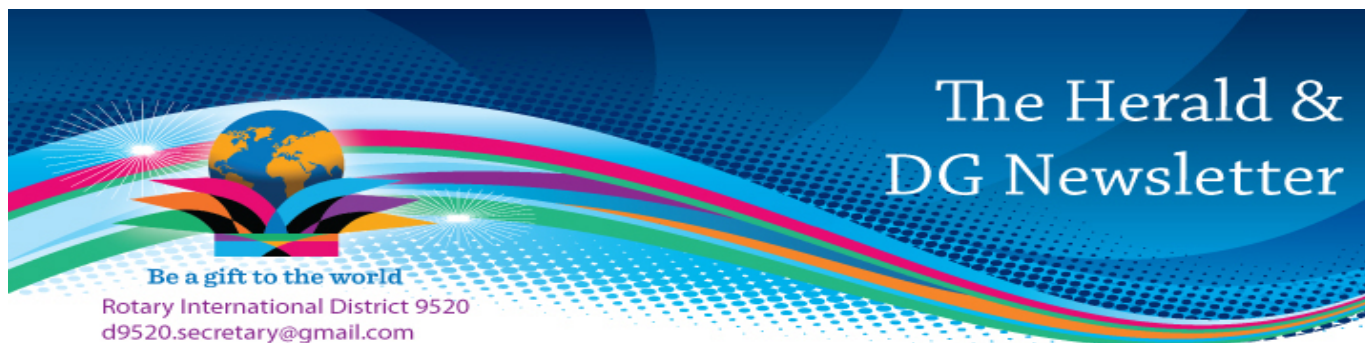




DG Newsletter Issue 8

29 August 2015

## Greetings Rotarians!



**Welcome to September and “BASIC EDUCATION AND LITERACY” month**, one of the ‘Six Areas of Focus’ of our Rotary Foundation.

Many of us take this specific Foundation goal for granted. We should count ourselves lucky that we have received this ‘gift’ and that can strengthen our resolve to help others less fortunate.

What can we do?

- Involve communities to support programs that strengthen their capacity to provide basic education and literacy to all.
- Increase adult literacy.
- Work to reduce gender disparity in education.
- Support studies related to basic education and literacy by career-minded professionals.
- Many Clubs in the District offer support to schools, provide books, assist teachers and, generally, make a difference.
- One recent example was the Vocational Training Team Exchange involving English teachers from Timor Leste coming to Adelaide and, we in turn, sending teachers back to their country.



### Club Visits.

What a privilege to be able to visit every Club in the District! I am enjoying seeing Rotary at the ‘grass roots’! After all, the Clubs ARE Rotary and I

am forever amazed at the effort, the innovation and the dedication that Rotarians show often on a daily basis!

It is good to see the big Clubs swing into action like the Rotary Club of Campbelltown (03AUG) and the small Clubs like Yankalilla (06 AUG), all with their proverbial shoulders to the Rotary wheel!

### Young Professionals Seminar.

Consummate speakers, great dialogue and a wealth of ideas were the highlights of this event. Mark Huddleston, along with Kym Harvey and Steve Hayter, delivered quality information and, in return, opened the conversation!

Guest speaker to the Over-40 Rotarians was Jason Booth, an optometrist, who has personally overseen the screening of 66,000 people during his 6 trips to Mongolia and 14 trips to Nepal. Jason and his team are looking to eliminate the causes of preventable blindness as well as providing spectacles to people with low vision. Mark will be reporting back on the highlights of the day – he is currently overseas on a well earned break. Needless to say, he did choose to stay in a hotel with free wireless internet access so he is not too far away from Rotary!



### Cold Plunge

Many thanks to Jessie Vun and her Rotary Club of Glenelg for another great effort on three fronts:

- raising awareness of Rotary
  - a focus on homelessness
  - and a fundraiser for Vinnies and Mary’s Kitchen
- And the cold did not deter a healthy following of ‘icebergers’ including members of Glenelg and West Adelaide Football Clubs.



## Rotary International Director (RID) Guiller Tumangan visits South Australia

RID Guiller and Letty arrive on MON 07 SEP 2015 and hopefully will bring some warmer weather, although that is highly unlikely coming from Canberra!

A dinner for Guiller and Letty is planned for the Public Schools Club on TUE 08 SEP and, at the time of writing, there are still vacancies.

They fly to Perth the next morning on a 6.15am flight.

## 'SHINE ON' – the 2015 Music Hall production of the Rotary Club of Taillem Bend.

What a community effort! It was heart warming to see so many locals (including Rotarians) get behind this Rotary inspired event. This production was number 35, not bad for a yearly event.

And, I started to worry when "the model of a modern major general" took to the stage. I wondered if my DG job was under threat but the 'General' revealed herself to be none other than Sara Fensak, the current President of Taillem Bend Rotary.

## Australian Rotary Health (ARH) Bruce Edwards Post Doctoral Fellowship.



Dr Louise Mewton has accepted this 3 year Fellowship on the first occasion that it has been awarded.

The Fellowship carries the name of PDG Bruce Edwards, a member

of the Rotary Club of Flagstaff Hill. Bruce is a Life Member of ARH and chaired the Board in its formative years.

Louise's research, epidemiological and statistical background make her an ideal candidate to further develop brain training techniques to prevent mental illness during the critical period of adolescent brain development. Louise spoke to the Rotary Club of Adelaide on 12 AUG and followed this with an address to 90 Rotarians and friends at a Group 5 meeting that evening.

[http://www.australianrotaryhealth.org.au/Research/Current-Research-\(1\)/Postdoctoral-Fellowships/Dr-Louise-Mewton.aspx](http://www.australianrotaryhealth.org.au/Research/Current-Research-(1)/Postdoctoral-Fellowships/Dr-Louise-Mewton.aspx)



## Vale Rotarian Bob Bratchell

Bob was a charter member of the Rotary Club of Brighton in 1972 and subsequently joined Stirling in 1998. He was a great contributor, 'young at heart', loved Port Power and died

doing what he loved doing, spring water deliveries in his own business.

A true Rotarian who practiced "Service Above Self"!

## Rotary Youth Driver Awareness (RYDA)

Three hundred and sixty Norwood Morialta Year 11 students underwent 2 day RYDA course, thanks to the efforts of 17 teachers, 7 facilitators, 20 volunteers and 1 observer.



Read all about RYDA in the latest edition of "Humanity in Motion" or, if you would like more information, contact

Judi Brown, RYDA Coordinator (RC Morialta) - 0405 032 184



The Relay starts in Broken Hill Saturday 26th September, passes through three States, passing through Sunraysia, the Riverland, Adelaide Hills and the Fleurieu Peninsula before it enters the Adelaide Metro area around 14th Oct and finishes after World Polio day on the 25 October. Follow the ute on [www.poliouterelay.org](http://www.poliouterelay.org)



## Voice of Rotary Tuesday 7.30 to 8.00 pm

1<sup>st</sup> September Dr Philip Griffin "A surgical Project in Bhutan".

8<sup>th</sup> September PDG Alun Hughes "ROMAC".

15<sup>th</sup> September PDG Barbara Wheatcroft "Australian Rotary Health".



Dear "The Herald" reader,

Several weeks ago I attended the Changeover Meeting for the RC of Taillem Bend. This Changeover was special apart from seeing Dr Sara Fensak inducted as President, in that a Guest Speaker was featured as the central part of the meeting. And Emeritus Professor Barbara Pocock had the audience enthralled. We Rotarians often get the proverbial stick for being aged, but Professor Pocock came well prepared to address a select audience with a challenge; "We can age with health, wellbeing and dignity, or with frailty, isolation and dependence." There was no looking back from this opening statement !!

After some pestering I have secured a copy of the address, which I will circulate to the Secretary of each Club for you to read, and enjoy.

As a précis taster, the stated goal was " to point to some of the important findings about communities where people live to a great age staying healthy and happy." This leads to a quick trip around the world to consider a range of lifestyles that are associated with, " people enjoying remarkably long, full lives."

The core of the message is in nine principles with a kindly reminder that, " only a rat can win the rat race."

The Rotary connection is that we are well placed to influence our communities, "along a positive road where people find purpose, participate in tribe activities that support good life and positive values, where we are encouraged to move occasionally, to laugh and enjoy community, to reduce stress, even to eat more plant food in reasonable quantities, and most importantly, to drink some wine."

Promoting this message is yet another way to "be a gift to the world," especially for our local community. Cheers, Sam.

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## ROTARY GLOBAL REWARDS



Explore the discounts and special offers available to Rotary club members through the Rotary Global Awards Program.

Access the information from the My Rotary home page, choose Member Center at top right, and then choose Rotary Global Rewards.

Presently there are 199 companies offering services through this program.

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Please change the venue in your District Directory  
**for meetings of the Rotary Club of Kent Town to the Kent Town Hotel,**  
76 Rundle Street, Kent Town. The meeting time of Tuesday 6:15 pm for 6:45  
pm is unchanged. While on the same page you may like to add President  
Chris Harris, Secretary Kaitlin Piggott, and Treasurer Carolyn Stephens.



## Scatter Meetings.

For active Rotarians in recent times the sharpness of focus has moved toward the purpose of meetings rather than attendance at meetings. Meetings which engage Rotarians to learn from others and to put this learning directly into practice either in their own communities or in more distant communities, is an important shift to make Rotary a vibrant part of the 21<sup>st</sup> Century World.

Meetings which parody 'Groundhog Day' really do not have much relevance for an organisation "whose stated purpose is to bring together

business and professional leaders in order to provide humanitarian services, encourage high ethical standards in all vocations, and help build goodwill and peace in the world." Wikipedia. Time only moves in one direction and we are all inescapably part of the motion and we must continually adapt to the changing scenery.

Scatter meetings are not the answer but they introduce the idea of difference, learning more about a wider community than your own, and changing what usually happens to something which might not be so comfortable, but may offer new opportunities. We still need, and indeed should treasure the fellowship aspect of club meetings, however at the same time we should be true to the reasons we all joined to carry out service above self. This is an active intention which should be the goal of leaders within our clubs.

Try a scatter meeting and see if it follows the Go of Thunderbirds.



The **Science and Engineering Challenge** is a nationwide STEM\* outreach program presented by the University of Newcastle in partnership with communities, **Rotary clubs**, universities and sponsors. Through the Challenge, students experience aspects of Science and Engineering which they would not usually see in their school environment. The Challenge runs a range of programs but focuses on inspiring students in year 10 to consider a future career in science and engineering by choosing to study the enabling sciences and mathematics in years 11 and 12.



Last Wednesday a State Final was held at the Adelaide Superdrome where students from across the State took part in a number of science/engineering based activities designed to encourage creativity, problem solving and team work around a technology problem.

More information on this exciting program for students will be included in future editions of The Herald. There is an opening for an enthusiastic and capable organiser in District 9520.



### 2015 Volunteer Support Fund open for grants

Each year, more than 900,000 South Australian volunteers dedicate their time and skills to helping others, providing a vital range of services across our community. The State Government recognises the importance of supporting our volunteers by providing one-off grants through the Volunteer Support Fund to assist volunteer workers in community organisations.

Grants of up to \$3,000 are now available for community organisations to help provide support for volunteer training and resources. Community-based, not-for-profit organisations incorporated under the *Associations Incorporation Act 1985* are eligible.

**Applications close at 5pm on Friday 23 October 2015.**

The online application form and the grant guidelines can be downloaded from the Office for Volunteers website at [www.ofv.sa.gov.au/grants](http://www.ofv.sa.gov.au/grants). For more information, phone the Office for Volunteers on 1300 014 712.

*This message has been authorised by Joslene Mazel, Chief Executive, Department for Communities and Social Inclusion.*

### ICE – The cold hard facts.

POLICE AND COMMUNITY PARTICIPATED IN A FORUM HELD AT  
CORNERSTONE COLLEGE ON  
WEDNESDAY 26<sup>th</sup> AUGUST 2015.



- Community members heard about illicit drugs and how the use of drugs is impacting on the local community and how they can help reduce its impact.
- Community was informed of the services and supports that are available for those affected- from addicts, friends, family or professionals.
- Community learnt about the dangers associated with the drug and how easily addiction occurs.

This important community Forum was organised and hosted under the leadership of President Shawn Hutchinson and President Elect Helen Charles.

Guest Speakers addressed an audience of over 300 community members:

**Det. Sgt Michael Murphy** – SAPOL

**Magistrate Jack Fahey** – Regional Manager of Hills Fleurieu Magistrates Courts

**Sam Raven** – Senior Project Officer, SA Network of Drug and Alcohol Services (SANDAS)

The evening was very informative and everyone felt the pain and anguish of two members of the audience who shared their experiences and frustrations in trying to get help for their children who were addicted to ICE. The politicians and lawmakers in this country really need to look at solving the issue of parents and guardians trying unsuccessfully to get help for their drug addicted children simply because these children refuse to admit they need this help. Congratulations to the **Rotary Club of Mount Barker** for providing this community service.

### YOUR HELP IS NEEDED NOW.



This humanitarian crisis is happening with real people right now as you read this story. Thousands of people, many of whom are fleeing conflict from countries such as Syria, Afghanistan and Iraq, are arriving in Greece each day with few belongings and no form of shelter. Working alongside the local government and partner agencies, **ShelterBox** is planning to replace and supplement the existing tents with robust family sized alternatives. Over the next couple of months, thousands of people will benefit from the protection

they offer. You can help by donating to the '[ShelterBox Solution](#)'.