

District Governor's NEWSLETTER

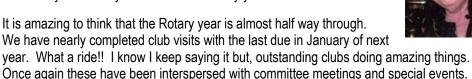
December
is the
Family
of
Rotary
Month

A Monthly Bulletin of District 9520

Issue: 6 - December 2014

Jerry's Jottings ...

We start with sad news in this month's newsletter with the passing of Pam Sandercock, after a short illness. Pam and Peter have both served their community and Rotary well over the years and our thoughts are with Peter and the family. Pam's life was celebrated with Mass at the Our Lady of Victories Church in Glenelg, another community which they have served for many years.



Probably the event with the largest impact came just a few days ago when Briony and I attended the White Ribbon Day Breakfast at the Convention Centre in Adelaide. The guest speaker was Lieutenant General David Morrison, Chief of Army. Not unnaturally he spoke of the abuse of women in the services at the hands of men with little conscience.



It was shocking to be reminded that one woman every week dies at the hands of a partner. For those who do not know, globally, White Ribbon is the world's largest maleled movement to end men's violence against women. Originating in Canada in 1991, White Ribbon is now active in more than 60 countries. I was asked at the beginning of the year to become a White Ribbon Ambassador but did not follow it through, I now will, having realised that it is up to all of us to stop this.

The month has been packed with memorable events, we attended the 50th anniversary of Strathalbyn Rotary, a sixties event with flares, kaftans and flowered shirt being retrieved from wardrobes. It was a fun event presided over by Jim Pilkington and his team.





As I write this opening we are also planning to attend another anniversary with Morialta Rotary which celebrates 30 years of service to the community.

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The end of October saw the celebration of the marriage of Cecilie (nee Christianson) and Tyson Cardwell. The ceremony was held at the St Francis Winery in Reynella on a glorious sunny day. Cecilie is a member and Past President of the Flinders Rotaract club and now serves the District as our Rotaract Representative. We wish them a long and happy marriage with lots of little Rotarians to come later.

The plans for our new Rotaract club are progressing and we are on the cusp of chartering the new Rotaract club supported by the Group 7 Rotary clubs. The new group is establishing plans for the programs they want to support as well as plans for building a strong club. More news to follow later, but my thanks, again, to Stephany Martin and Cecilie Cardwell. Also, thanks go to Mina Ward (Magill Sunrise), AG Scott Nicholls who were, with

energy and enthusiasm, helping it all happen. The influx of Rotaractors to the Flinders club, recruited from the RYLA attendees for this and other years has also fuelled new enthusiasm. November will see representatives attend a training weekend at Calperum designed to provide similar training to the Rotary Leadership Institute.

The program has been co-ordinated by Damian Leach with support from those previously mentioned.

This month the training team spent a weekend in Mildura running a Specialist Training day for the Group 1 clubs. It was a great weekend, with attendees from the Mildura and Broken clubs in Group 1.

Ably organised by Lesley Mitchell (Assistant Governor) and Damian Leach, the training went very smoothly.

Put together by Immediate Past District Governor Wendy Gaborit and assisted by the Rotary Clubs of Murray Bridge and Mobilong we were able to celebrate Dr Felice Jacka becoming a Companion of Australian Rotary Health. There is more on this and other items later in the Newsletter.

Plans are progressing for the D9520 Rotary Race Day, currently scheduled for May 9th, 2015. Oleh Bilyk and Roy Armstrong lead the pack and have the bit between their teeth. I look forward to being in the winner's circle as we get to the home stretch.

In conclusion Briony and I would like to wish all of our Rotarians, their families and friends across District 9520 a very Merry Christmas and successful New Year as we all "ENJOY ROTARY AND HAVE FUN".

Governor's Travels
Into
Several Remote
Parts of the District





Good Life at Strath



Good Times at Encounter Bay



Good Work at Waikerie



Good Tour in Mildura







Good Race on River Angas

A Message from RI President

In Rotary, December is Family Month. Looking back on my years as a Rotarian, I have seen how important family is in Rotary – and how important Rotary can be to our families.

My wife, Corinna, chose to join Rotary just a few months ago, after many years as a Rotary spouse. All three of our children are also Rotarians. All of them joined their own club, in their own time. All of them have found unique interests in Rotary. As we have watched them find their own paths, we have been struck by how wonderful it is to have so many members of our family involved in Rotary service.

I hope that in this Rotary year, many of you will encourage your family members to join Rotary, Rotaract, or Interact. Bringing your family into Rotary doesn't just Light Up Rotary – it lights up your own lives as well.

This District Newsletter I thought I would have a Christmas theme that linked with Rotary, so here it is.

About ten years ago my mother decided to write her memoirs and to my surprise, when I joined Rotary, she gave them to me from which I have drawn this story. She passed away in July 2013. I don't really remember how old I was at the time, probably about eight years, brothers Chris six and Mark four, but I do remember the event. I will now copy her words which she typed on an old typewriter.

"As Christmas drew near to obtain that which the children requested such as a two wheeler bike. I would scout the newspapers looking for one that had been reconditioned for sale and then check them out, by going to the house of those wishing to sell and offer them the price that I could afford. Because of that, I was able to give the children the one thing that they wanted the most. One Christmas Chris asked for a see-saw, it was beyond my capacity to give him one, yet out of the blue a member of Rotary had made and donated one. I could hardly believe it when they rang me to say they would be delivering it Christmas Eve to our home. When the children awoke on Christmas morning they found the see-saw on the back lawn, to their delight. When they had outgrown the see-saw we donated it to a Children's

Briony's Blog



Home situated in the foothills of Adelaide. To this day I have wondered how it could have happened.

There have been many mysteries in my life and I like to think of them as my guardian angel, who comes to see me in my time and hour of need."

That was fifty three years ago, I remember it was a blue see-saw and it not only went up and down, it whizzed around as well. So Rotarians, the Christmas cheer you are planning to bring the many in need will never be forgotten by those who receive it.

Merry Christmas everyone.

19TH OCTOBER 2013

ROTARY BOOK EXCHANGE

ROTARY CLUB OF EDWARDSTOWN

By Jeff Hollands

Following fourteen and half years of successful trading near the Marion Shopping Centre, some \$380,000- was raised for the Clubs local and overseas service projects. In early 2013 the Club decided to forgo its lease and accept an offer of a very good payment of funds in exchange.

Our members felt we could continue our Bookshop elsewhere on a profitable basis if we could find another property which would keep our cost structure lower than previously. We were then fortunate to locate a vacant kindergarten building owned by the Marion Council whom we then successfully negotiated with. The Book Exchange then recommenced trading in mid-July 2013 at the corner of Aberfeldy Avenue and Towers Terrace in Edwardstown.

To strengthen the Clubs relationship with the Council we have endeavoured to make the Book Exchange into more than just a bookshopmore a community centre where clients can come in, have someone to talk to, purchase a good quality cup of coffee as well as have free access to the internet on the two computers that have been installed. Additionally we are working towards leasing from the Council a community building on the northern end of the Book Exchange property to be used by the community which will further enhance the community centre ideal.

The Book Exchange in the new location is generating very good sales of





some \$5,000- per month and realising good profits for the Club's projects. The shop is capably managed by Rotarian Lyle Strachan who is assisted by Club and other volunteers for 3 days each week.

It is open from 10AM to 4PM on each week-day (except Tuesdays) and on Saturdays.

This new building which we have extensively renovated/improved/decorated is larger than our previous shop and is better set out. The shop stocks a large selection of very good quality books of all types including jig-saws and DVD's .It meets the needs of many clients who come from northern and southern outer suburbs due to the demise of other bookshops around the suburbs. Visitors include many members of other Clubs who support us with book donations on a regular basis. Clean and good quality donations of books are welcomed at all times.

To learn more visit: http://www.edwardstownrotary.org/bookshop.html







A Tribute to Pam Sandercock

By PP Judy Shipp RC of Holdfast Bay

Pam filled our lives with a warmth that showed every time you met her.

Her devotion to her family and grandchildren, her love of flowers, an interest in horse racing and her ability to pick a winner were all gifts she possessed and shared.

Pam served as part of a teaching team at Sacred Heart College for over 17 years, and still kept in touch with her many friends there.

Pam supported Peter in his year as District Governor and made many new friends, no matter where Rotary took them, it was always with the warmth of Pam's beautiful smile that made you feel you had made a true friend.

For the guiet chuckle, the warm smile, the ability to set people at ease, we say farewell, and give thanks to a wonderful lady, Pam Sandercock, who gave so much to all who knew her. Deepest sympathy goes to Peter and all the family.











What Paul Harris said:

Selfish or Unselfish?

"The purposes of early Rotary have been frequently described as selfish, and so indeed they may seem to have been.

Whether a member was selfish or unselfish depended, of course, upon where he found his happiness. If he found it primarily in gaining advantage for himself, he was selfish. If he found it in helping friends, he was unselfish. Naturally both types of mind were represented in the early days of club number one, as is true everywhere."



Rotary Wheel 1906

Many early clubs were very active in the practice of "boosting" or sharing business leads, a practice that was wide spread in the early years. Examples of research on this subject are being worked on at Rotary Global History. There is no record of Paul Harris condemning this practice, but rather emphasizing other positive areas in which the members might find interest.



His writing, speeches and leadership all point to inspiring Rotarians to accept challenges to meet needs in the world around them. If you read his many speeches from the conventions, found at Rotary Global History, you'll find a gentle leader ever guiding Rotary to more responsible actions.

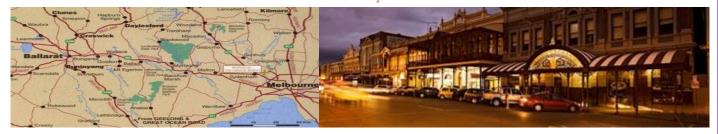
And that's a History Minute from Rotary Global History

Paul P. Harris,

Page 15, Adventures in Service, 1946

District Conference, Ballarat, Victoria

16th - 19th April 2015



We are One!

Make it a holiday!

Beautiful and Historical Ballarat, so much to see and so much to do!

For More information: www.facebook.com/RotaryClubOfUnley, or Email: unley.secretary@rotaryclub.org.au



Visit Conference Web Site:

http://www.rotary9520conference.org.au/index.html

How to Register

Registration Opening and Closing Dates

- Registrations opened on 1 October 2014
- Early Registrations close on 15 January 2015
- Standard Registrations close on 28 February 2015
- Late Registrations are from 1 March 2015
- Registrations close on Monday 6 April 2015

What Full Conference Registration Includes

- Welcome Reception on Thursday 16 April
- Plenary Sessions on Friday 17, Saturday 18 and Sunday 19
- Morning Teas on Friday 17, Saturday 18 and Sunday 19
- Box Lunches on Friday 17 and Saturday 18
- Conference Dinner on Saturday Night 18 April

Check-out and Book Tours and Coach Transfers

- See the Coach Tours page for details of sight-seeing tours and coach transfer options.
- Some of the tour options include admission to Ballarat attractions, such as Sovereign Hill.
- If you respond "Yes" for coach transfer to/from the Conference Dinner but haven't secured accommodation as yet, please advise the Conference Registrar of your accommodation details at your earliest convenience. You will be notified regarding the location of your coach pick-up point.

Complete a Registration Form

- Download and print a copy of the Registration Form.
- Complete all required parts of the Registration Form.
- Be sure to tell us if there are any included Conference events you won't be participating in.

- Post or email your completed Conference Registration form together with your payment to the Conference Registrar.
- Be sure to include all your bookings for optional tours and coach transfers, particularly the coach transfer to the Conference Dinner.

Confirmation

- Confirmation of your Conference registration will be posted or emailed to you within 10 days of us receiving your Registration Form and payment. You will be advised of any under/over payments.
- Please contact the Registrar if you do not receive confirmation of your registration and bookings.

Cancellation

- Registrations may be cancelled by providing written notice to the Registrar by 6 April 2015.
- A Cancellation Fee is payable on any cancellations after 6 April 2015.
- The cancellation Fee is \$25 plus any unrecoverable payments made for booked tours, coach transfers and Conference social events.
- Contact the Registrar
- If you have any queries about your registration or payment, please contact the Conference Registrar:
- Post: Mrs Melda Hammond, 8 Hall Crescent, Burton SA 5110 Tel: 08 8280 6314 Email: hammond.melda@hotmail.com
- General enquiries regarding the Conference can be emailed to rotary9520conference@rotaryclub.org.au.



THE FAMOUS DUCK RACE

ROTARY CLUB OF STRATHALBYN By Jim Pilkington

Our first Duck Race was held on the 21st of May 1989 as a part of Strathalbyn townships 150th celebrations.

Whilst a group of members were involved, we regard past member Frank Clennett as the brains behind the Duck Race.

Clearly Frank and others saw the idea as something that could be ongoing and planned well accordingly.

We have recorded that the ducks and initial set up costs amounted to \$1,340- and the prizes totalled \$700-. A profit of \$1,658-70 was recorded. Pretty good for an inaugural event in 1989! Every year since then thousands of little yellow bath ducks have assembled in the town's central park on Duck Race morning and raced in unison down the Angas River to the finish line. Starting by the swimming pool these little ducks race, beak to beak, under the Children's bridge, avoiding the reed beds and on past the picnic tables, each one eager to be first through the finish gate!

Yes, twenty six successful Duck Races later we still run the event, generally in early November. Various dates have been tried but we have settled on the second Sunday in November as having reliable weather before it gets too hot and after winter's rains so the track is not too wet.

The first Duck races relied on the natural elements for duck propulsion. This soon proved to be as unreliable as the weather! We tried various tricks including sandbagging the weir to build up a head of water. We tried prayer! A previous local Uniting Church minister was a club member and we asked him for help. Sadly he replied that he could not guarantee the favourable South Westerly winds required. He said he was in sales, not management. Eventually we bought a Wind Machine. A V8 powered wind machine. It started life as swamp boat for use on Lake Alexandrina but when the owner upgraded we found a new life for it! The wind machine is the best spectacle of the day. Because by nature it is trying to run away from the ducks we need to pull it along the river in reverse. To do this we recruit the local SES and CFS crews pulling on ropes dragging the machine against its thrust so it pushes the ducks onward to victory instead of heading the opposite way up the river leaving the little ducks drifting aimlessly. Having a portable supply of wind power has enabled us to run other races.







We now have Corporate Duck races as well. Businesses and other organisations can buy a bigger duck and decorate it with company colours or logos and place it in a Corporate Duck race.

The day is held as a family fun day. We run good old style children's races, last year we arranged for the Scouts to set up their climbing wall. That was a big hit with the kids.

Rotary run our catering facility selling bacon and egg sandwiches, cooking sausages, steaks and onion and serving with bread and sauce. We also have local coffee vans, ice cream vans and other food choices available.

Our profits from the Duck race have varied, however it is an event that has made us known to Rotary Clubs around the world. We will continue to run it and continually try to improve it. This year we purchased a large 2.5 meter high blow up duck we called "Moby". Moby Duck is to be used in pre Duck Race promotion and is going to enter this year's Strathalbyn Christmas Street Pageant.



In her presentation Prof Jacka gave an overview of recent and compelling evidence from around the world highlighting the important role that diet plays in the common mental health problems.

In many studies conducted in various countries of the world it was found that half of mental disorders start before the age of '4. Children who are brought up on "healthy" diets had better mental health. These studies found that good nutrition in early life impacts on the mental health of the child throughout his or her life.

Professor Jacka said that it is difficult to obtain government grants for mental health research despite the fact that mental health problems are the big burden on our economy.

"The key is education", she said. Felice said that she would like to see more work done in schools and other institutions.

To learn more download RC of Murray Bridge bulletin: www.murraybridge.rotaryclub.org.au

Also, at the same meeting DGE Dick Wilson presented Wendy with a framed photograph - the "Lycra Award" as we understood it. PDG Wendy was a member of the ARH cycling team which cycled all the way to Warnambool.



PDG Wendy and DGE Dick

Recognising Felice Jacka A Companion of Australian Rotary Health

At the meeting on Friday, 21st November at the Auchendorroch House, Mt Barker, Professor Felice Jacka was recognised as a Companion of the Australian Rotary Health.

Associate Professor Jacka is a Principal Research Fellow at Deakin University, President of the International Society for Nutritional Psychiatry Research and the Alliance for the Prevention of Mental Disorders.



Felice Jacka receiving her Companion Certificate from PDG Wendy





Rotary's Global Membership Migration...

and what it means for clubs in developed countries -- Part 2

By Mark Huddleston

In November's column, I talked about Rotary's staggering growth rate in developing countries, and the equally staggering membership decline in Rotary's traditional strongholds such as North America, Europe and Australia, and promised a suggestion or two for countries like Australia facing membership decline. I believe we need to change our message. Rotarians for far too long have hidden their light under the bushel.

For close to a century, we were happy to get on with the job without fuss or notoriety. All very noble, but when our membership started to stagnate 20 odd years ago, we came to the realisation that we needed to do a better job of telling the world what we do. And whilst we still have a long way to go (I've been heard to mutter "our marketing sucks" on the odd occasion), we seem to be getting better at talking about the lives we're changing by eliminating Polio, providing basic education, and improving health outcomes with clean water and sanitation projects.

My question today is this, "Are messages solely about feeding the hungry, providing clean water, educating the illiterate and eradicating Polio gaining traction with an audience who are fed, have clean water on tap, are educated and healthy? Will that audience recognise the value of Rotary?"

I don't have space to give a detailed explanation on Maslow's Hierarchy of Needs (you can always google it if it doesn't ring any bells), but Rotary is addressing the first two rungs on the ladder (triangle?) in these developing countries, and I suspect that's why membership is growing in those areas: Rotary appears more relevant. But how do we appear relevant to an audience here in Australia, where we have clean water, electricity, education and health care? I believe the answer is in the top half of the triangle. These days people are increasingly asking,

"What's in it for me?", and Rotary membership can address those higher needs, such as friendship, belonging, accomplishment, creativity and prestige.

We need to change our message so it's not just about what we do, i.e. clean water, Polio and literacy, but also includes the benefits of membership, such as personal development, friendships, and being part of a team. There needs to be a deliberate strategy to weave the benefits of membership into our personal conversations about Rotary, our newspaper articles and advertising, our club bulletins, websites and social media presence. When the wider community start to understand not only what we do, but what we get out of it, we might just start to appear more relevant, and membership might appear more attractive.



As we edge towards the half-way mark of the Rotary year, I want to welcome all of our new Rotarians into this wonderful organisation, and congratulate those who have worked so hard to bring the new faces, new enthusiasm and new ideas into the district.

A special thanks to Assistant Governor Lesley Mitchell for her hard work in organising a successful training day in Mildura on November 16. The visiting presenters were shown some wonderful Sunraysia hospitality and we got to meet some passionate Rotarians.



Fifty Years of Service ...

Strathalbyn is celebrating!

Also recorded as meeting number 2587, but quite a party!

Strathalbyn Rotary's 50th Birthday celebration was held at the Langhorne Creek Football Clubrooms on Saturday, 22nd November with 92 members, past members and guests attending. Many were in 60's era party costumes!

The Club was chartered on the 10th December 1964 after the inaugural meeting on 20th July 1964. The Charter President Mr Frank Hart had been a President of the Rotary Club of Victor Harbor and was transferred in his work from there to Strathalbyn. Frank became the driving force to start a Rotary Club in Strath and held the position of club President for the first two years.

MC for our party night was longstanding member and current AG Craig Maidment who welcomed everyone and introduced them all individually. A fantastic job completed with first class name recall. Craig then introduced current President Jim Pilkington. Jim read a list of apologies and related a few comments received in letters from previous associates of the club. A letter from Ulrike Ellerbrock, an exchange student from Germany in 1972-73, was read in full. "Ricky" recalled fondly her time with our club 42 years ago and congratulated the Club on reaching the milestone of 50 years!

Past District Governor Bruce Edwards apology also included a reference to a number of our members who attended his District Conference at Mt Gambier in 1989. He described the group then as "a rowdy lot in the wings", however he still granted us his best wishes for a good night! Following a delicious three course meal and a "few" drinks provided and served by a contingent of local ladies and gentlemen we proceeded to the official part of the evening.

District Governor Jerry Casburn gave a congratulatory speech to those assembled. President Jim then called Ken and Gwenda Knights to the front and gave a resume of their 50 years of involvement. Ken is the only surviving charter member of the Club and has been a strong and devoted supporter of Rotary here and internationally. He is our only member to have served as a District Governor! Ken was presented with a ruby pin in recognition of his Rotary service. In his reply Ken thanked Gwenda for her support over that time. Ken mentioned that they had their 55th wedding anniversary the week before and they had been so busy preparing for this night that he had not had time to take Gwenda out to dinner......until tonight! True dedication! Gwenda then presented Ken with a scrapbook record of his 50 year journey through Rotary.





A very touching moment for them both! Jim then called Gwenda back to the fore and presented her with a five sapphire pin in recognition of her personal contribution to Rotary.

Ken and Gwenda also prepared and arranged the revolving slide show of old and new Rotary photos that ran throughout the night. In her spare time Gwenda made and iced the giant birthday cake we all enjoyed later! A presentation crystal plaque finalised the club's congratulations to Ken and Gwenda on a fantastic 50 year effort!

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President Jim then called on Rotarian Stanley Schofield as our next longest serving member. Stan has been a member, a leader and a staunch hard worker of our club for 45 years and received a plaque in commemoration. At any function of the Rotary Club of Strathalbyn, as soon as a barbeque is lit, you will see Stan there with an apron and a pair of tongs!



We then proceeded to Auction a work by our local renowned artist David Dridan and a monster raffle that included a dozen bottles of quality local wine donated by "Bleasdale Winery". The cake was cut by our oldest and newest members present. Ken Knights and Kym Goodenough. Music was provided by our member and DJ Andy McCarthy and we all danced on into the night!







Stirling is 40!

Let us celebrate! By John Osborne



21 Past Presidents who led the club

In the 40 years of its existence the Club has raised approximately \$1.2 million which, in turn, has been spent on local and international projects, support for local institutions, e.g. Heathfield High School, Stirling Hospital, student exchange and leadership programs, Australian Rotary Health, Polio Plus, the Rotary Foundation and Shelterbox.

The event was conducted in an atmosphere of bonhomie and goodwill as the original members regaled the audience with humorous anecdotes from the past.

It was a beautiful day, on all counts.

On 9 November, 2014, the Rotary Club of Stirling celebrated its 40th anniversary, with a BBQ lunch at the Stirling Golf Club. Around ninety people gathered, including five of the original members, one of whom, John Stoddard, is still a member of the Club.



DGE Dick: Nothing but praise!



Recognising Dr David Squirrell



At the recent Annual Southern Suburbs Volunteer Service Award Ceremony Dr David Squirrell was recognised with a Volunteer Service Award for his work with Blind Citizens Australia, Rotary International and Access & Social Inclusion. This is his second Award for his work as an advocate for the people with disability.

David is an Honorary Member of the RC of Hallett Cove and a Major Donor to Polio Plus and Australian Rotary Health.

The Award was presented by Amanda Rishworth MP at the Arts Centre, Port Noarlunga on 28th November. Our congratulations go to David.



Access and Social Inclusion (SA)







Secretary's Corner

Peter Hammond

Council on Legislation Proposals

Every three years, Rotarians meet at the Council on Legislation to review and vote on proposed legislation. The Council gives us a voice on how our organisation is governed.

The next Council convenes in April 2016. Legislation must be received at Rotary International by December 31st 2014 – **there are no exceptions to this deadline**. Every District sends a representative to the Council. Representatives deliberate and vote upon all proposed enactments and resolutions. Enactments seek to change Rotary's constitutional documents

and resolutions express an opinion or make a recommendation to the Rotary International Board. No District can propose or support more than 5 enactments per Council.

Our District's Council on Legislation representative, PDG Peter Ochota, has put forward 5 items for consideration and approval by all the Clubs in the District.

Proposal 1 seeks to revise the requirements and qualifications for membership of a Rotary Club while maintaining Rotary's core values and high standards.

Proposal 2 seeks to revise attendance requirements by recognizing participation in club projects, events and activities in addition to attendance at meetings.

Proposal 3 seeks to give clubs more flexibility in structuring meetings thereby making membership of clubs more accessible. **Proposal 4** seeks to clarify the role of the president of Rotary International, in particular as a motivational leader of our organisation.

Proposal 5 seeks to modify the make-up of RI's Strategic Planning Committee to ensure consistency of planning between Rotary International and its charity, The Rotary Foundation.

The District Committee of Management is now seeking your club's support for these proposals before formally submitting them to RI.

An information package, containing the full details of the proposals and a Voting Form, has been circulated to all Club Presidents and Secretaries. A summary of the purpose and effect is attached to each proposed enactment.

It is important that the proposals be discussed by each Club and the completed Voting Form be returned to the District Secretary by Sunday, December 7th 2014.