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November is Rotary Foundation Month

Words from Wendy

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New Members

"Remember that great missions are serious undertakings. Do not expect to perform great missions in a day."

- Paul Harris

Greetings from DG Wendy Gaborit

Words from Wendy

Engage ROTARY Change Lives or let's put the OOMPH back into Rotary.

My journey around District continues to evidence what we as Rotarian's are capable of when we are engaged in and with Rotary.

The weekend of 10th October saw the District Management team come together at Calperum Station. Over the years I have sat and listened to Bob Arnold talk on his passion for Calperum, of its potential and value within the Rotary stable of projects. That weekend was my first experience and I must admit, it surpassed all my expectations. It is truly a jewel in the Rotary Crown and I would encourage clubs to get involved – go for a weekend, enjoy the comfort of Rotary House, follow one of the many walking trails, indulge in bird watching or see kangaroos and emus in their own habitat. Then look to come back and engage with Calperum, in one of its many projects – monitor habitat, tree planting and assist in running Health of the River... The Australian bush is a unique place to take a break.

Calperum Station is a district Program and I encourage you to consider how you or your club can get involved. Check out the new Facebook page, review the photos and open your mind to the possibilities.

On Friday 19th I had the pleasure of attending the opening day of the Youth Exchange National Conference. Chairs from across Australia, New Zealand, Switzerland, Turkey, Belgium came together to review the program to look to best practice in facilitation, training and supporting clubs. We all have a youth exchange story, of special young people who have come into our lives through this program and who on completion of their exchange year have gone on to do amazing things. All without exception claim that their exchange year was a pivotal event in their lives, that in the year through their engagement they learnt they could be more, do more and that their lives could mean more. The Youth Exchange program needs your support. At a District level we are looking to strengthen the committee through its membership, training and development of committee, clubs, counsellors, host families and we're engaging past exchangees in focus groups on marketing and more...

This Rotary Year our call to action – is to ENGAGE ROTARY – when we do, we are better placed to meet the needs of our local and the world communities.

Wendy

Around the District

Asylum Speakers

Men's Health Check



VOICE OF

For the November Program please click <u>here</u>

Broadcast on 1197AM RPH Adelaide each Tuesday 7.30pm – 8.00pm

Each Wednesday the broadcast program can be heard on-line at www.rphadelaide.org.au

For more information please contact Chris Hughes P:8379 4633 M:0418 835 977 emandcee@bigpond.com



Go to the

<u>District Event's Calendar</u>
to see what is happening this month!

CLUB NOTICES

Unley Business Breakfast Tuesday 3rd December 2013

Click <u>here</u> to view the flyer and register

Pandora's Promise TO BE RESCHEDULED





Spearheaded by the Rotary Club of Kent Town, the Asylum Speaker Project is dedicated to informing other Rotarians about the current situation of asylum seekers and refugees living in Adelaide and surrounding areas.

The aim of this project is to raise awareness about the realities of asylum seekers and develop networks within local Rotary Clubs that can help support these vulnerable members of our society.

Through a series of educational training sessions, Rotarians of the Kent Town Club will become "Asylum" Speakers". As such, they will be equipped with the knowledge and understanding to present accurate and concise information to other Rotary Clubs, Rotaract and Rotary affiliated associations in Districts 9520 and 9500.

To find out more click here.



At the recent Strathalbyn Show, the Rotary Club of Strathalbyn provided a free men's health check based on a car workshop.

Each bloke who came into the workshop tent, receives a job sheet with a job number, and they went around the workshop (tables with volunteers at them) to consider a range of questionnaires, for example, "the Jack" (manual handling); "duco" (skin conditions); " the exhaust system" (cigarette smoking); "shock absorbers" (Stress Management); the battery (physical activity); "fuel additives" (alcohol); "fuel impurities" (diabetes); "spark plugs" (testicles and prostrate); "chassis check" (abdominal fat) and "Oil Pressure" (blood pressure taken by a volunteer Doctor or Registered Nurse. workshop tent, receives a job Registered Nurse

To read more of this story, please click here.

Hat Day for Mental Health Research

Clubs around District took the opportunity to shine the light on mental health and to have some fun. Some of these were:

30 Rotarians & friends from the Rotary Club of Berri met at Neil & Yvette Webber's home on the Monday evening 14 October to enjoy a dinner & chat raising \$530. Edwardstown Rotary – combined the evening with the DG's visit with everyone given the opportunity to avoid a fine by the offer of a hat for hire.

The Sunraysia Clubs held an evening with over 100 Rotarians and partners in attendance. Dr Dick Wilson presided over the event which combined Hat day with a mental health forum with exceptional presentations by 3 guest speakers

To read more about what clubs did around the District on Hat Day





Brand New Rotary



You've got to capture their eye," says RI President Burton of the new look. "If you

YouTube Success



"What is ROTARY - a video.



Member Recognition

New Members

Welcome to the following new Rotarians in District 9520:

Anne Fisher at RC of Holdfast Bay

Sandy Morey at RC of Hyde Park

Denise Pellan at RC of Mitcham

Robyn Thorn, Peter O'Niell and Linda Hamilton at RC of Victor Harbor





Facebook





DG's Email RI on YouTube

capture their eye, you can capture their heart."

Rotary's new visual identity has everyone talking. Some Rotarians like it and are already using it, as you can see in the examples above. Others aren't so sure. Even RI President Ron Burton admits to being skeptical during the early stages of the Strengthening Rotary initiative. But after asking many tough questions, he's become a believer.

"At the end of the day, we're going to be way ahead on our public image and what people think and know about Rotary," says Burton.

To read more about Rotary's new brand click <u>here</u>.

Rotarians in the Magill Sunrise Club, decided to give voice to the question and have provided insight into their passion for Rotary and what it enables people like you and me to do and to be. We invite you to listen to their journey and to share it with your friends...view the video here.

They have also produced a brochure supporting the messages in the video.

We are interested in hearing your story on membership and activities undertaken to tell your community about Rotary – send them in to our editor – Jessica Ziersch by emailing jessica ziersch@live.com.au

Pin it for Polio



As an education exercise and awareness of World Polio Day the Rotary Club of Waikerie, in Partnership with Waikerie High School (WHS) via the Student Representative Council (SRC) will undertake to approach key community members and ask them for a donation towards polio eradication in the world. These community members will attend a whole school assembly to be conducted on Wednesday 6th November.

In order to 'pin" them with their Polio badge and they will pledge their support to this significant worldwide programme .The SRC are also holding a "red" themed casual day (in line with the colour for polio eradication program); proceeds from this will also be donated to Rotary Club of Waikerie to be forwarded to Polio Program.

Secretary Sam's Spot



On a number of occasions since the last District Conference in the Barossa I have been reminded of the presentation made by Stuart Heal. Stuart talked about change but the portion of his speech which remains with me is about constancy.

There are core values in our organisation which remain relevant as we alter our behaviours to look good in a fluid social setting. In a hierarchical sense the core value of service still remains strong to draw in the attention of people with a sound moral grounding of social responsibility.

To read Sam's full report please click <u>here</u>.



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