



LIGHT UP  
ROTARY

District  
9520



**Jerry Casburn**  
District Governor

# District Governor's NEWSLETTER

A Monthly Bulletin of District 9520

Issue: 11 - June 2015

## Jerry's Jottings ...

The time has flown by and here I am on my last submission of Jerry's Jottings for the year. What a ride, we have had a ball and I can honestly say this is one of the best experiences of my life. We have had the chance to see all of our clubs. We have traversed the length and breadth of our District many times, in a desire to join into what you do to make the world a better place.

I was warned by Roy Armstrong that the period post-Christmas would be hectic but that it would die down after the District conference. He lied, the pressure has continued and as we enter June and the realm of club changeovers it doesn't look like it is going to be very different. My one surprise is the fact that all of my suits have shrunk, damned funny that. I have watched my girth expand over the year, too much good food, too much red wine and too many days missing going to the gym, generally too much fun. Still, no good trying to diet now, that will have to wait until we have completed the changeovers.

Let's recap on the last month.

At the end of April we had the privilege of attending the Burnside Rotary clubs "Leadership in Conservation Award", see a report on page 4. This prestigious award has been running for nearly 30 years and was awarded to Natural Resources Northern and Yorke landscape programs coordinator Dr Andy Sharp. The award recognised Dr Sharp's work in conservation, soil science, water management and sustainable agriculture.

Our Vocational Training Team (VTT) from Timor Leste undertook the training at the Adelaide Secondary School of English (ASSE) and it has proved a highly successful project with lots of benefits to be accrued as time moves on. In addition to the training the team hooked up with Days for Girls and were able to return home with lots of sanitary kits which will enable girls to take advantage of an education. A huge farewell was given to the team with Timorese food prepared by the Timorese Students Association. The team returned to Timor on May 24<sup>th</sup> and despite being given 10kg of excess baggage still needed more space to return with all the goods. The next phase will be for our teachers from ASSE to hold workshops in Timor Leste and run an analysis of the projects success. Our thanks go to Chandra Sluggett, Euan Miller, Bruce Richardson, ASSE, the Timorese Students Association and the host families here and in Ballarat.

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**HAVE FUN,  
ENJOY ROTARY**



Another landmark anniversary as I was able to provide a congratulatory letter from RI President Gary Huang to John Callary of Glenelg as he achieved a 50 year Rotary career. Along with David Binks (Glenelg), has seen two such anniversaries this year,

With the Rotary year drawing to a close we attended many functions:

- ☀ We attended a Probus information day held in Victor Harbor.
- ☀ The end of the first week saw us back in Berri for their Citizen of the Year. This was a great example of how to run such an event. There were awards to a number of groups and individuals.
- ☀ In a dramatic losing bid we attended the Hyde Park Dance and Quiz and a must to attend.
- ☀ We held the Rotary Race Day, this is subject to another report from chair for the event Oleh Bilyk, see it later in this newsletter.
- ☀ We attended a reception for the VTT at Government House.
- ☀ Key in the month was the promotion of the Mt Barker Rotaract Club to become a Rotary Community Corp, our District's first and we think only the third in Australia.
- ☀ We were able to join our own club, Unley, for the Police Officer of the Year. In its 37<sup>th</sup> year this vocational award was presented to Sergeant Paul Sicluna of Mount Gambier for his work in the community, particularly for the fight against drugs and in particular the scourge of ice.
- ☀ We attend the Rotary Club of Magill Sunrise "Reel Event" which promotes South Australian short film productions. The films continue to improve and this is another event which celebrates a vocation and its developing and highly professional members." Should read "We attend the Rotary Club of Magill Sunrise "Reel Event" which promotes South Australian short film productions. The films continue to improve and this is another event which celebrates a vocation and its highly professional members.
- ☀ Thanks mainly to District 9500 and PDG Marie Dorrington, we saw five of our own Rotarians complete the Rotary Leadership Institute. PDG Peter Ochota was among the team of leaders providing the programme
- ☀ We are currently in Broken Hill helping to deliver specialist training and hold further discussions with the Sunraysia and Broken Hill clubs to promote chartering new Interact and Rotaract clubs.

The potential Seaford Rotary club interest meeting was also held with some very informative sessions for a group of would be Rotarians. Interest was high and some ten potential members were there. With a significant number of apologies from others we are on the verge of gaining enough to make the club a reality. There is more on plans for the Seaford club in a later article in this newsletter, from Cecilie.

Finally and very importantly we attended the chartering of the Rotaract Club of Sturt led by charter President Josh Richards. A black tie event saw some 60 attendees welcome the new club into District 9520. Supported by six of the seven clubs in Group 7, the fledgling is off to a strong start. Well done Stephany Martin, Scott Nicholls, Mina Ward and Cecilie Cardwell for making this happen.



*Rotaract at Sturt*



*RC of Seaford at Seaford Family Fun Day.*

# Briony's Blog

Well, Fellow Rotarians, here we are at the end of our DG journey.

"Journey" may have sounded corny at the beginning, but it hits the mark as being a DGN, DGE and finally DG over 3 years has brought us an incredible adventure. I now know why Past DG's may group together and share thoughts and also to see how they may help. After all we each carry the "District Baton" and everyone is interested that it be carried in "Safe" hands.

I am not going to look at my Diary, but instead share random thoughts with you all. First thing that comes to mind, was filling out our diary in June, which started with 75 booked dinners up until November. That was an eye opener. I was able to attend 47 Board meetings with Jerry and share each club's own adventure. It STAGGERED me, to see pages of Community service, locally and overseas and that was for the past 12 months. Some of these clubs are 80, 50, 40, 30 years old. How many pages have they filled out in the past?

We shared many Birthday celebrations too, including our own Rotary 110<sup>th</sup> birthday celebrations last February. Talking of numbers, there were Rotarians who have given service for over 50 years. A new Community Corp at Mt Barker is the 1<sup>st</sup> in the State and 3<sup>rd</sup> in Australia. A new Rotaract club is being chartered this evening. We were at the Chartering of The Nomad club at Broken Hill. A club has closed, but a new one is growing at Seaford.

Focusing on DG, it really started in earnest January last year, in San Diego. We have since travelled to New Zealand, 6 trips for me to Mildura and onto Broken Hill twice. We have hit a kangaroo, echidna, and a bird. I am sure the goats and emus, have our names on them, though we were told they stay on the sides of the road not bothered, till a goat trotted across last trip and we both said "Yeah Right!!!!"

We have visited clubs for vocational presentations in the Riverland and toured many a country town, exploring and enjoying. We have received generous gifts of local produce or treats to enjoy on our trips. Shared wonderful times and conversations with fellow Rotarians.

Calperum has been a regular trip and 2 highlights come to mind for the year. One for the Presidents elect weekend, where Rotarians bunked down for the weekend and we had a wicked Saturday night feast, led by the amazing Alexa Leach and her number one helper Johnneen Hammond. The back of the 4wd had the tray pulled down, white linen lace cloth and a Bar came into life.

Rotaractors, RYLarians are my absolute joy and to spend time with them is a privilege. The world is in good hands with these young people and I want to be a part of that and watch them grow. I have grown personally in Rotary and that is because all of you have supported and trusted me. The Rotary Race Day was amazing, because when I asked, so many of you said yes, pitched in, no questions asked and just did it. I will never forget you.

I want to thank all of you who I either forgot names, clubs or just forgot you on our Club visits. Never once did any of you make me feel bad about my lapse. I thank you for your graciousness.

My last Rotary experience and "light Bulb" moment, well 2 actually in the last couple of days are these.

... Cont on page 4



On Facebook , I put up a page on the Timor Vocational Team and a dear friend, who always seems to have a STRONG opinion about things, actually upset me with her tirade. But, a beautiful thing happened, Jan Vade, who is also a dear friend explained things so beautifully. He said: "Rotarians always help wherever they can. Rotarians work with all countries, with all governments, with all parties and all nations. Rotarians help where the need for humanitarian aid exists. Rotarians DO NOT involve themselves in politics of any kind. This enables them to help people in need wherever they may be, irrespective of their political situation. Rotary is NOT a political organisation, it is a humanitarian organisation." Thanks Jan for your wisdom.

I have always felt that to say I am a Rotarian and do "community service" sounds like a choice, "I want to do Good". BUT, to say "I am a Rotarian who is involved in Humanitarian work" means there are so many horrible things going on in the world that Rotarians, WANT to do something about and are prepared to do it. I was too shy to say "I do humanitarian work", but not anymore thanks to Jan.



Vocational Team from Timor

The other moment was today reading my book 'Americans in Paris', life and Death under the Nazi occupation. A re-read as we are going to Paris in September. Page 13, I am reading and it explains, as the Americans weren't at war they were exempt from having their homes or businesses taken. It read that included in the exemption were the American hospital, American library , American church and THERE in black and white "the Rotary Club".

What can I say but...."how cool is that?"



Peter Hammond

## District Secretary's Report

### Almost Done

Since my last report we have held the inaugural Rotary Race Day at Morphettville. This was an enjoyable day, the luncheon was most successful and the various displays in the Rotary Showcase were very well presented. Although the number of racegoers was disappointing, much was learnt for a future event.

This month we have also celebrated the Charter Night of the Rotaract Club of Sturt, with a black tie event. In addition, an Information Session was held for a possible new Rotary Club in Seaford.

This is a fast growing southern region, and there is a promising nucleus of new and ex-Rotary personnel interested in establishing a new Rotary Club. Mark Huddleston and his membership team have done a fantastic job in supporting this project.

The recent arrival of changeover invitations made me suddenly aware that the end of the Rotary year is fast approaching. How quickly the year has flown! A new group of leaders with fresh ideas are now waiting patiently to play their part in Rotary's ongoing achievements. Yet it only seems like yesterday that we were planning this Rotary year. Now we are almost done!

I have really enjoyed the opportunity to serve as District Secretary. The role provides a great understanding of how the District operates and a special appreciation of the wonderful contribution made by so many Rotarians. It has certainly been a busy and rewarding year, with many challenges. So I would like to thank you all for your support and cooperation over the last 12 months. It has been a privilege to be a part of DG Jerry's team.

And a final quote from Dr. Seuss, 'Don't cry because it's over, smile because it happened.'



## Rotary Leadership in Conservation and Volunteers of the Parks Awards 2015

DGN Bob Cooper, Chairman



With the closing of the Rotary Club of Glen Osmond the Rotary Club of Burnside were asked to continue the Awards project. This is the 31<sup>st</sup> year the Awards have been presented. A sub-committee was formed to conduct the Awards project and worked with Pam Smith and Lynn Newman from the Department for Environment, Water and Natural Resources to distribute the nomination forms for both Awards to the Volunteer groups throughout the State.

By end of March 2015 our Rotary Club had received a number of nominations for the Rotary Leadership in Conservation and Volunteers of the Parks Awards for the committee to consider. Committee members were Lynn Alabaster, Gerald Barker, Richard Bowyer, PP Bob Cooper, PP David Dewar and Community Service Director Lee-Anne McCaffer. They selected the winners from the nominations received. The Rotary wooden plaques were engraved for the Rotary Club of Burnside Leadership in Conservation and Volunteers of the Parks Awards. PP Peter Milne produced the Award presentation invitation poster and the Award certificates.

The Awards presentation dinner was held at the Belair Park Country Club in the Belair National Park on the 29 April 2015. It was a showcase evening for our Rotary club to present these awards. There were 66 people in attendance to witness the announcement of the Award winners. President, Wendy Stewart announced the Volunteers of the Parks Award winner who was Peter Townsend from the Friends of Cobbler Creek, Recreation Park. The Leadership in Conservation Award winner was Dr Andrew Sharp, Landscape Programs Coordinator Natural Resources, Northern and Yorke.



Gerald Barker read out and presented citations for both Awardees before the District Governor, Jerry Casburn & Hon Gerry Kandelaars representing the Minister for Sustainability, Environment & Conservation, the Hon Ian Hunter MP presented the perpetual wooden plaques to the Award winners and also presented with Rotary plaques with other nominations recognised with finalist's certificates.

Honorary member Vickie Chapman MP Member for Bragg gave a vote of thanks recognising all nominees for all their good work in the National Parks in South Australia. The raffle raised \$266 on the evening.

Thanks to Peter Neale for donating the first prize and members for donating bottles of wine for the other Raffle Prizes.



# Stars of the Show !

## Yes ! YOU !!!



Check it out. Your pictures are on the District Picasa Album! ..... and yes, you do look most handsome!

To find your pictures in the District Albums follow links below !

- ☞ District Conference 2015, Ballarat, Thursday to Saturday:  
<https://picasaweb.google.com/RotaryDistrict9520/DistrictConference2015>
- ☞ District Conference 2015, Ballarat, Sunday:  
<https://picasaweb.google.com/RotaryDistrict9520/DistrictConference2015Sunday>
- ☞ Illuminate Sessions, 2014 (Facebook Training): <https://picasaweb.google.com/RotaryDistrict9520/IlluminateSessionD9520>
- ☞ District Changeover 2014: <https://picasaweb.google.com/RotaryDistrict9520/DistrictChangeover2014>
- ☞ District Conference 2013, Barossa: <https://picasaweb.google.com/RotaryDistrict9520/D9520Conference2013>
- ☞ District Conference 2013, Barossa, Friday Capers: <https://picasaweb.google.com/RotaryDistrict9520/D9520FridayCapers>
- ☞ District Conference 2008, Mt Gambier:  
<https://picasaweb.google.com/RotaryDistrict9520/RotaryDistrict9520ConferenceMtGambier2008>
- ☞ District Conference 2007: <https://picasaweb.google.com/RotaryDistrict9520/RotaryDistrict9520ConferenceBarossa2007>



## A Quote from the fifth original Rotarian !

"If Rotary has encouraged us to take a more kindly outlook on life and men, if Rotary has taught us greater tolerance, and the desire to see the best in others; if Rotary has brought us helpful and pleasant contacts with others, who are also trying to capture and radiate the joy and beauty of life, then Rotary has brought us all that we can expect."

MEMORIES OF ROTARY, March 1952  
from The Rotarian, by Harry Ruggles  
(The fifth original Rotarian)



1906



1910



1913



1926

# Rotary



2015

# Nepal Earthquake – Second Update .

PDG Malcolm Lindquist Reporting

Dear Friends of Nepal

Following my earlier report there have been up to thirty aftershocks and last Tuesday there was another major quake of 7.3 magnitude centred near the base of Mount Everest which is around 80 kilometres from Kathmandu. This caused a more violent shaking which resulted in furniture and shelving toppling. Also there has been a shift of earth causing the foundation of the school building to be exposed raising the potential for the building to collapse.

The children and staff of the orphanage and school are very scared of further movement and fear that the building will collapse if that occurs.

Money has been transferred to the Rotary Club of Dillibazar to immediately build a retaining wall to prevent further foundation collapse.



Jo Bouchier and a friend Lynne Rawson from Pulteney Grammar School are on site and have been assisting Mother Rajan and the children to be as comfortable as possible whilst camped outside. They were able to bring in tents and other equipment courtesy of Malaysian Airlines and this has been of great assistance. As the monsoons are rapidly approaching a temporary bamboo and galvanised iron structure is being built away from the danger area to accommodate the children. The orphanage kitchen is being used to prepare food.

This 6mx15m structure will be waterproof and flexible enough to withstand any further earth movements.



## Donations

Thank you to all of you who have responded to our call for further assistance. The following responses have occurred with all funds being channelled through our RAWCS (Rotary Australia World Community Service) account. The funds are transferred as required and are not in danger of being directed to other areas.

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The responses include

- Donations from D9520 Rotary Emergency funds
- Donations From Friends of Renee and Andrew Rusk using a GoFund Account
- Donations from Friends and customers of SC Pannell Wines using a GoFund Account
- Donations from the Pulteney Grammar School using their web site
- Donations from Rotary clubs and Rotarians via the RAWCS website
- Friends of Nepal afternoon tea to be held on 28<sup>th</sup> June – proceeds to sponsor orphans
- Art and Wine evening at Carrick Hill RC Brownhill Creek
- Gala Dinner at the Chifley organised by Pulteney Grammar School to be held on 5<sup>th</sup> June

To date through your generous support we have received donations and pledges exceeding \$40000.

The children of Nepal need our help more than ever. Our thanks to the RC of Dillibazar for their continued support.

The quote for repairs to the orphanage in its current condition is approx. AU\$ 33,000 and the School approx. AU\$ 28,000. Plus the source of funding for day to day expenses has all but dried up. The Friends of Nepal sponsorship at \$300 per year covers day to day expenses and educational support for a child for one year.

### Help us

#### Direct Donation to RAWCS

<https://donations.rawcs.com.au/Default.aspx?ProjectID=647&ReturnTo=4>

**Pulteney Gala Dinner June 5 \$100 per head (3 course meal plus drinks)**

[mark.bourchier@pulteney.sa.edu.au](mailto:mark.bourchier@pulteney.sa.edu.au)

**Friends of Nepal Student sponsorship (\$300 per year)**

[denise.23@iinet.net.au](mailto:denise.23@iinet.net.au)

Afternoon tea Sunday 28<sup>th</sup> June      10 Tree Top Rise, Chandlers Hill, 5159  
                                                                  \$5 entry    2-4pm  
                                                                  Buy a Calendar \$20

Facebook Friends of Nepal to order tickets.

### *Correction and Apology*

*In the last DG Newsletter the account number for donations to the Orphanage school project sponsored by the Rotary Club of Brownhill Creek was incorrect.*

*My apologies!  
 Malcolm*

*The correct account number is:  
 BSB 067-105  
 Account number 10402452  
 Project 25-2012-13*



*PDG Malcolm Lindquist at the School at happier times last year. Mother Rajan is in the middle photo*



# Exciting Times Ahead!

by Cecilie Cardwell

Joining Rotary was not something I was thinking about because I still had 3 years before I had to leave Rotaract. So when Mark Huddleston asked me to meet up, I had little idea what he wanted to talk about. 'Helping to start up a new Rotary Club in the south, and go for the role as charter President' was not the words I had imagined. I think he half expected me to run away screaming, but my first thought was actually 'hell yeah'!

My first introduction to Rotary was a warm and loving one, right away I felt welcomed and appreciated. To take my involvement one step further was fantastic, and in a challenge such as starting up a new club was even better.

The team that has been working hard to help make this happen are amazing people. Long hours on the phone, typing up emails, searching the web and creating posters and fliers to be handed out in person and sent out via post, stuffing envelopes and spreading the word. This definitely is a team effort, and the success of our interest meeting is clear proof of that.



Our interest meeting held on May 24th at Moana Pioneers Memorial Hall was motivating. Jerry Casburn DG was our MC, Mark Huddleston spoke about club structure and what we can do different, Steve Hayter spoke about the many youth programs Rotary has to offer and what a big difference they can make in this area. We were lucky to have a representative for Amanda Rishworth MP attend, and Chris Picton MP to talk about community issues and needs. The enticement of something different is great, and in this club we are sparing nothing. 100% of the prospects who turned up to find out about our plans decided to sign up and take the next step, so we must be on the right track. We shall change the structure of our week to suit this new age with a flexibility that will surprise many in that it is still a very efficient club.

The next step is to have a meeting with interested parties and see what else we can do to get the Rotary name out there and to recruit more people to help out. We are active on Facebook with updates and Rotary news. We are trying to create something different, and our promotional materials are reflecting this, such as fliers, posters and our web page. These have taken a lot of hard work and many hours spent by Mark H. in order to amaze people and to create an interest they might have been unaware of having.

I am very excited about the time ahead and with my joining Rotary. There will be more hard work, but because this is Rotary I also know that my time will be well spent and highly rewarded. I get to meet new people, learn new strategies and tasks, help people near and far all while having fun with amazing people who together are capable of changing the world.





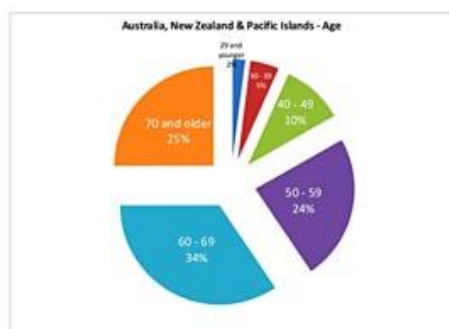
## As a new Rotary year approaches, it's time to change tack

By Mark Huddleston  
Chair, Membership & PR Committee

In this, my first year as District 9520 Membership Chair, my focus has been on retention. I don't for an instant want to forget about retention, but I feel it's time to shift focus for my second year. There's only so much I can bang on about the one subject, and the messages have all been sent. Hopefully some have been received and acted upon. Next year, I want to start the conversation about bringing our average age down.



Does anyone want to guess how old Paul Harris was when he founded Rotary? I suppose many have this vision of a Chicago lawyer in his 60s, which pretty much matches the stereotypical Rotarian. He was actually 36, which is 10 years younger than I am now, and ironically, I'm still considered a "young Rotarian". Gustavus Loehr was 41, Silvester Schiele was 34 and Hiram Shorey was 42. So just to be crystal clear on this, the average age of the first four Rotarians was just over 38. Yet if we found a club these days with an average age of 38, we would be asking for the magic formula. When I go out with my Rotary friends, I'm often the only one without a Seniors' Card, and the conversation is about my kids and their grandkids (who they can spoil and give back).



In Australia, a whopping 59% of our membership base is aged over 60, with only 7% under 40. "So what?" you may ask. Let me stress that I have no problem with the number of 60+ members in our ranks. Our organisation derives enormous benefit from both the life experience and Rotary experience of this demographic, and it's obvious that this age group has more time on their hands than younger generations. It's not the **number** of 60+ Rotarians, but the **proportion** which is out of whack. With just over 30,000 members in Australia, that 59% over 60 equates to 17,700 members, but the 7% under 40 equates to only 2,100. It's that number of 2,100 that drastically needs to increase if our organisation is to survive another 100 years.

I remember quite a number of years ago reading a letter to the editor of Rotary Down under which lamented the number of young members in our organisation, but went on to suggest there must be something wrong with them if they weren't interested in Rotary. I recall comments to the effect of, "The 'me' generation", "self-absorbed" and "unwilling to give back". As a member of said generation and a Rotarian of over 10 years at the time, I felt compelled to respond, and respond I did. My rebuttal was that the problem wasn't with them, **the problem was with us**.

The simple fact is that Rotary is not a "one size fits all" organisation. I am more than happy for us to recruit the right people no matter what their age, but **we simply must bring our average age down**. The only way that will happen is to recruit more under 40s, and the only way that will happen is by **meaningful and real change**. Not just in rhetoric, but in action. The average Rotary club is a pretty comfortable fit for the average baby boomer, and our demographics and recruitment statistics back that up. We don't have any trouble finding people 50 and over. Sure, there are some clubs for which recruitment is a constant struggle, but the overall recruitment picture sees a lot of new members in the 50+ demographic. The average Rotary club is NOT however, a particularly comfortable fit for the average Gen X or Y. Again, there are exceptions to the rule. I personally know a good number of Gen Y members, and they are seriously special people. But they are rare.

In response to globally depressing trends of young member uptake, RI Headquarters undertook a "Young Professionals" campaign in 2013 which uncovered some confronting findings from focus groups of young professional non-Rotarians all over the world. We have major public image challenges to even get this group to take notice of us, and once we do, our messages aren't matching their experiences when they visit a club. But the biggest question we must ask is, "Are we serious about attracting a younger audience?" **Because getting serious means change**.

I don't pretend to have all the answers, but in a few months we're holding a special event with a hope of finding some. The Young Professionals Forum will be held at SILC Flinders University on August 8. This is a FREE event and it will incorporate a seminar specifically dedicated to attracting young professionals. Please put the date in your diary now, and more information will follow. Bookings are essential via [www.trybooking.com/HCPP](http://www.trybooking.com/HCPP)

# Helping Hand at Colonnades

By Dini Whyte

At this Rotary Year's first Group 5 Presidents meeting President Grant Sibly (Hallett Cove) suggested that as a Group we could look at assembling mechanical hands for the Helping Hands project.

The possibility of doing this in a public space was discussed and President Dini Whyte (Noarlunga) offered to follow up.

The management at Colonnades Shopping Centre at Noarlunga Centre were keen to be involved in this project and afforded us a valuable retail space (not normally available for Community groups) near the Centre's Food Court.

Rotary Clubs of Blackwood, Flagstaff Hill, Hallett Cove, Noarlunga and Noarlunga East contributed to the cost of purchasing a set of hands (10 hands for \$3000.00, although the price has since risen).



*Dini Whyte*



*Dini Whyte, Linda Sweeney, Margaret Wade and Vlad*



*Grant Sibly, Linda Sweeney and Shirley Skurray*

Because of the geographical location not all participating Clubs were able to attend the "assembly" days, there were however many Rotarians, prospective members and Rotary Alumni available to assemble the hands.



This was done over a 3 day period (Wed 6, Thurs 7, Fri 8 May) and created a great deal of interest from the general public.

Apart from changing people's lives by providing landmine victims with prosthetic hands, we were able to show the public that Rotary is not just about "sausage sizzles".

We are grateful to Colonnades Centre Management for allowing us to conduct this project in their Centre at no charge.



# The Race Day !



By Oleh Bilyk

Chairman, Race Day Committee.

May 9th 2015 has proved to be a watershed day for our District as it was the first time that we as a District, ventured into fund raising whilst at the same time giving Rotarians and the general public a very close look at what Rotary does.

Right from the start of planning we made it quite clear that the day was going to be a Family Fun Day as well as providing the public an opportunity to view our activities in a close up manner. On top of this we planned a Corporate lunch to cater for our sponsors, business partners, Rotarians and their partners, the South Australian Jockey Club members and Committee and the public.

The lunch was great success with some 218 people attending including 15 members of the Christchurch Racing Club Board and their partners. Also present was the SAJC Patron, Rob Gerard and his wife Fay.

Rob Popplestone was our MC and he started proceedings by asking Race Caller, Terry McAuliffe, to provide some tips for the day. Interestingly enough he gave us 4 winners. Rob throughout the afternoon then interviewed Phil Smithe former Australian Olympian and Captain of the Australian Basketball team as well as Libby Hopwood, injured jockey and Mark Kavanagh, a leading Australian trainer now based in Melbourne. Mark, originally from Mt. Gambier moved to Melbourne 10 years ago and his career has blossomed nationally ever since.

An auction was held during the afternoon which helped to raise some more (deleted) funds for "End Polio Now".

The Family Fun Day, Rotary Displays and food sales fell far short of our expectations due to the weather and the fact that the children's rides were in a different area to our displays and food. Even though it did not rain on the day, families had made their decisions the day before, and as a result attendance was well below ours and the South Australian Jockey Club expectations.



A highlight of the Family Fun Day was the Yellow Duck Road which was very well patronised and the children had a great time.

There were many people and children walking around the Race Course with their faces painted which just goes to show that adults as well as kids love to enjoy this activity.

Food sales were slow and as a result of the lower than expected attendance, even though costs were covered, the Salvation Army did very well from our donation, feeding 200 people. The Unley Rotary Club, also did not have to buy extra sausages for their Bunnings BBQ.

Food sales were slow and as a result of the lower than expected attendance, even though costs were covered, the Salvation Army did very well from our donation, feeding 200 people. The Unley Rotary Club, also did not have to buy extra sausages for their Bunnings BBQ.

All in all a very successful day with all the organising committee learning a great deal about how to go about a similar event next year. WE ACHIEVED our WORLD PRESIDENT'S message of having FUN in our activities and we look forward to welcoming District 9500 to be very much part of the next Rotary Race Day.

Our thanks go out to our sponsors and business partners who so willingly supported us. Everyone involved will be recognised in due course.





## Shaping the Future Health of Australians, Today!

By Steff Fenton  
Media & Communications Manager  
Australian Rotary Health

Australian Rotary Health has a history of influencing the health of future Australians through their pioneering research. In 2006, Professor Michael Good developed a vaccine for Malaria with funding from Australian Rotary Health. Professor Good's studies showed that the vaccine protected animals from severe disease/death caused by different parasites. In 2009 he won Australia's top science award, the Eureka Prize. Then in 2010 he began a five-year Australia Fellowship at Griffith University to develop this vaccine into a form suitable for human trials. A human vaccination for Malaria is expected soon.

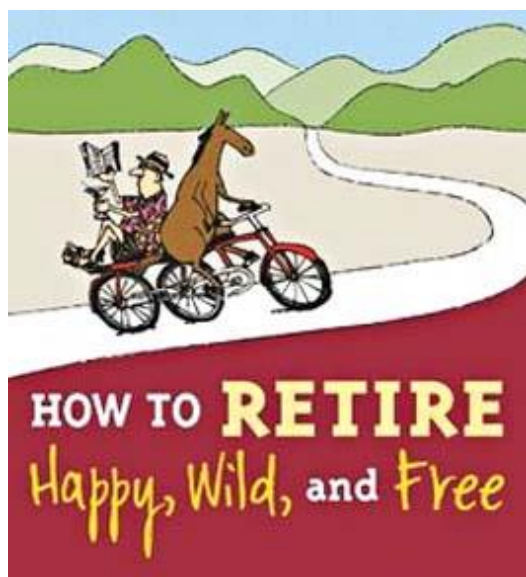
In 2007, Australian Rotary Health funded the development of two pioneering e-therapy interventions called *Panic Online* and *PTSD Online*, where both resources produced either as good or better results than existing offline therapies. *PTSD Online* produced major clinical improvements in people with PTSD and required far less therapist time than traditional face-to-face treatment. This pioneering work then led to the development of *Mental Health Online*, now a Government-funded website which provides free information, assessment, online diagnosis and treatment for a range of anxiety disorders.

In 2008, an Australian Rotary Health study revealed that men's behaviour change groups reduced domestic violence behaviour in 91% of men involved; 69% of men stopped all violence completely and a further 22% reduced the level of violence they inflicted. This study was an Australian first in assessing the relevance of male intervention programs, and produced understanding of what drives men towards domestic violence. Results were used by Lifeworks (one of the largest providers of behaviour change programs in Australia) to increase government support for domestic violence interventions and broaden pathways into the program for both perpetrators and their families.



Each year, Australian Rotary Health receives 300 Grant applications for studies which could change the future of Australian health. However, only 10 studies (3.3%) can be awarded successful funding. Australian Rotary Health encourages Rotarians in Australia to consider an end of financial year donation for future Research Project Grants.

All EOFY donations to Australian Rotary Health are fully tax deductible, and will be attributed to current Friends & Companions:  
<http://www.australianrotaryhealth.org.au/Donate.aspx>



## Thank you! Thank you!

### Your Editor is Retiring! Again!

Thank you to all contributors.  
We published great stories, great projects and good news!

We learned so much from each other.  
Many practical examples provided great inspiration to many clubs!

# ROTARY CLUB OF BERRI THE 5RM / RIVERLAND ROTARY CLUBS CITIZEN OF THE YEAR AWARDS

John Rix Reporting



The 5RM/Riverland Rotary Clubs Citizen of the Year Awards are an annual event which recognizes the long and committed community service given by members of the Riverland community.

The awards have been running for 38 years and have been hosted by the Rotary Club of Berri throughout that time in partnership with the local radio station Radio 5RM. Each of the Riverland Rotary clubs and the former Mallee Rotary club participate in the award process by actively seeking suitable nominees that deserve recognition. In addition the Presidents of each of the Riverland clubs form the judging committee and make careful and deliberative judgement to select the outstanding nominee to be awarded as the Citizen of the Year. The awards are presented at a dinner held in the Berri Hotel in May of each year.

This year over two hundred interested persons attended the annual dinner at which time the awards were made. There were sixteen nominations for the awards, broken down into eight for the Citizen of the Year, four for the YP of the Year and four for the Event of the Year. All of these nominees were accompanied by a very enthusiastic group of people who were supporting and recognizing the contribution made by each of the awardees.

This year the winners were equally outstanding, as has been the case in previous years, and the Citizen of the Year was awarded to Jan Cass of Loxton, whose contribution to the community has spanned over the past 54 years.

In recent years, the organising committee have included two additional awards and those are, the YP (Young Person) of the Year and the Event of the Year. Again nominees are sought for these categories and judged by the panel as being the best nominee in their respective category.

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*Young Person of the Year  
Jackson Wickham*



*Riverland Citizen of the Year,  
Jan Cass*

The YP of the Year was awarded to Jackson Wickham of Renmark after impressing the local community with his great interest in vessels and Australian History.

The Event of the Year was awarded to Barmera's Light the Night, which raised over \$12,000 for the Leukemia Foundation last November whilst raising awareness for blood cancer research.

During the evening an opportunity was given to each of the Rotary clubs to present a four minute elevator speech on what their club is doing in the community. This was very well received by those attending whom were able to understand more of what their Rotary Clubs are doing in their area.

The awards have again been very successful in recognizing the dedicated and hard work by individuals who quietly go about their business and make the world and the Riverland a better place.



*DG Jerry  
with  
representatives  
of  
Barmera Lights  
the Night Event*





## Important Information

### DG Newsletter and Weekly Herald in the 2015 - 2016

From the Desk of Sam Cozens,  
District Secretary Elect

The first Edition of "The Herald" in the 2015-2016 Rotary Year will be published on Sunday 12<sup>th</sup> July 2015.

"The Herald" will be published weekly, and a combined "The Herald and DG Newsletter" will be published monthly.

Editor for "The Herald" is Sam Cozens [d9520.secretary@gmail.com](mailto:d9520.secretary@gmail.com) and the Editor for "The Herald and DG Newsletter" is Liz Wilson [dickandlizwilson@internode.on.net](mailto:dickandlizwilson@internode.on.net)

Both publications will be distributed to the President and Secretary of each Club. However, to ensure each Edition gets to interested members quickly, I am happy to establish a distribution email list.

"The Herald" will have graphically illustrated short stories about what Rotarians have done or are about to do. The most interest is generated by a high-resolution photo as a jpeg file of about 1000 Kb supporting a short story. If people would like me to write the story I am happy to do this if you supply some notes.

Please send photo as a separate jpeg file, and remember I can format and modify the photo if needed. Also, please remember to name the people in the photos.

The goal is to have 2 or three stories per A4 page, and the total publication will be kept to 5 pages. The rationale is that most of the reading of "The Herald" and "The Herald and DG Newsletter" will occur on a mobile phone or pad and probably on the run.

A continuing feature of the Herald will be reminders of future events, or deadlines to be kept.

The generation of stories and continuing interest in both publications will be the responsibility of each club and each Assistant Governor and each Chair of a Project.

Ideally, Clubs, AGs and Chairs will give Liz and me at least 5 stories over the year. To this we will add a few advertisements, and administration news.

All material submitted should be in Word format. Please do not send pdf files or material derived from other software packages as it is very time consuming to convert these files and repackage them.

Advertisements are welcomed as a 1/3 A4 page for general interest, and they can be repeated once. We are part of a very widely spread District and we want to keep all members included in our publications.

Liz and I are looking forward to working with you in the next year.

