



d9520secretary@gmail.com

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Inner Wheel



Inner Wheel is an international organisation closely linked to Rotary that was founded to unite wives and daughters of Rotarians.

Before 1989, Rotary generally prohibited women as members. So another organisation was established for the wives and daughters of Rotarians, known as Inner Wheel. Despite women now being able to join Rotary, Inner Wheel Clubs continue in many countries.

Our District in Australia (District A70) now comprises seven clubs, whose members actively promote the ideals of personal, community and international service. Women associated with Rotary in any way are welcomed as members and New Generations Clubs are being formed.

The International Inner Wheel objectives are:

- Promoting true friendship
- Encouraging the ideals of personal service
- Fostering international understanding

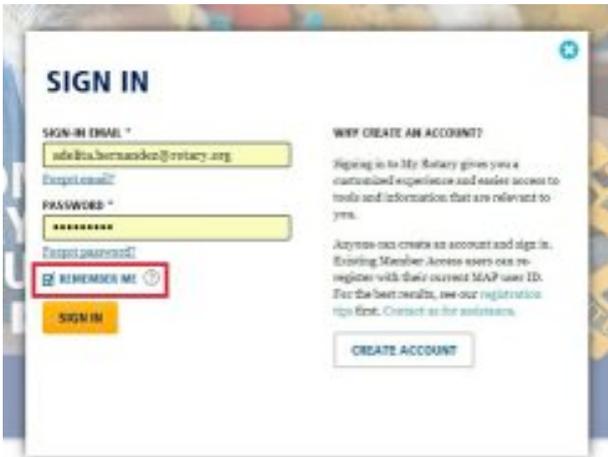
Inner Wheel Australia Inc. 46th Annual Conference

October 15th – 19th 2014
InterContinental Hotel,
Adelaide



For more information: <http://www.innerwheelaustralia.org.au>

Remember Me



When you sign in to [My Rotary](#), and choose “Remember me” as the default, you will now remain signed in for 28 days without being asked to sign in again when accessing secure areas of the website. Previously, you would be prompted to sign in again if you were accessing secure content and had been idle for more than four hours.

If you visit Rotary.org often, especially secure areas such as Club & District Administration, you will really appreciate this enhancement.

This fix will make navigating the website easier, but remember to sign out if you are using public computers.

SEPTEMBER IS NEW GENERATIONS MONTH

Australian Rotary - Hat Day

With 1 in 5 people affected by mental illness, we can flick the switch to **shine a light on mental health** through research.

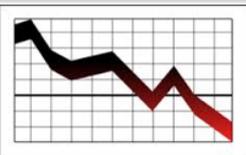
Hat Day on **Friday October 10** is a way you can get involved and show your support for people affected by depression, anxiety, schizophrenia, anorexia and many other serious conditions.



Hat Day is a fun and easy event at your workplace or club to help raise money. And **EVERY cent you donate will be used to fund mental health research!**

More information at <http://www.hatday.com.au>

Not Sure Why Your Club is Shrinking?



Ask these questions:

- Is my club’s meeting time, format, and location convenient for members with families or younger professionals still building their careers?
- How well does my club reflect the age, gender, and professional diversity of my community?
- Whose interests are reflected in my club’s programs?
- Do ceremonial activities take time away from speakers, club business, project planning, and networking?
- Does my club have a plan in place to contact guests after they visit?

Is Your Club Vibrant?

Is your Club VIBRANT?

Does it:

- Engage its members?
- Conduct meaningful projects?
- Try new ideas?



Your club's activities should reflect the diversity and personality of its members. As you develop a plan for your club, use the tips and ideas available and be open to letting your club evolve. Remember, if you try something new and it doesn't work, you can always try something else. Every member should feel empowered to shape your club's future and make it outstanding.

Want your Club to be more vibrant?

Contact District Membership Chair Mark Huddleston mark@sugarfreezone.com.au for more information about membership to be sent to you

Use the RI Website information to be found at

<https://www.rotary.org/myrotary/en/learning-reference/learn-topic/membership>

HOW CAN YOU TAKE YOUR CLUB FROM GOOD TO GREAT?

Download 'Be A Vibrant Club' from the Rotary International website

Signs of Stroke - FAST

How do you know if someone is having a stroke? Think... F.A.S.T.

The **F.A.S.T.** test is an easy way to remember the most common signs of stroke.

Using the **F.A.S.T.** test involves asking these simple questions:

- Face** Check their face. Has their mouth drooped?
- Arm** Can they lift both arms?
- Speech** Is their speech slurred? Do they understand you?
- Time** Is critical. If you see any of these signs call 000 straight away.



The signs of stroke may occur alone or in combination and they can last a few seconds or up to 24 hours and then disappear.

When symptoms disappear within 24 hours, this episode may be a mini stroke or **Transient Ischaemic Attack (TIA)**.

If you or someone else experiences the signs of stroke, no matter how long they last, call 000 immediately.

Illuminate Presentations Now Online



Illuminate Presentations are finally online!

Sorry for the delay folks, due to Membership Month demands and a personal life, this has taken me longer than I initially planned, but if you wish to download any of the presentations from Illuminate, they are all below (except for the Beginners' Facebook Seminar - still trying to get my hands on that one).

Advanced Facebook Training Seminar:

<http://www.slideshare.net/markhuddleston980/illuminate-facebook-advanced-seminar>

Ellissa Nolan's presentation:

<https://docs.google.com/file/d/0B6NWg7eNMhITbnppVkRqVXYwU00/edit?pli=1>

Notes for above presentation:

<https://docs.google.com/file/d/0B6NWg7eNMhITX3RWS2tpMmpoVKE/edit?pli=1>

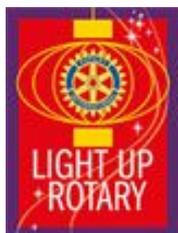
Kerry Kornhauser's presentation:

<http://www.slideshare.net/markhuddleston980/women-in-rotary-illuminate>

Kerry's guide to running a successful International Women's Day Event:

<http://www.slideshare.net/markhuddleston980/international-womens-day-how-to-guide>

The Advanced Facebook Seminar, and the presentations by Ellissa and Kerry were all recorded on video, but due to the size of these presentations I am not able to post online. If you are interested in these, please contact me for a copy. A fee of \$5 will apply to cover reproduction and postage.



Warm Regards,

Mark Huddleston

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Notice of Annual General Meeting

The Annual General Meeting of Rotary International District 9520 Inc. will be held on Sunday, October 12th 2014, commencing at 9:00am.



The venue is the Adelaide International Motel, 521 Anzac Highway, Glenelg North.

Details concerning resolutions to be put to the meeting and the selection of voting delegates have been sent to all Club Presidents and Secretaries.

Clubs are encouraged to discuss these matters before the Annual General Meeting. Only those Club delegates who are registered and present at the meeting will be eligible to vote.

Water Summit Helps Quench World's Thirst

The statistics are staggering. Worldwide, 2.5 billion people have no improved sanitation facilities. More than 783 million people lack access to clean drinking water. But the message at the [World Water Summit](#) held in Sydney was encouraging: Rotary members and their clubs can bring down those numbers through collaborations and partnerships with the private sector, nongovernmental organizations, and governments.

The water summit, the sixth convened by the Water & Sanitation Rotarian Action Group, aimed to match industry expert knowledge with Rotary-led projects. Brian Cook, a former Rotary district governor, talked about his district's initiatives with universities on water education in developing countries including Malaysia and India. Event organizers hope that participants took away a better understanding of how they can collaborate and partner with other organizations.

Seth Womble, a former Rotary Group Study Exchange student, is now partnering his organization, Water Missions International in South Carolina, United States, with Rotary clubs to take on urban water issues in the U.S.

"Rotary is invaluable when it comes to understanding local needs," he said. "Their knowledge base and matching the right players with the right connections helps water projects not just succeed but thrive."

"There is a tremendous amount of energy in Rotary water projects," said Tom Thorfinnson, past RI vice president and member of the management team for the water action group. "These initiatives matter because there are tangible results. But we can't do it alone. We can be infinitely more successful by working with outside groups."



The Voice of Rotary

Broadcast on 1197AM RPH Adelaide each Tuesday 7:30-8:00 pm
 From each Wednesday the broadcast program can be heard on-line at
www.rphadelaide.org.au

September – October 2014

- September 16th** PDG Dick Cuttle (Onkaparinga)
'The Health of the River Project'
- September 23rd** Roshni Thattengat (Prospect)
'Rotary Against Malaria – an Update'
- September 30th** PP Mike Pridham (McLaren Vale)
'A Road Crash Scenario'
- October 7th** DGE Dick Wilson (Stirling)
'Australian Rotary Health – Hat Day'



Contact: Chris Hughes 8379 4633 emandcee@bigpond.com
 Malcolm Elliott 8271 4979 mse@activ8.net.au

District Conference 2015

**Ballarat District
 Conference**

We are One!

April 16th – 19th 2015



More information:

www.facebook.com/RotaryClubOfUnley
Unley.secretary@rotaryclub.org.au

Where's Jerry?

DG Jerry and Briony are continuing the DG visits.

This week they will be visiting:

- **Blackwood** on Tuesday, September 16th



Rotarian Action Group Against Child Slavery



Rotarian Action Group Against Child Slavery

Although slavery is illegal in every nation, it exists in every country today. An estimated 27 million people are enslaved; over 8 million of these are children.

In Africa, children languish as slaves in cocoa fields. In India, they suffer in carpet, clothing and firework factories, and in debt bondage on tea plantations, stone quarries and brick kilns. In Haiti, they are abused in forced domestic servitude whilst in the Middle East they are strapped to camels and compelled to work as jockeys.

Across the globe, including Australia, UK and the United States, young girls and boys are being sold for sex and labour. Human trafficking is the second most lucrative commodity for organised crime after drugs.

The fast growing Rotarian Action Group Against Child Slavery was officially recognised in January 2013, and aims to:

- **Create awareness:** Tell Rotarians and the wider public that millions of children are held captive for commercial gain.
- **Take action:** Support, work with and promote anti-slavery bodies and activities worldwide with projects that help to protect children from slavery and its consequence.

In June 2014, following the International Rotary Convention in Sydney, each state in Australia nominated a representative to support this initiative. Teresa Evans is the South Australian representative.

There are 1200 Rotarians from 62 countries (some from South Australia) who have signed up to support the end of child slavery. You can become a member too!

The main aims of this group are to raise awareness of the issues around child slavery and organise fund raising events to support RAGACS projects.

The SA Rotarians Against Child Slavery Group had its first meeting on 21 August. **The next meeting is on Thursday, 18th September at the Oxford Hotel, North Adelaide at 5.45pm for 6pm start, dinner is optional. All Rotarians and Rotaractors are welcome. You don't have to be a Rotarian to be in this group, just share the passion to wanting to end child slavery. Please let Teresa Evans know if you are coming to the meeting or interested in finding out more on mobile 0403 306 225 or email teresa@racsrag.org**

If you would like one of the RACS group to come to talk with your club about this topic please contact Teresa or one of the members.

To find out more about this initiative visit <http://www.racsrag.org>

Noarlunga Games Night



Friday 31st October @ 7.00pm

Rotary Hall, Brixton St, Christies Beach

\$10 per person

BYO drinks and nibbles

An evening of fun and entertainment

Lots of prizes to be won

Register yourself and/or your team

RSVP by 17th October

noarlunga@rotaryclub.org.au

Monies raised will buy Christmas hampers to be distributed by



Rotary 
Club of Noarlunga

