penfolds Grange

Terry and Cassandra were thanked warmly for their illuminating tour and rewarded with a bottle of Mavis's very best wine. We then adjourned to the Goodwood Park Hotel for nosh.

Spot

Bob Mullins told another truly awful joke but redeemed himself by declaring that he and Genese were celebrating their 53rd wedding anniversary.....ony a Genese.

The meeting closed at 8.20pm at the Goodwood Park Hotel.

Rotary International News

Restoring vision to hundreds in China

By Ryan Hyland - Rotary News -- 29 Oct 2014

Seeing an elderly Tibetan woman weep with joy when cataract surgery restored her vision after 10 years is the kind of moment Dave Razo will never tire of.

For several summers Razo, a member of the Rotary Club of Warner Robins, Georgia, USA, traveled to rural northwest China with a team from Georgia-based nonprofit Gansu Inc., to provide free sight-restoring cataract surgery to some of the country's poorest residents. In 2012, after 22 years and 6,000 successful procedures, Gansu's founder, ophthalmologist William Conrad, retired and discontinued the organization's operations.

But Razo didn't want the effort to end. He had seen how life-changing the surgery could be, not only for the patients but for their families and their community.

"When you see the face of someone who regains their sight for the first time in years, you can't help but share their overwhelming happiness and gratification," says Razo, who is a retired U.S. Air Force pilot. "There was so much good work done by Dr. Conrad and his organization that I felt I could continue his legacy through Rotary."

Cataract, a clouding of the lens of the eye, is responsible for an estimated 2.5 million cases of blindness in China, nearly half of the country's blind population. In rural areas, blindness can be a death sentence for villagers who must walk dangerous mountain trails to obtain food and water.

Nearly half of China's population lives in rural areas, without access to the same health care as urban residents. With its huge population of older people, China is likely to face a growing backlog of people in need of cataract surgery, Razo says. "Chinese families in these regions are close knit, and three or four generations often live together. So giving sight to a patriarch or matriarch has a multiplier effect for the family and the community," he says.



400 citizens in northeast China received free cataract surgeries in 2013 thanks to efforts by the Rotary Clubs of Warner Robins, Georgia, USA, and Shanghai, China.

Razo turns to Rotary to continue the project: During one of his missions with Gansu, Razo had met Frank Yih, of the Rotary Club of Shanghai. Yih, is chair of the nonprofit HuaQiao Foundation, which provides in-country logistical support for international charities. When Gansu closed its doors, Razo's Rotary club and the Shanghai club partnered to fund cataract surgery for 400 people at two hospitals in the northeast provinces of Shandong, Gansu, and Qinghai, as well as remote areas closer to Shanghai.

The clubs raised a total of \$46,000, including \$21,000 in matching funds from The Rotary Foundation. The surgeries, each of which cost about \$110 and took about two hours, were completed in June. The Shanghai club collaborated with Vision in Practice, an organization that provides surgical training, consultation, and assistance to eye care institutions and professionals, to oversee the procedures and assist hospital staff.

Yih says the grant project has introduced a low-cost, high-quality cataract surgery model into the Chinese health care system, and he hopes his club can help expand the effort.

"If this type of surgery and outreach can be integrated nationwide, millions of elders in the rural villages can enjoy the benefit of regaining their vision through affordable operations," says Yih. "This will ease the burden of our country's health care dramatically."

Our Upcoming Meetings

Date	Venue	Time	Speaker/Occasion	Chairman	Set up & Welcome	Sergeant	Attendance Desk
25 Nov 14	PSC	6 for 6.30pm	DG Jerry Casburn Official Visit – Partners Event	J Reed	S Baker	K Haines	R Laws G McLeod
2 Dec 14	PSC	6 for 6.30pm	AGM Assembly	J Reed	G Beckett	K Haines	G McLeod D Middleton

Venue: PSC = Public Schools Club, 270 East Terrace, Adelaide

Apologies To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Meeting Chair Enquiries To: Secretary Mavis Martin 81780076 0408 399 834 or email to unley.secretary@rotaryclub.org.au

Venue Set-up/Bar Enquiries To: Bulletin Editor - Stephen Baker on 8379 7105

Attendance Desk Enquiries To: Wendy Andrews by **e-mail** to unley.attendance@rotaryclub.org.au or in an emergency on 8377 7830

Saturday Thrift Shop Roster

November – December 2014

Week	Dates	Early Shift: 10am to 12.30pm	Late Shift: 12.30pm to 3.00pm
4	22 Nov 14	Bob Laws & Pam Trimmer	Sheila Evans & Ken Haines
5	29 Nov 14	Bob Mullins & Reno Elms	Stephen Westgarth & David Pisoni
1	6 Dec 14	David Middleton & Lalita Lopez	Bob Laws & Stephen Westgarth
2	13 Dec 14	Greg McLeod & Stephen Baker	Wendy Andrews & Mavis Martin
3	20 Dec 14	Glenys Ferguson, Joan Reed	Nathan White, Neesha Nandasena & Hiro Yamamoto

Rotarians, who are unable to attend as rostered, please arrange a swap or as a very last resort contact:

Ken Haines 83325138; (M) 0417 896 261; e-mail: kj.haines@bigpond.com

Diary Dates

Year	Month	Day	Date	Activity Details	Venue
2014	Dec	Sun	14	Carols in the Rotunda	Unley Rotunda
2015	Apr	Thu-Sun	16-19	District 9520 Conference	Ballarat, Victoria
	Jun	Sat-Tue	6-9	Rotary International Convention	Sao Paulo, Brazil

The Voice of Rotary

Broadcast on 1197 AM RPH Adelaide each Tuesday 7.30-8.00 am

From each Wednesday the broadcast program can be heard on-line at www.rphadelaide.org.au
Information available from Rotarian Chris Hughes (Burnside); Tel: (08) 8379 4633; Mob: 0418 835 977 and John Cox (Nth Adelaide); Email: emandcee@bigpond.com



November – December Program

25 Nov	PP Kevin Roberts (Rtd)	A Long Term Experience in Rotary
2 Dec	PP Michael Moore (Edwardstown0	A Bookshop and Community Centre
9 Dec	Rtn John Kennedy (Magill Sunrise)	Rotary and Local Government
16 Dec	PP David Hunter (Port Adelaide)	The Club Art Show
23 Dec	Trevor Richardson	White Ribbon Ambassador
30 Dec	Rtn Julie Campbell (Adelaide Light)	Soles4Shoes

Bunnings Mile End Barbeque Dates

ALL the Bunnings Mile End Barbeque dates are the **last Monday** of the month from 8am to 5pm.

Next Date: Monday 24 November

Morning shift: 8.30am – 12.30pm

Afternoon shift: 12.30 – 5pm

On the Back Page

Classes for Women at the Adult Learning Centre

Delivered by Guys now in the US Witness Protection Program

Class 1

Up in Winter, Down in Summer - How to Adjust a Thermostat Step by Step, with Slide Presentation.

Meets 4 weeks, Monday and Wednesday for 2 hrs, beginning at 7:00 PM.

Class 2

Which Takes More Energy - Putting the Toilet Seat Down, or Bitching About It for 3 Hours?

Round Table Discussion. Meets 2 weeks, Saturday 12:00 for 2 hours.

Class 3

Is It Possible To Drive Past a Big W Without Stopping?

Group Debate. Meets 4 weeks, Saturday 10:00 PM for 2 hours.

Class 4

Fundamental Differences Between a Purse and a Suitcase--Pictures and Explanatory Graphics.

Meets 3 weeks, Saturdays at 2:00 PM for 2 hours.

Class 5

Curling Irons - Can They Levitate and Fly Into The Bathroom Cabinet? Examples on Video.

Meets 4 weeks, Tuesday and Thursday at 7:00 PM for 2 hours.

Class 6

How to Ask Questions During Commercials and Be Quiet During the Program

Help Line Support and Discussion Groups. Meets 4 Weeks, Friday and Sunday 7:00 PM for 3 hours.

Class 7

Can a Bath or Shower Be Taken Without 14 Different Kinds of Soaps and Shampoos?

Open Forum. Meets Monday at 8:00 PM for 2 hours or as long as it takes.

Class 8

I Was Wrong and He Was Right! - Real Life Testimonials.

Meets 10 weeks, Tuesday at 6:00 PM for 3 hours. Safe location to be determined.

Class 9

How to Parallel Park in Less Than 20 Minutes Without an Insurance Claim. Driving Simulations.

Meets 20 weeks, Saturday at noon for 2 hours.

Class 10

Learning to Live - How to Apply Brakes Without Throwing Passengers Through the Windscreen.

Meets 4 weeks (subject to review), Tuesday at 7:00 PM for 2 hours, location to be determined.

