



Rotary Club of Unley Inc.

District 9520 - Chartered 17 April 1935

President: Ken Haines: 08 8332 5138 or 0417 896 261

Secretary: Greg McLeod: BH 08 8223 3999 or AH 0417 811 838

Address: PO Box 18, Unley SA 5061

Email: unley.secretary@rotaryclub.org.au

Meetings: Tuesdays at 6.00 for 6.30pm

Venue: Damien on Fisher, 123 Fisher Street, Fullarton SA 5063



President Ken Haines

Our Last Meeting

Venue:	Damien on Fisher
Event:	Club Assembly
Chairman:	President Ken Haines
Apologies:	Reno Elms, Sheila Evans, Geoff Hill, Mavis Martin, Bob Mullins, Joan Reed
Visiting Rotarians:	Dennis Liddle (Stirling), Sarah Walsh (Glenelg)
Returning Rotarians:	Briony Casburn, Lindsay England, Heather Kilsby
Attendance:	21 Members 2 Guests

President Ken's Announcements

- The Thrift Shop frontage is looking good after the paint on Sunday
- There are too many fire extinguishers in the Thrift Shop – to be followed up

Sarah Walsh from RC Glenelg announced that the annual *COLD PLUNGE* in the waters off Glenelg will be held at 11am on Sunday 28 August. Sarah was seeking more victims and plenty of sponsorship with the proceeds to benefit a number of worthy causes. Jerry indicated that he would be willing to sacrifice himself for the right price.



Club Assembly

Reports provided

Membership – Jerry Casburn

The recruitment of new members from the Helping Hands project continues.....there are another 6 people who have displayed interest in Unley Rotary who are being followed up. It is planned to have another recruitment drive in October using *Days for Girls* as the theme and assembling sanitary kits in Unley Shopping Centre. There was a strange suggestion that men should be used on the sewing machines.

Community Service – Wendy Andrews

It is pleasing that renovation of the 4 rooms at Catherine House (to which we contributed \$5000 for furniture) has been completed. There is a literacy enhancement program underway involving a number of local primary schools in a 200 word essay competition to be judged by the Unley Library. A number of potential projects are under active consideration including: funding of breakfast for school children in need; support for Food Bank; and 5 Red Cross programs for the poor and homeless. It is likely that the club will actively support the Hutt Street program run by Ian Cox.



The Board – a very fine body..... but missing a few key chess pieces

Vice President – Trevor McGuirk declared himself the purveyor of club smoothness.....mmmmmmmm

International Service – Graham Beckett likened himself to a squash ball.....mmmmmmmm

Graham's overseas program for this year includes mosquito netting under the RAMS program, water supply and purification (RC Norwood has a project in Fiji), Days for Girls, Overseas Specialist Surgical Association, Rotary Foundation (Centurion Club) and maximum support for the upcoming Peru project. Briony mentioned that the club had already funded 22 cleft lip reconstructions in Bangladesh.

Vocational and Youth - Heather Kilsby

The club is sponsoring an exchange student into France. Additional support has been provided to our recent NYSF student to study in Germany. Police Officer of the Year (POOTY) is again being pursued, with the ceremony to be held in Rundle Mall on a Friday; sponsorship is being sought. Programs to support disadvantaged youth will be examined.

Treasurer and Thrift Shop Manager – Pam Trimmer

The club is in excellent financial shape with \$140,000 in the bank as at July. The Thrift Shop continues to thrive with increasing returns. On August 11 a meeting of volunteers (38 acceptances) will be held at Damien's. New initiatives for the shop are in train, including window displays and animated signs. Margaret Bosisto is receiving additional help and is delighted.

Spots.....like a small outbreak of measles

Jerry Casburn reported that he and Briony had visited 4 Rotary clubs during their overseas trip and presented President Ken with banners from Corstorphine (Scotland, as everyone would know), New York and Harlem (somewhere in the US).

Patsy Beckett and Valerie Bonython displayed themselves in 1950s travelling garb to announce/punctuate the forthcoming car trial on 23 October.....great wardrobe girls

Patsy exhorted everyone to sign up for the proposed club excursion to Tasmania on 16-21 March 2017. The special \$1000 deal needs 24 participants, and Group 6 clubs are being approached to join in. Commitments are needed now before the deal expires.

Trevor McGuirk revealed that he and Robyn had stood at the door of the RC Norwood Dance Extravaganza freezing theirs off while collecting entrance fees, with proceeds of \$3800 to support the Peru project.



Guess Who!

Stephen Baker reported that the celebration of Martin Cooper's life will be on 12 August at 3.30pm at Charles Berry & Son Funeral Home, Magill. In lieu of flowers, Martin's favourite charity was Guide Dogs SA.

Stephen also thanked those that helped with the painting of the Thrift Shop exterior on Sunday.

David Middleton explained that a partnership had been formed with the Unley Concert Band which would take responsibility for stage performance at this year's Carols at the Rotunda. An initiative to join with Council in the provision of a stage which could be used for this and other functions at the Rotunda is being examined.



Unley Picasso's Greg,
Graham, Stephen & Jerry

Sergeant's Session

Sergeant Bob Mills somehow allowed Wendy Andrews to again win the atrocious squares.....the drought has really broken. She and Greg have been seen comparing notes recently. Happiness comes in strange forms. Pam had her relatives in tears in Tasmania because they could not make her 70th birthday party. Heather stuffed up her computer by failing to accept an excellent offer of Windows 10 upgrade. Briony was pleased that nothing was stolen in the break-in at their home while she and Jerry were overseas but on reflection thought that it was a bit mean.....nothing worth stealing. Really good news was that Lindsay has passed his tests (medical) with flying colours.....but he still cannot run the 100 metres in 10 seconds

The meeting closed at 7.57pm.....sad to report that the Prez is building up brownie points for finishing on time.

Into the woods for project ideas Barbara Brotman The Rotarian 1 Aug 2016

We stood in a circle in a forest preserve on Chicago's Northwest Side and got our marching, or chopping, orders: We were to chop down only those shrubs which were marked with orange, to make sure we didn't take down vegetation being saved for birds. Then off we went, saws and loppers in hand, to spend the morning helping return a piece of woodland to its wildflower-carpeted glory.

Welcome to a habitat restoration workday.

How to explain the appeal of such an event, which is, after all, work? Think of it as a little like gardening. Then add in a field class on nature and a sociable morning around a bonfire.

You spend some time outdoors. You meet people; you make friends. "This has turned into my second family," Heather Gustafson, a regular here, told the group before we began our morning's labors.

Oh, and you help the planet.

This piece of the planet was LaBagh Woods, part of the Forest Preserve District of Cook County, Ill. Beloved by birders, who have counted 186 species here, the spot is a uniquely positioned green space along the North Branch of the Chicago River where migrating birds can rest. It comprises six distinct ecosystems and has recorded 19 mammal species, four turtles, two snakes, more than 30 butterflies, and over 100 plant species.

But parts of the preserve have been overrun by invasive plant species like buckthorn, which forms dense thickets that block out the sun needed by wildflowers to bloom on the forest floor.

Under a Centennial Volunteers grant from the National Fish and Wildlife Foundation, a partnership encompassing the Forest Preserve District of Cook County, Friends of the Forest Preserves, the Chicago Ornithological Society, and Friends of the Chicago River has joined longtime site stewards from the North Branch Restoration Project to bring the area back to ecological health.

"We've been doing brush removal, seed collecting, seed dispersal, and trail work," says Josh Coles, field organizer for the Centennial Volunteers initiative along this stretch of river.

As we labored, we beheld the surrounding nature. Jeff Skrentny, a birder who is one of the project's leaders, pointed out a red bat hanging from a tree as it slept, looking like a cross between a leaf and a mouse. Volunteer coordinator Cecil Hynds-Riddle held up a wriggling crawfish.

Still, this was urban nature. The air was filled with the roar of planes approaching O'Hare International Airport and the hum of highway traffic.

Aqsa Junagadhwal can't get enough of this. A junior at Loyola University Chicago majoring in conservation and restoration ecology, she started volunteering here because it was near her house. She has become such a devoted regular that she led a tree-cutting-for-beginners session for us newbies.

"The people are so knowledgeable about the birds and the wildlife. I learn something new every day," she says.

For Pete Leki, a longtime co-steward of a part of the preserve, the work has a near-mystical power. "It's creative; it's peaceful; it's exhausting," he says. "You get meditative."

Studies have found that spending time in nature alleviates stress, reduces depression, improves focus, and may even boost the immune system. In children, playing outside has been found, along with increasing levels of fitness, to improve cognitive functioning, reduce stress, and improve distance vision.

Many Rotary clubs hold similar workdays. In Southern California, the Rotary Club of Solana Beach is partnering with other groups to remove invasive species and plant native flora around Lake Hodges, a reservoir in San Diego County. Besides helping restore the native ecology, the project is reducing the amount of eucalyptus that could fuel wildfires.

"It's extremely satisfying," says Bill Dean, the club's service chair. "We're an eco club. Our whole focus is to make a life that is more sustainable and do things that will make sure we're going to be living on this planet a longer time.

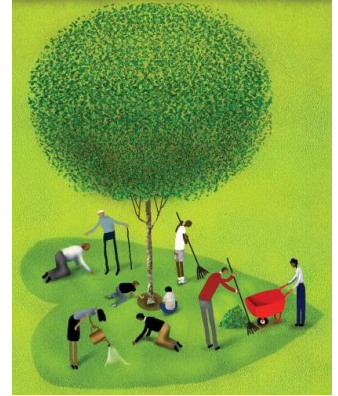
"We gather together as a group every month and we go out, we work together, we laugh, we talk, so there's that whole social element, framed in the fact that we're doing something that is meaningful to us."

The surroundings aren't bad, either. "It's a beautiful area to be working in," he says.

The scenery also sounds decent at the workdays of the Rotary Club of Vero Beach Sunrise. The Florida club does its habitat restoration on the water.

Concerned that boat propellers were destroying ecologically crucial seagrass in the Indian River Lagoon, past President Paul Dritenbas led his club and the Rotary Club of Vero Beach in creating a team that designed and installed signs that float on buoys – conventional boating signs tethered to the bottom would have further damaged the seagrass – to alert boaters about the vulnerable grasses.

The clubs also work with the Coastal Conservation Association to take volunteers out onto the water to set in place oyster mats – assemblages of oyster shells where free-floating oyster larvae can attach and grow. The clubs and local advocacy groups assemble the mats throughout the year and place them in the lagoon in May and September, which are peak spawning periods for the native oysters.



"We load the mats onto our boats, go out, and have a nice day on the lagoon," says Dritenbas, a licensed fishing captain. "We involve science students, from elementary through high school, and local volunteers concerned about helping to improve the water quality in the lagoon. We all love going out to place the mats and get wet.

"It's fun, and our volunteers get great satisfaction by helping out," he says. "After we return to the docks, we have hot dogs and hamburgers under the pavilions."

That's nice, but hot dogs and hamburgers? At LaBagh, we dined on homemade bread and vegetarian chili, courtesy of Linda and Dennis Marton, who wheeled in their goodies on a wagon.

We snacked happily and talked. "It's like a celebration every week," Hynds-Riddle says. And the socializing is not merely an enjoyable byproduct of habitat restoration, but part of a workday's central mission.

"To foster a stewardship community, you have to focus on community outreach – on how to reach people, make these workdays a social gathering, make them fun, make them a place where people meet friends and want to come back," says Coles, whose role with Centennial Volunteers is to do just that.

"Of course the ecological goal is why we all go there. We all love nature and want to see it get healthier. But really, the human connection to nature is why it's so important."

Our Upcoming Meetings

Date	Venue	Time	Speaker/Occasion	Chairman	Set-up & Welcome	Sergeant	Attendance
9 Aug	Damien on Fisher	6 for 6.30pm	My Road to Rotary – New Members Stories	PTrimmer	MSmall	Mavis Martin	B Casburn
16 Aug	Damien on Fisher	6 for 6.30pm Large Room	'Water conservation for the tough times' Colin Pitman	SBaker	NWhite	Mavis Martin	B Casburn
23 Aug	Damien on Fisher	6 for 6.30pm	Hutt St Project Ian Cox	MMartin	WAndrews	Bob Mills	J Casburn
30 Aug	Damien on Fisher	6 for 6.30pm	Mary Potter Hospice Cathy Murphy	MSmall	SBaker	Bob Mills	JCasburn

Usual Meeting Venue: Damien on Fisher, 123 Fisher Street, Fullarton SA 5063

Apologies to: Wendy Andrews by e-mail to wendyjoyandrews@gmail.com or in an emergency on 8377 7830

Meeting Chair Enquiries to: Secretary Greg McLeod on 0417 811 838 or email to unley.secretary@rotaryclub.org.au

Venue Set-up/Bar Enquiries to: Acting Bulletin Editor – David Middleton on BH 8377 7795 or M 0417 835 564

Attendance Desk Enquiries to: Wendy Andrews by e-mail to wendyjoyandrews@gmail.com or in an emergency on 8377 7830

Upcoming Events

Saturday 20 August 2.00pm: Proms Variety Concert Adelaide Town Hall Followed by dinner at the Treasury bistro/bar (purchase own ticket for concert, but we need to know numbers to book at Treasury).

Sunday 23 October: Car cruise trial.....for those with brains and driving skill.

Terrific trip to Tassie 16-21 March **Return flights with Virgin, departing late morning/ early afternoon via Melbourne**

Thursday the 16th Transfer to accommodation at Hadley's Orient, a historic central Hobart hotel with breakfast daily

Friday the 17th Port Arthur- return transfers from hotel, includes entry, lunch at leisure

Saturday the 18th Salamanca markets in the morning, ferry to Mona, includes entry, lunch at leisure

Sunday the 19th Morning coach transfer to Strahan, one night at Strahan Village including breakfast

Monday 20th World Heritage Cruise with private transfers

Monday 20th Coach transfer to Hobart, one nights accommodation including breakfast, dinner at leisure (dinner visit to either Adelaide Central Rotary Club or Sandy Bay Rotary Club)

Tuesday 21st Transfer to airport, midmorning flight home

COST: Estimate at \$1000 per person based on 24 person rate - final numbers dependent.

Deposit of \$500 to secure flights and a place on this trip

Saturday Thrift Shop Roster

Week	Dates	Early Shift: 10am to 12.30pm	Late Shift: 12.30pm to 3.00pm
1	6 Aug 16	David Middleton & Jerry Casburn	Bob Laws & Robyn Carnachan
2	13 Aug 16	Greg McLeod & Stephen Baker	Wendy Andrews & Mavis Martin
3	20 Aug 16	Joan Reed & Nathan White	Pam Trimmer & Ken Haines
4	27 Aug 16	Bob Laws & Pam Trimmer	Sheila Evans & Ken Haines
5		Bob Mullins & David Pisoni	David Pisoni & Lachlan Reid

Rotarians, who are unable to attend as rostered, please arrange a swap or as a very last resort contact:

Pam Trimmer (T) 8293 2612; (M) 0415 238 333; e-mail: pamela.trimmer@bigpond.com

Bunnings Mile End Barbeque

ALL the Bunnings Mile End Barbeque dates are the **last Monday** of the month from 8am to 5pm

Next Date: Monday 29 August

Morning shift: 8.30am – 12.30pm

Afternoon shift: 12.30 – 5pm

The Back Page

HOT DOG

Two Irish nuns have just arrived in USA by boat, and one says to the other, "I hear that the people in this country actually eat dogs."

"Odd," her companion replies, "but if we shall live in America, we might as well do as the Americans do."

As they sit, they hear a push-cart vendor yelling, "Hot Dogs, get your dogs here," and they both walk towards the hot dog cart.

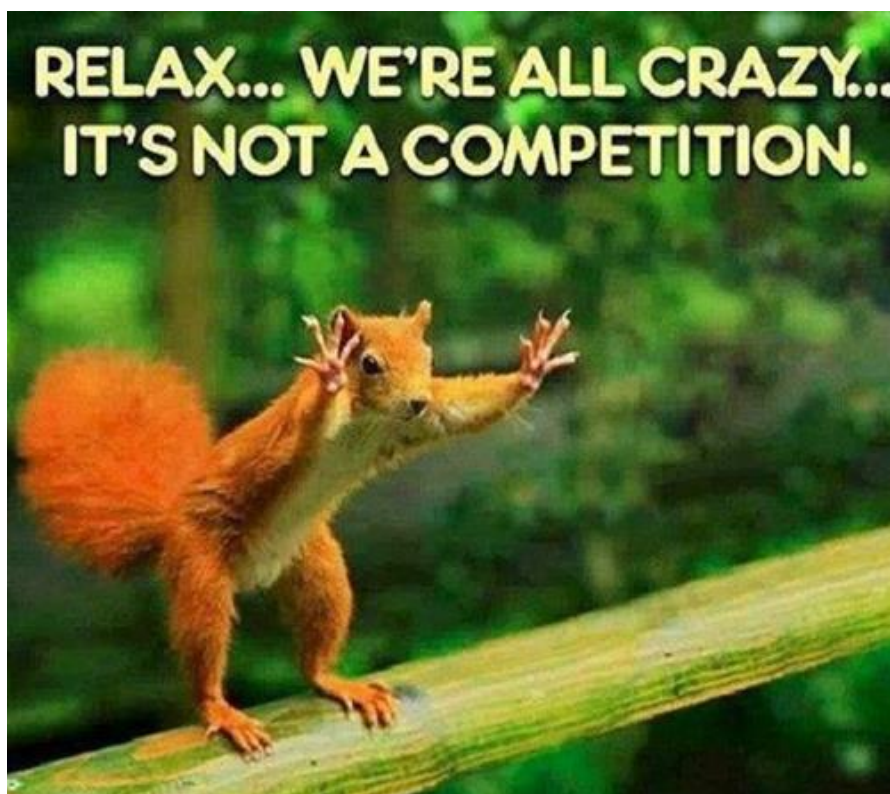
"Two dogs, please!," says one.

The vendor is very pleased to oblige, wraps both hot dogs in foil and hands them over.

Excited, the nuns hurry to a bench and begin to unwrap their 'dogs.'

The mother superior is first to open hers. She begins to blush, and then, after staring at it for a moment, leans to the other nun and in a soft brogue whispers:

"What part did you get?"



*I went to the doctors the other day and I said, 'Have you got anything for wind?'
So he gave me a kite.*

Rotary



ROTARY
SERVING
HUMANITY